

PERRYTON INDEPENDENT SCHOOL DISTRICT
ATHLETIC CODE OF CONDUCT

"It's not about what we do but how we do it"

INTRODUCTION:

Participation in athletics as defined by the University Interscholastic League is not a right but a privilege. Students are not required to take part in athletics, therefore, it is imperative that all student-athletes taking part in the Perryton Athletic Program understand the following Athletic Code and conform to the rules therein. The Athletic Director, Coordinators and Coaches of the sport or activity shall have every right to remove these privileges.

The goal of Perryton Athletics is to foster a competitive drive and build character qualities that will benefit the Student Athletes in becoming successful people in their lives after high school athletics. Athletics represents an area of great potential for teaching and developing these qualities that will make student-athletes successful as they transition into adults.

EXPECTATIONS:

Competing and Discipline will be the heart of our programs. We will compete in everything we do; every day we do it. We will be disciplined in everything we do: in our sports, in the classroom, in the community and in our personal lives. Athletes and Coaches alike will be expected to be the "Total Package". What we do everyday becomes habit, habit becomes character, and our character is who we are in all phases of our lives. Athletes will be expected to take personal responsibility for their actions and will be held accountable for their actions. We will be disciplined in: actions, work habits, personal/collective responsibilities, and communication.

Perryton Athletic Programs will be based on three things:

- 1. Character**- Within our athletic programs the student-athletes will learn character qualities that will serve them in all phases of their life. Our goal is to develop quality people which will create quality programs. Character will define who our programs are and what they become. Sacrifice, Discipline, Responsibility, and Commitment are forms of character. Athletes will be held accountable for their character.
- 2. Class**- We will win with class and lose with class but we will always be first class in everything we do. Athletes will be held accountable for their class.
- 3. Effort**- Regardless of ability everyone can and will be expected to give a maximum effort in everything they do in and out of athletics. This is something that is controllable by every athlete in every situation. Commitment is a form of effort.

Failure to meet expectations set forth by the Athletic Director, Coordinators, and/or Coaches for any or all of these by athletes or parents could result in removal from a sport or athletic program.

JURISDICTION:

Student participation in athletic activities is encouraged. Perryton ISD makes athletic activities available as an extension of the regular school program, with this important difference: participation in the regular curriculum is a right afforded to each student, while participation in the athletic program is a privilege that carries additional expectation for acceptable conduct. Students engaging in athletic activities represent not only themselves, but Perryton ISD as a whole. Student-athletes are not only recognized on the playing fields or courts but also in the community as Rangers/Rettes. For this reason, their behavior must be exemplary and reflect the finest attributes of Perryton ISD at all times and places. We will develop athletes and a product that give Perryton ISD and the community a sense of pride in what a Ranger/Rette stand for.

Because of the reasons stated above the Perryton Athletic Code of Conduct extends beyond and is in addition to school policy. The Athletic Code of Conduct will be enforced on all student-athletes grades 7-12 participating in athletics. Perryton Athletics jurisdiction is as follows:

- *Regardless of whether school is in session;
- *Regardless of whether the offense occurs on or off school property or at a school related event;
- *Regardless of whether the student is directly involved with the extracurricular activity at the time the prohibited conduct occurs;

- *Regardless of whether the sport is in-season;
- *Regardless of where or when the conduct occurs.

It is possible that a student who violates school policy will incur consequences from both the appropriate school administrator and from his/her coach, coordinator, or athletic director for the same violation. It is also possible that a student participating in athletics could violate the Perryton Athletic Code of Conduct and be subject to discipline without having violated school policy.

FAIR/HONEST:

The belief in this philosophy doesn't allow for any excuses from anyone at anytime. Athletics and life are not fair but both are honest. In order to better prepare players for the game and life situations Perryton Athletics operates with the same philosophy. Life is not fair. There are numerous adversities that you will encounter in life that will not be fair. However, they are honest. Learning how to deal with and overcome adversity is essential, but you can't accomplish that by worrying about the situation being fair. God has given us more and less of certain abilities but all are uniquely created for a purpose. Some of us will have to work harder than others just to measure up. That isn't fair but it is honest. It is still no excuse not to succeed. You must meet your adversities head on and go through the problem rather than around it.

