

JANUARY 2019

CANADIAN HIGH SCHOOL LUNCH MENU 9-12TH

OFFERED DAILY
MILK
LOW FAT CHOCOLATE
1 % WHITE
VARIETY OF JUICE

DAILY SALAD BAR

2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>PIZZA CHOICE OR STEAK FINGERS W/ GRAVY OR PHILLY CHEESE STEAK SANDWICH FRIES CARROT COINS STRAWBERRIES</p> <p>7</p>	<p>HOLIDAY</p> <p>1</p>	<p>HOLIDAY</p> <p>2</p>	<p>PIZZA CHOICE CORN OR FIESTA BOWL FRUITY GELATIN</p> <p>3</p>	<p>PIZZA CHOICE HAMBURGER / CHEESEBURGER HAMBURGER GARNISH OR FRITO PIE CUCUMBER SLICES CINNAMON APPLESAUCE COOKIE</p> <p>4</p>
<p>PIZZA CHOICE OR BREADED DRUMSTICK W/ BISCUIT OR CARROTS SEASONED CORN FRESH GRAPES / COOKIE COOKIE</p> <p>14</p>	<p>PIZZA CHOICE CRISPY TACOS FRITO PIE VEGGIE CUP BEANS SALSA LETTUCE AND TOMATO ORANGE SMILES</p> <p>15</p>	<p>PIZZA CHOICE OR LASAGNA CHICKEN NUGGETS MASHED POTATOES TUSCAN VEGETABLES GARDEN SALAD ROLL / PEARS</p> <p>16</p>	<p>PIZZA CHOICE OR HAMBURGER CHEESEBURGER HAMBURGER GARNISH HOT DOG OVEN FRIES CARROTS SNOWBALL SALAD</p> <p>17</p>	<p>STAFF DEVELOPMENT NO SCHOOL</p> <p>18</p>
<p>PIZZA CHOICE CORNDOG TATER TOTS OR OVEN ROASTED CHICKEN / ROLL BROCCOLI BAKED BEANS APPLE PINEAPPLE D; LITE</p> <p>21</p>	<p>PIZZA CHOICE NACHOS GRANDE BEANS SALSA / LETTUCE -N-TOM. TACO SOUP CORNBREAD MUFFINS TINY TOMATOES CUCUMBER SLICES PEACHES</p> <p>22</p>	<p>PIZZA CHOICE CHICKEN SANDWICH OVEN FRIES X-TREME BURRITO W / SALSA CORN VEGGIE CUP LETTUCE TOMATO GARNISH MANDARIN ORANGES</p> <p>23</p>	<p>PIZZA CHOICE HAMBURGER STEAK BROWN GRAVY ROLL ROASTED POTATOES GARDEN SALAD FRUITY GELLATIN</p> <p>24</p>	<p>PIZZA CHOICE HAM AND CHEESE MELT W / SOUP CARROTS CRUNCHY BROCCOLI SALAD FRESH FRUIT BROWNIE</p> <p>25</p>
<p>PIZZA CHOICE STEAK FINGERS W/ GRAVY MEATLOAF MASHED POTATOES OKRA ROLL STRAWBERRIES</p> <p>28</p>	<p>PIZZA CHOICE MEAT & CHEESE CHALUPAS OR ENCHILADAS W / SALSA ZESTY CUCUMBERS BEANS LETTUCE AND TOMATO ROSY APPLESAUCE</p> <p>29</p>	<p>PIZZA CHOICE CHICKEN TENDERS W/ GRAVY HAMBURGER CHEESEBURGER HAMBURGER GARNISH BOCCOLI BITS MIXED FRUIT COOKIE</p> <p>30</p>	<p>PIZZA CHOICE CHICKEN SPAGHETTI BREADSTICK GARDEN SALAD CARROTS APPLE SLICES</p> <p>31</p>	

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