

Munday Independent School District

School Wellness Plan

Target Area	Activities	Person(s) Responsible	Resources	Timeline
Counseling	Counseling Services On Each Campus	Counselor(s)	Counseling Materials	Daily
Child Nutrition	Wellness Policy Implementation Including Nutrition Education & Guidelines	Child Nutrition Staff, Principals, Food Service Director, School Nurse	Curriculum & SHAC	Ongoing
	Marketing & Promotion of Healthy Foods	Food Services Director	Vendors	Ongoing
	Back Pack Buddies	Teachers, Principal, Secretary	Ministerial Alliance	Weekly
Integrated School / Community Programs	Public Relations / Information Efforts	SHAC	Local Media, Flyers, District Webpage, Community Agencies	Ongoing
	Community Education Efforts	Administration, Principals	Community Resources	As Available
Health Instruction	Health Instruction At All Campuses	Curriculum Staff, Principals, Teachers	Curriculum Materials	Ongoing
	Safe and Drug-Free School Initiatives	Counselor	Information Materials	As Available
	C.A.T.C.H. Program	K-8 P.E. Teachers	C.A.T.C.H. materials and program	Ongoing
Health Services	Health Screenings (Scoliosis For Grades 5-8, Vision & Hearing For Hearing, Head Lice Screens, Ht/Wt)	School Nurse	State Manual & Equipment	Annually and as needed
	Emergency Services (CPR & AED)	Administration and School Nurse	Knox County Hospital District, AED Equipment	As Needed
	Health Monitoring (Immunizations, Asthma, Diabetes, Seizures, Emotional well-being, etc)	School Nurse	TxEIS, NASN, DSHS, CDC, etc	Ongoing
	Flu Shot Clinics	School Nurse	Knox County Hospital District	Fall, Annually
	Staph Infection Prevention Guidelines/Education	School Nurse, Athletic Personnel, Custodial Staff	State Manual	Annually

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Physical Education	Physical Education Instruction At All Campuses	Curriculum Staff, Principals, Physical Education Teachers	Curriculum Materials	Daily
	Extracurricular & Co-Curricular Activities	P.E. Teachers & Coaches	Curriculum Materials	Daily
Prevention & Intervention	Establish Safe School Environment & Deter Severe Student Misconduct Through Enforcement Of The Law & School Policy	Administration, Principals	Student Code of Conduct & Student Handbook, Board Policy	Daily
	Written Crisis Management Procedures For All Staff, Practice Drills (e.g. Tornado, Fire, Etc.), Lockdown Procedures, Evacuation Procedures	School Resource Officer, Administration, Principals, Support Services Director	Crisis Management Plan, Emergency Operation Plan	Annually, Update As Needed
	K-9 Unit, On-Campus Searches	Secondary Principals	Drug Dog Agency	Random
	Criminal Record Check Of Staff & Parent Volunteers	Administration	National Criminal Tracking Center, Dept. of Public Safety	Annually
	Bus Drivers Mandatory Drug Testing	Support Services Director	Contracted Testing	Random
	Mandatory Drug Testing of Students In Extracurricular Activities	Secondary Principals & Sponsors	Contracted Testing	Random
Education	Character Education, Elementary	Principal, Teachers, Para-Professionals	25 Manners All Students Should Know	Ongoing
	Red Ribbon Week Activities & Assemblies Jump Rope for Heart/Hoops for Heart	Principals & Counselor Elementary P.E. Teacher	Region 9 ESC American Heart Association	Fall Spring