



## **WARRIOR FOOTBALL NATION,**

Thank you to our fans that came out to see us battle Hillcrest. Our kids fought hard and came up a bit short. We are so excited to begin district play this week as we take on Howe! Every game matters from here on out. All of our goals are still in front of us and we will look to take a huge step in the right direction this week. Please come support our kids as they take on Howe at 7:30 on Friday night at Warrior Stadium.

Back the Blue night will be held on Friday night as we look to honor our Bonham Police Department and we thank all the service men and women how sacrifice so much for our community! Thank you!

### **This Weeks Schedule- 9/23-9/27**

**THEME: Perspective- What is the driving force behind your perspective?**

**Mon- Report time 6:30 a.m., after school practice ends @ 5:30**

**Tue- Report time 6:30 a.m., after school practice ends @ 5:30**

**Wed- Report time 7:20 a.m., after school practice end @ 4:50**

**Thurs- Report time 7:20 a.m, after school practice ends @ 4:30, JH, JV games begin at 4:00 in Howe.**

**Fri- Report time 7:40 a.m., Game 5 vs. Howe 7:30 pm at Warrior Stadium. (Players do not leave after school)**

**Please make sure you are following our social media accounts for all updates and latest news.**

**Pantry refresh:** If you feel so inclined, our pantry of snacks for our kids is running low and we could use a little help replenishing it with PB crackers and granola bars. Please bring by the fieldhouse anytime. Thank you in advance.

If you are a parent of a student entering 10th grade and above, please make sure you are checking in with our counselors about credits, GPA, Tests, etc. These things are vital to the success of our Warriors!

Please get your student athlete signed up for an SAT and ACT as soon as possible. Without those scores, your son has no chance to go to the next level. We must make this a priority.

As we continue to build our athletic program, please continue to encourage your student athlete to participate in multiple sports and programs at BHS and LH Rather! This will help us to continue building what was started during our record breaking start in football!

As the school year begins, we will pick up once again our Macho Man Monday and Thankful Thursdays as we focus in on the character and leadership development of all the kids in our program. Please encourage them to take full advantage of these opportunities.

**Extra Work:** In order for athletes to perform at there best, they need to be getting extra work! Please encourage your athlete to get extra work/lifts beyond the short amount of time allotted during the school day!

**SUNDAY NIGHT LIVE:** Sunday Night Live will be an online only event going forward. In order to make it efficient with game planning and scheduling, this change must be made. Thank you to all of the fans and parents that take the time each Sunday night at 5:30 to listen to all the great things happening in our program.

## Nutrition

**Make sure your athlete is hydrating! Drinking water all day every day. We must fuel our bodies, eating at least 6 times a day.**

**Breakfast**

**Snack**

**Lunch**

**Snack**

**Dinner**

**Night Snack**

## **THESE SCHOOLS ARE WATCHING YOU!!**

**COLLEGE & UNIVERSITIES-** Texas Tech, Baylor, SMU, University of Texas, Purdue, UTSA, Texas A&M, Arkansas, Arkansas State, Southeastern, McMurray University, Missouri State, ETBU, Stephen F. Austin, Texas A&M-Commerce, Etc.....

## **THSCA RECRUITING WEBINAR -**

**<http://www.thsca.com/recruiting-webinar>**

The Texas High School Coaches Association is proud to provide this free recruiting webinar to educate student-athletes, parents, coaches, counselors and administrators on the recruiting process. The webinar is made available through a partnership between the THSCA and the Recruiting Education Foundation Inc., a 501(c)(3) nonprofit program which operates FreeRecruitingWebinar.org.

The webinar is about one hour in length and addresses many important recruiting topics including: **Scholarship Myths and Facts, the NCAA and NAIA Eligibility Centers, NCAA Core Course Requirements, National Letter of Intent, Finding the Right School, and much more.**

## **NCAA Eligibility Center**

All Juniors (Seniors to be) need to register with the NCAA Eligibility Center by this Spring.

The **NCAA Eligibility Center** certifies whether prospective **college** athletes are **eligible** to play sports at **NCAA** Division I or II institutions. It does this by reviewing the student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with **NCAA** rules

## **Way of the Warrior**

### **1. DISCIPLINE**

### **2. PHYSICAL CONDITIONING**

### **3. RELATING TO PEERS**

### **4. RELATING TO AUTHORITY**

### **5. RESPONDING TO AND HANDLING EMOTION**

Please continue to re-iterate these with your son! The more we grow in these 5 Life Skills the more successful our athletes will become on and off the field.

**Follow us on Facebook: Bonham Purple Warriors Football**

**Follow us on Twitter: @BonhamFootball**

**Join the Remind 101: Text @bonhamfo to 81010**

Thank you,

**John Fish  
Head Football Coach  
Bonham High School**