



## WARRIOR FOOTBALL NATION,

Phase II of Summer strength & conditioning is off to a great start! We are still averaging 100 kids a day! We need this number to continue to rise.

Attendance is essential to the success of our program! Please bring your student-athlete! **Make this a priority!**

**Team Shop closes in 5 DAYS!!!! Get your order in!**

Go to, <http://bit.ly/2ISnsAE> to place your order!

### **Summer Schedule**

Monday, Tuesday, Wednesday, Thursday

**\*\*Off 4th of July week**

Session I- 9th-12th 7:00 a.m. - 9:00 a.m.

Session II- 7th-8th 9:00 a.m.- 11:00 a.m.

### **7 on 7 Schedule**

Tuesday- July 17 @ Sherman 6:00pm

July 24 @ Bonham 6:00 pm

### **Nutrition**

Make sure your athlete is hydrating! Drinking water all day every day. We must fuel our bodies, eating at least 6 times a day.

Breakfast  
Snack  
Lunch  
Snack  
Dinner  
Night Snack

### **IMPORTANT DATES**

**July 25-27- Little Warriors Camp 1st-5th Graders**

**July 28- Fall Parent Meeting 10:00 A.M. (Equipment Pickup After)**

**August 1-3-Rising Warriors Camp 6th-9th Graders**

**August 6-First Day of Practice 6:45 A.M Report Time**

### **THESE SCHOOLS ARE WATCHING YOU!!**

**COLLEGE & UNIVERSITIES- Texas Tech, Baylor, SMU, University of Texas, Purdue, UTSA, Texas A&M, Arkansas, Arkansas State, Southeastern, McMurray University, Missouri State, ETBU, Stephen F. Austin, Texas A&M-Commerce, Etc.....**

## **THSCA RECRUITING WEBINAR -**

**<http://www.thsca.com/recruiting-webinar>**

The Texas High School Coaches Association is proud to provide this free recruiting webinar to educate student-athletes, parents, coaches, counselors and administrators on the recruiting process. The webinar is made available through a partnership between the THSCA and the Recruiting Education Foundation Inc., a 501(c)(3) nonprofit program which operates FreeRecruitingWebinar.org.

The webinar is about one hour in length and addresses many important recruiting topics including: **Scholarship Myths and Facts, the NCAA and NAIA Eligibility Centers, NCAA Core Course Requirements, National Letter of Intent, Finding the Right School, and much more.**

## **NCAA Eligibility Center**

All Juniors (Seniors to be) need to register with the NCAA Eligibility Center by this Spring.

The **NCAA Eligibility Center** certifies whether prospective **college** athletes are **eligible** to play sports at **NCAA** Division I or II institutions. It does this by reviewing the student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with **NCAA** rules

## **Way of the Warrior**

- 1. DISCIPLINE**
- 2. PHYSICAL CONDITIONING**
- 3. RELATING TO PEERS**
- 4. RELATING TO AUTHORITY**
- 5. REACTING TO AND HANDLING EMOTION**

Please continue to re-iterate these with your son! The more we grow in these 5 Life Skills the more successful our athletes will become on and off the field.

**Follow us on Twitter: @BonhamFootball**

Thanks,

**John Fish  
Head Football Coach  
Bonham High School**