



WARRIOR FOOTBALL NATION,



We hope everyone takes time to celebrate that we live in the greatest country on earth! Be sure to thank a serviceman or woman for sacrificing so much so we can enjoy the many freedoms we are blessed to have in this country!

In the first three weeks of our Summer Strength and Conditioning we have consistently had over 100 kids coming through daily! We want this trend to continue to grow! Enjoy the week off and prepare to come back next week with more kids and ready to get after it!

Attendance is essential to the success of our program! Please bring your student-athlete! **Make this a priority!**

Over the weekend our boys went to College Station to compete in the Texas State 7 on 7 Tournament. The boys finished 2-1 in there pool and placed second in the pool on day one. This placed them in the Champions Bracket, where they opened up against Raymondville falling in the final seconds by one point.

Our boys represented our community in the best of ways. We are very proud of the step forward they took as we embark on a banner season in 2018.

Thank you to the many members of the community who rallied around our kids and program to support them in getting them to College Station!



Read story here:

<https://spark.adobe.com/page/bP0pFSsRN2dWH/>

Summer Schedule

Monday, Tuesday, Wednesday, Thursday

****Off 4th of July week**

Session I- 9th-12th 7:00 a.m. - 9:00 a.m.

Session II- 7th-8th 9:00 a.m.- 11:00 a.m.

JULY-7 on 7

10th-@ Bonham 6:00 vs. Sherman

17th-@ Sherman 6:00

24th-@ Bonham 6:00 vs. Sherman

Nutrition

Make sure your athlete is hydrating! Drinking water all day every day. We must fuel our bodies, eating at least 6 times a day.

Breakfast

Snack

Lunch

Snack

Dinner

Night Snack

Free Breakfast @ LH Rather- 7:30-8:15 a.m.

Free Lunch @ LH Rather- 11:00 a.m.-12:30 p.m.

THESE SCHOOLS ARE WATCHING YOU!!

COLLEGE & UNIVERSITIES- Texas Tech, Baylor, SMU, University of Texas, Purdue, UTSA, Texas A&M, Arkansas, Arkansas State, Southeastern, McMurray University, Missouri State, ETBU, Stephen F. Austin, Texas A&M-Commerce, Etc.....

THSCA RECRUITING WEBINAR -

<http://www.thsca.com/recruiting-webinar>

The Texas High School Coaches Association is proud to provide this free recruiting webinar to educate student-athletes, parents, coaches, counselors and administrators on the recruiting process. The webinar is made available through a partnership between the THSCA and the Recruiting Education Foundation Inc., a 501(c)(3) nonprofit program which operates FreeRecruitingWebinar.org.

The webinar is about one hour in length and addresses many important recruiting topics including: **Scholarship Myths and Facts, the NCAA and NAIA Eligibility Centers, NCAA Core Course Requirements, National Letter of Intent, Finding the Right School, and much more.**

NCAA Eligibility Center

All Juniors (Seniors to be) need to register with the NCAA Eligibility Center by this Spring.

The **NCAA Eligibility Center** certifies whether prospective **college** athletes are **eligible** to play sports at **NCAA** Division I or II institutions. It does this by reviewing the student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with **NCAA** rules.

ACT Dates

Sept 8, 2018

Oct 27, 2018

December 8, 2018

February 9, 2019

April 13, 2019

June 8, 2019

July 19, 2019

SAT Date

August 25, 2018

October 6, 2018

November 3, 2018
December 1, 2018
March 9, 2019
May 4, 2019
June 1, 2019

5 Life Skills

- 1. DISCIPLINE**
- 2. PHYSICAL CONDITIONING**
- 3. RELATING TO PEERS**
- 4. RELATING TO AUTHORITY**
- 5. REACTING TO AND HANDLING EMOTION**

Please continue to re-iterate these with your son! The more we grow in these 5 Life Skills the more successful our athletes will become on and off the field.

Follow us on Twitter: @BonhamFootball

Thanks,

John Fish
Head Football Coach
Bonham High School