

JANUARY 2019

CANADIAN ISD PK-12 GRADES

SERVED DAILY
 VARIETY OF MILK
 LOW FAT CHOCOLATE
 1% WHITE
 VARIETY OF 100% FRUIT JUICE

VARIETY OF CEREAL
 W / TOAST
 OR
 CEREAL BAR
 CEREAL BAR

Monday	Tuesday	Wednesday	Thursday	Friday
	1 HOLIDAY	2 HOLIDAY	3 PANCAKE WRAP W/YOGURT OR BREAKFAST CRACKERS CHEESE STICK	4 CINNAMON ROLL W/ SAUSAGE OR MUFFIN W/ YOGURT
7 PANCAKES W/ BACON OR BREAKFAST ROUND YOGURT	8 SUNRISE SANDWICH OR BREAKFAST STRUDEL CHEESE STICK	9 OATMEAL W / CINNOMON TOAST OR PB&J UNCRUSTABLES	10 MONTE CRISTO SANDWICH OR BREAKFAST PARFAIT	11 BREAKFAST BURRITO OR MUFFIN W/ YOGURT
14 SAUSAGE KOLACHE W/YOGURT OR BREAKFAST ROUNDS YOGURT	15 CHEESE OMELET W/ TOAST OR BREAKFAST STRUDEL CHEESE STICK	16 WAFFLES W/ SAUSAGE OR BREAKFAST PARFAIT	17 BREAKFAST PIZZA OR BREAKFAST CRACKERS CHEESE STICK	18 STAFF DEVELOPMENT
21 PANCAKES W/ SAUSAGE OR BREAKFAST ROUND W/YOGURT	22 BREAKFAST BURRITO OR BREAKFAST STRUDEL W/ CHEESE STICK	23 SAUSAGE KOLACHE W/ YOGURT OR BREAKFAST CRACKER W/ CHEESE STICK	24 BISCUITS W/ GRAVY SCAMBLLED EGGS BACON OR BREAKFAST PARFAIT	25 MORNING GRIDDLE SANDWICH OR BREAKFAST ROUND YOGURT
28 WAFFLES W/ BACON OR MUFFIN W/YOGURT	29 CINNAMON ROLL W/ SAUSAGE OR BREAKFAST STRUDEL CHEESE STICK	30 BREAKFAST PIZZA OR BREAKFAST PARFAIT	31 SAUSAGE EGG AND CHEESE SANDWICH OR BREAKFAST CRACKER CHEESE STICK	

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