

# Internet Safety

Grades 3-5



[http://www.](http://www)

# Objectives:



## **The students will be able to:**

- *recognize & respond to cyberbullying*
- *understand appropriate online behavior (including behaviors on social networks, chat rooms, & online message boards)*
- *identify strategies for dealing responsibly with cyberbullying and/or inappropriate online content*

# Materials/Preparation



1. Projector and computer with internet access
2. Speakers
3. Handout: What's Cyberbullying
4. Internet Safety Rules

Both handouts can be printed from here:

[http://www.websterpsb.org/pages/Websterpsb/Students/Internet\\_Safety](http://www.websterpsb.org/pages/Websterpsb/Students/Internet_Safety)

# Vocabulary



- **Cyberbullying** – the use of digital media tools such as the Internet and cell phones to deliberately upset or harass someone else
- **Target** – the person being cyberbullied
- **Empathize** – to imagine the feelings that someone else is experiencing

# Vocabulary



- **Social Media** – forms of electronic communication (such as facebook, twitter, and myspace) through which users create online communities to share information, ideas, personal messages, and other content (such as videos)
- **Chat Rooms** - a real-time online interactive discussion group
- **Message Boards** – an online discussion group

# What's Cyberbullying



[“Cyberbullies are no fun” video link](#)

# What's Cyberbullying



- Distribute the “What’s Cyberbullying?” handout (1 per group of 4-5 students)
- Read the scenario out loud
- Allow groups to discuss the questions about the scenario
- Facilitate a class discussion using the questions provided (*answers are on the next two slides*)

# What's Cyberbullying (possible answers)



1. Who are the cyberbullies? The 2 girls who are not invited to the sleepover
2. Who is the target? Sondra
3. Is this a cyberbullying situation? Why or why not? Yes, the angry girls have created a cyberbullying situation. Their behavior is online and it is intentional and harassing



# What's Cyberbullying (possible answers)



4. How do you think Sondra might feel, other than embarrassed? **Regretful (explain empathy and putting yourself in someone else's shoes)**
5. Why do you think the two girls created the mean website about Sondra? **They felt left out. They did not like Sondra anyway, and they thought they had an excuse to be mean to her.**

# Vocabulary



- **Online Predator** - An adult Internet user who exploits vulnerable children or teens, usually for abusive purposes.

# Online Predators



- Click the link below to view a short video
- <http://www.netsmartz.org/NSTeens/FriendOrFake>
- **Questions to ask following the video:**
  - Was this person a real friend?
  - Did the person on the computer look the same age?
  - Can someone lie to you easily on the Internet?
  - Is it a safe choice to meet someone you do not know that you met online?
  - Did this person's friendships suffer from all of his time spent online?

# Online Predators



## What **NOT** to post online:

- Never give out your full name, address, telephone number, social security number, or passwords (or the same information about a family member)
- Your full birthdate
- Your current location
- What school you attend
- The fact that you are home alone

# Closure



1. What are some words or phrases to describe how it feels to be **cyberbullied**?
2. How is **cyberbullying** the same and/or different than in-person bullying?
3. What are some ways to handle a **cyberbullying** situation?

# Closure (Possible Answers)



1. What are some words or phrases to describe how it feels to be cyberbullied?
  - Embarrassed, upset, depressed, hurt, powerless
2. How is cyberbullying the same and/or different than in-person bullying?
  - Guide students to recognize that cyberbullying is a form of bullying, but that cyberbullying often spreads faster, further, to more people, and can occur 24/7.
3. What are some ways to handle a cyberbullying situation?
  - Don't respond or retaliate
  - Block the bully
  - Save and print bullying messages
  - Talk to a friend
  - Tell a trusted adult

# Resources:



- <http://www.netsmartz.org/Parents>
- <http://www.commonensemedia.org/>