

## WARRIOR FOOTBALL NATION,

Thank you to those who traveled to Nevada to see us take on Community High School. Although our Warriors came up short, we saw big strides in many areas that we will look to build on this week. We will welcome the Leonard Tigers to Warrior Stadium on Friday night, September 13 @ 7:30. Please come out and support your Warriors as we look to get back to our winning ways.

#### This Weeks Schedule- 9/9-9/13

Mon- Report time 6:30 a.m., after school practice ends @ 5:30

Tue- Report time 6:30 a.m., after school practice ends @ 5:30

Wed- Report time 7:20 a.m., after school practice end @ 4:50

Thurs- Report time 7:20 a.m, after school practice ends @ 4:30, JH Games @

Leonard 4:05, 4:35, 6:00 at Warrior Stadium

NO JUNIOR VARSITY GAME THIS WEEK

Fri- Report time 7:40 a.m., Game 3 vs. Leonard at 7:30 p.m. (Players do not leave after school))

Please make sure you are following our social media accounts for all updates and latest news.

Home Visits- Our coaches will be doing home visits with your son.

This is extremely important to our program as it allows us to continue

to build a personal relationship with your son and your son's family. Please let us know if you have any questions.

If you are a parent of a student entering 10th grade and above, please make sure you are checking in with our counselors about credits, GPA, Tests, etc. These things are vital to the success of our Warriors!

Please get your student athlete signed up for an SAT and ACT as soon as possible. Without those scores, your son has no chance to go to the next level. We must make this a priority.

As we continue to build our athletic program, please continue to encourage your student athlete to participate in multiple sports and programs at BHS and LH Rather! This will help us to continue building what was started during our record breaking start in football!

As the school year begins, we will pick up once again our Macho Man Monday and Thankful Thursdays as we focus in on the character and leadership development of all the kids in our program. Please encourage them to take full advantage of these opportunities.

Extra Work: In order for athletes to perform at there best, they need to be getting extra work! Please encourage your athlete to get extra work/lifts beyond the short amount of time allotted during the school day!

SUNDAY NIGHT LIVE: Sunday Night Live will be coming to you from the road at 6:00 p.m., as Coach Fish and Coach Prock will be making the trip to Austin, TX to go before the UIL. Coach Fish will be coming to you live through Facebook to discuss the previous week, exciting news going forward into this week, and a in depth look at Leonard.

#### Nutrition

Make sure your athlete is hydrating! Drinking water all day every day. We must fuel our bodies, eating at least 6 times a day.

**Breakfast** 

Snack

Lunch

Snack

**Dinner** 

**Night Snack** 

### THESE SCHOOLS ARE WATCHING YOU!!

COLLEGE & UNIVERSITIES- Texas Tech, Baylor, SMU, University of Texas, Purdue, UTSA, Texas A&M, Arkansas, Arkansas State, Southeastern, McMurray University, Missouri State, ETBU, Stephen F. Austin, Texas A&M-Commerce, Etc......

## **THSCA RECRUITING WEBINAR** -

## http://www.thsca.com/recruiting-webinar

The Texas High School Coaches Association is proud to provide this free recruiting webinar to educate student-athletes, parents, coaches, counselors and administrators on the recruiting process. The webinar is made available through a partnership between the THSCA and the Recruiting Education Foundation Inc., a 501(c)(3) nonprofit program which operates FreeRecruitingWebinar.org.

The webinar is about <u>one hour in length</u> and addresses many important recruiting topics including: Scholarship Myths and Facts, the NCAA and NAIA Eligibility Centers, NCAA Core Course Requirements, National Letter of Intent, Finding the Right School, and much more.

# **NCAA Eligibility Center**

All Juniors (Seniors to be) need to register with the NCAA Eligibility Center by this Spring.

The **NCAA Eligibility Center** certifies whether prospective **college** athletes are **eligible** to play sports at **NCAA** Division I or II institutions. It does this by reviewing the

student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with **NCAA**rules

### Way of the Warrior

- 1. DISCIPLINE
- 2. PHYSICAL CONDITIONING
- 3. RELATING TO PEERS
- 4. RELATING TO AUTHORITY
- 5. RESPONDING TO AND HANDLING EMOTION

Please continue to re-iterate these with your son! The more we grow in these 5 Life Skills the more successful our athletes will become on and off the field.

Follow us on Facebook: Bonham Purple Warriors Football

Follow us on Twitter: @BonhamFootball

Join the Remind 101: Text @bonhamfo to 81010

Thank you,

John Fish Head Football Coach Bonham High School