



Copperas Cove ISD School Health Advisory Council

Meeting Minutes – April 6, 2022

Call to Order – 4:35pm on April 6th 2022 via Zoom

Documentation of attendance and quorum: Yes, Quorum is in attendance.

- Lisa Edgar – SHAC Chair
- Ashley Manry – SHAC Co-Chair
- Melissa Bryan – Director of Child Nutrition
- Amy Hudson – Director of Health Services
- Allyssa Henry – Parent
- Marion Cook – DSHS Representative
- Lisa Defriese – Parent
- Christyn Vincent - Parent

Agenda Item #1 – Go over the previous SHAC meeting agenda from Feb. 16th, 2022.

- CCISD SHAC Bylaws proposed and approved
- Jan. 4, 2022 TEA Health and Physical Education - 2021-2022 Physical Fitness Assessment
- 2021-2022 District wide School Health Program Proposal and Annual School Health – CATCH.org was recommended and approved by SHAC committee.
- Survey: Districts schools must complete the 2021-2022 survey on or before 5:00pm (CDT) on May 27, 2022.
- DSHS *Friday Beat – Texas School Health updates*

Agenda Item #2 – Texas Action for Healthy Kids “Advocating for School Health” ppt.

March 24, 2022 (Topic Lead by Lisa Edgar)

- PowerPoint presentation regarding Texas Action for Healthy Kids “Advocating for School Health”. AFHK’s mission is to mobilize family-school partnerships to prepare kids to be healthy in body and mind to achieve their vision: Healthy Kids. Better World. AFHK addresses the root causes of the child health crisis by ensuring that children, particularly in underserved communities, are supported with the three foundations of lifelong health: ○ Optimal nutrition and physical activity, ○ Safe, supportive environments, and ○ Stable and nurturing adult-child relationships.
- Action for Healthy Kids Resources: ○ Grants to support Physical Activity, Good Nutrition and Social Emotional Health ○ Website with COVID-19 Resources ○ Webinars and Training Opportunities ○ Tip Sheets



Agenda Item #3 – CCISD - STOPit app (Topic Lead by Lisa Edgar)

- **STOPit App** – October 14, 2021, CCISD Director of Behavioral Support Services, Rhonda Burnell, sent out a Parent/Guardian letter promoting CCISD new **STOPit** app/on-line crisis reporting tool for parents/students/and community members. This reporting tool is designed to deter and mitigate bullying, cyber abuse, and other inappropriate behaviors. It consists of an app and a back-end incident management system for school administrators.
 - Students have access to the **STOPit** mobile app which has two simple and powerful features:
 1. **Report** – may be used by students to report incidents to school contacts anonymously.
 2. **Messenger** – may be used to engage in anonymous, two-way communication with school contacts.
 - Both Report and Messenger empower students to stand up for themselves and for one another. It also gives parents the opportunity to submit reports. Students and parents have the power to help put an end to harmful and inappropriate behavior they see online through social media and other means.
 - Students can use **STOPit** to reach out for help if they or peers are facing a personal crisis or experiencing bullying, abuse, or are otherwise in need of assistance. Our goal with **STOPit** is to create safer, kinder school communities both online and off.
 - Students and parents/guardians may download the app from the app store on their personal devices. Students may use any district-issued device to make reports by clicking on the **STOPit** logo. Parents may access the reporting tool by accessing the CCISD home page and clicking on “Parent Home” under the “Parents” tab or visiting the [STOPit Website](#) and selecting the appropriate campus .
 - More information and resources may be found online at the [STOPit Website](#)

Agenda Item #4 – Friday Beat: (Topic Lead by Amy Hudson) - Friday Beat April 1, 2022

The newsletter that takes a [Whole School, Whole Community, Whole Child](#) approach. The *Friday Beat* is a free publication of the Texas Department of State Health Services. It is edited and compiled by the [School Health Program](#).

Download today's or previous editions of the [Friday Beat in Microsoft Word](#).

- **Announcements:** Texas Youth Preparedness Council: ○ Applications due April 15, 2022 - Participants will develop leadership skills that will help them address and support the needs of their communities. Each Council year begins on June 1 and ends May 31. All students are expected to complete at least one (1) self-selected youth emergency preparedness-related project in his or her community or region.



Learn more about the [Texas Youth Preparedness Council](#). Applications are due by 5:00 pm April 15, 2022.

- Adolescent Immunization Action Week April 4-8, 2022 - Adolescent Immunization Action Week is a call to action urging parents and healthcare providers to get adolescents up to date on recommended immunizations. Adolescent immunizations are scheduled to protect adolescents before they are exposed to serious, potentially life threatening diseases. The Unity Consortium has [immunization action steps](#).
- **Professional Development:**
 - PAX Good Behavior Game Virtual Training - the PAX Good Behavior Game is a school-based, classroom preventative intervention used by educators to teach self regulation. PAX Good Behavior Game is a set of strategies for teachers to use throughout their day to build students' behavioral skills and stamina for focused attention and on-task behavior. Research by Johns Hopkins University has shown that students who received PAX Good Behavior Game are more likely to experience success in school and have significantly improved lifetime outcomes. See [PAX Good Behavior training dates](#) and registration.
 - Digital Threat Assessment Training - Digital Threat Assessment was developed by the Texas School Safety Center through the need to keep pace with the ever-evolving technology challenges that students face. View [digital threat assessment](#) virtual and in person training dates and registration.
 - Kids Gardening Webinar: **Teaching for Sustainability April 12, 2022** - Participants will dig into these concepts and learn about ways schools are connecting concepts and projects to student learning and voice. Learn more and register for the Kids Gardening [webinar on sustainability](#).
- **Funding Opportunities:**
 - Oliver Foundation Healthy Choices Grants
 - TEA Grant: School Action Fund-Planning and Implementation Grant
- **Health Education:** Texas Youth Preparedness Camp - the Texas School Safety Center (TxSSC) at Texas State University will award scholarships to teams of 10 individuals (9 youth and 1 adult) to attend the Texas Youth Preparedness Camp. Camp will take place June 12-16, 2022, at Texas State University in San Marcos, Texas.
- **Health Services:**
 - Social Determinants of Health (SDOH) Learning Collaborative: Apply by April 6, 2022
 - Virtual Workshops for Health Centers Interested in School-Based Care
- **Physical Environment:** Plants and Children Grow Healthy Together Webinar April 6, 2022



Agenda Item #5 – Any updates from SHAC members –

- Would like to receive Parent/Teacher/Student Feedback on “Choosing the Best” by issuing a survey to those that participated.

Next Meeting:

- Date of meeting: May 4, 2022