



## **WARRIOR FOOTBALL NATION,**

**We had an outstanding week of Fall Camp! IT WAS HOT!!! But our kids were relentless in there efforts and commitment to excellence. We culminated the week with a great Purple and White Scrimmage!**

**Thank you to all the parents who donated water/Gatorade/snacks/meals for our kids! We are so appreciative of the support from you all!**

**As we enter into more of a regular schedule, we will go to one practice a day from 3:00-5:30.**

**Our boys will also begin lifting every Monday and Tuesday morning with a report time at 6:45 a.m. This is a mandatory lift!**

**We had our first Sunday Night Live this week from the home of Coach Fish. Please tune in at 5:30 on Twitter or Facebook this upcoming Sunday night as we will be recapping our scrimmage with Bells, a look forward at Gainesville, and the significance of the Way of the Warrior.**

**If you are a parent of a student entering 10th grade and above, please make sure you are checking in with our counselors about credits, GPA, Tests, etc. These things are vital to the success of our Warriors!**

Please get your student athlete signed up for an SAT and ACT as soon as possible. Without those scores, your son has no chance to go to the next level. We must make this a priority.

As we continue to build our athletic program, please continue to encourage your student athlete to participate in multiple sports and programs at BHS and LH Rather! This will help us to continue building what was started during our record breaking start in football!

As the school year begins, we will pick up once again our Macho Man Monday and Thankful Thursdays as we focus in on the character and leadership development of all the kids in our program. Please encourage them to take full advantage of these opportunities.

**Extra Work:** In order for athletes to perform at there best, they need to be getting extra work! Please encourage your athlete to get extra work/lifts beyond the short amount of time allotted during the school day!

**Important Dates:**

**Aug 16: Scrimmage @ Bells- JV begins at 5:30 pm, Varsity at 6:30 pm**

**Aug 22: Scrimmage vs Gainesville @ Warrior Stadium**

**Aug 29: Junior Varsity @ Mount Vernon at 5:30 pm**

**Aug 30: Game 1 vs. Mount Vernon @ Warrior Stadium**

**SUNDAY NIGHT LIVE:** Each Sunday night @ 5:30 P.M. we are inviting any members of the community, press, parents, or anyone interested in our program to come up to the BHS Aux Gym for a 30 minute recap of the previous week. Coach Fish will give an in depth look at the previous weeks game recap, the upcoming week/game, players that are doing great things on and off the field, and the opportunity to answer questions that you may have about these things. We look forward to seeing this opportunity grow the amazing relationship and support we have with the fans of the Purple Warriors!

**Nutrition**

**Make sure your athlete is hydrating! Drinking water all day every day. We must fuel our bodies, eating at least 6 times a day.**

**Breakfast**

**Snack**

**Lunch**

**Snack**

**Dinner**

**Night Snack**

### **THESE SCHOOLS ARE WATCHING YOU!!**

**COLLEGE & UNIVERSITIES-** Texas Tech, Baylor, SMU, University of Texas, Purdue, UTSA, Texas A&M, Arkansas, Arkansas State, Southeastern, McMurray University, Missouri State, ETBU, Stephen F. Austin, Texas A&M-Commerce, Etc.....

## **THSCA RECRUITING WEBINAR -**

**<http://www.thsca.com/recruiting-webinar>**

The Texas High School Coaches Association is proud to provide this free recruiting webinar to educate student-athletes, parents, coaches, counselors and administrators on the recruiting process. The webinar is made available through a partnership between the THSCA and the Recruiting Education Foundation Inc., a 501(c)(3) nonprofit program which operates FreeRecruitingWebinar.org.

The webinar is about one hour in length and addresses many important recruiting topics including: **Scholarship Myths and Facts, the NCAA and NAIA Eligibility Centers, NCAA Core Course Requirements, National Letter of Intent, Finding the Right School, and much more.**

## **NCAA Eligibility Center**

All Juniors (Seniors to be) need to register with the NCAA Eligibility Center by this Spring.

The **NCAA Eligibility Center** certifies whether prospective **college** athletes are **eligible** to play sports at **NCAA** Division I or II institutions. It does this by reviewing the student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with **NCAA** rules

## **Way of the Warrior**

### **1. DISCIPLINE**

### **2. PHYSICAL CONDITIONING**

### **3. RELATING TO PEERS**

### **4. RELATING TO AUTHORITY**

### **5. RESPONDING TO AND HANDLING EMOTION**

Please continue to re-iterate these with your son! The more we grow in these 5 Life Skills the more successful our athletes will become on and off the field.

**Follow us on Facebook: Bonham Purple Warriors Football**

**Follow us on Twitter: @BonhamFootball**

**Join the Remind 101: Text @bonhamfo to 81010**

Thank you,

**John Fish  
Head Football Coach  
Bonham High School**