Individual Basis: The Athletic Director, Coordinators and Coaches are leaders and will be allowed to make decisions on an individual basis while striving for fairness and consistency. However, very few situations and individuals involved are exactly the same. Leaders will make decisions based on what Perryton Athletics will call an "**Individual Basis**" which includes but is not limited to the following:

- *The Student Athlete's Current, attitude, discipline, work ethic, and cooperation in all phases: school, athletics, and community.
- *History of the Student-Athlete's attitude, discipline, work ethic and cooperation in all phases: school, athletics, and community.
- *Potential of Student Athlete's current situation, attitude, discipline, work ethic and cooperation in all phases: school, athletics, and community.
- *Betterment of the Team/Program's present, and/or future.

The Athletic Director/Coordinator/Coach may utilize any available information in order to make individual decisions regarding athletes and their discipline/status. These decisions/investigations are conducted at the discretion of the coach/coordinator/athletic director. The Athletic Director or Athletic Director's designee is hereby authorized to make judgment decisions on situations.

PARTICIPATION:

The goal of the Perryton Athletic Program is to offer the opportunity of participation to all students. There is however a minimum set of standards in regards to being allowed to participate in athletics. The minimum standards are:

- Paperwork:** The student-athlete must complete and return all necessary paperwork set forth by Paperwork ISD, UIL, Athletic Director, Coordinator, and Head Coach of current sport. Athletes will be given a designated amount of time to turn in complete paperwork in order to participate.
- Parent Meeting:** It is with-in guidelines for a Coordinator and/or Head Coach to require parents to attend a parent meeting for current sport in order for an athlete to participate.
- Eligibility:** The student-athlete must remain academically eligible per UIL requirements. Failure of multiple eligibility periods could be a cause for a student-athlete to be removed from a sport and program.
- Select/Club/Non-School Sponsored Event:** In the case of a non-school related event conflicting with a school related athletic event, priority will be given to the school athletic event. Missing school related athletic practice or game for a select/club/non-school activity could result in discipline measures and possible suspension from participation in next athletic contest. Multiple offenders could be removed from sport and/or program.

Enrollment In the Athletic Period: The purpose of the Perryton Athletics' period with in the school day is to serve as an in-season and off-season program to improve the athletic program overall by enhancing each student-athlete's abilities, skills, strength, conditioning, injury prevention and team building. It is unrealistic for an athlete not to go through an in/off-season program and benefit from athletics and/or benefit others in athletics. **All athletes must be enrolled in the athletic period to participate in a sport. Exceptions are allowed for athletes that only participate in golf, tennis, and powerlifting.** Athletes must also go through an off-season program in order to participate in games. **Therefore a student may not add athletics at semester and compete in games during the current school year.** Exceptions will be allowed, but not limited to, new students moving into the district at semester and class scheduling conflicts that are a necessity not a luxury. Furthermore, a student in the athletic period must be competing in a sport unless otherwise approved by the Athletic Director and/or Coordinator to serve as student-manager/trainer.

QUITTING:

One of the greatest character qualities taught by athletics and coaches is commitment and the ability to finish what you start regardless of circumstances. Quitting will not be something encouraged or accepted with in Perryton Athletics. An athlete may not quit one sport to play another. Once an athlete has participated in their first contest they are officially considered a part of the team. Practice and Scrimmages do not constitute official participation. However, an athlete may be granted a designated **Trial Period** agreed upon by head coach, coordinator and athlete that will allow an athlete to try a sport for a designated period of time. At the end of the trial period the athlete will make a decision to play or not play that sport. The athlete's decision at this time to not play will not be deemed as "Quitting". The **Trial Period** will be put in writing and signed by the head coach, athlete, and athlete's parent/legal guardian.

The following procedures will be in place when an athlete quits a sport:

*The athlete will not be allowed to participate in full before school or after school practice sessions and/or practice skill workouts for their next sport until the sport they quit is done competing for the year. Sub-Varsity players will be held to their sub-varsity schedule and Varsity players will be held to their Varsity schedule including playoff schedule. Athletes that quit will be required to go through offseason strength/conditioning workouts in the athletic period.

*The athlete will be required to do a designated amount of physical consequence set forth by the coordinator and be consistent across their side (boys' or girls') in all sports before they are eligible to participate in their next sport. They cannot start serving this consequence until the sport they quit has completed its season. Their physical consequence will be in addition to regular practice session and cannot be completed over the summer or on Sundays. The athlete must complete their physical punishment before they will be allowed to participate in competitions.

*An Athlete has not officially quit a sport until a meeting has been held between head coach, coordinator, and athlete.

*Routinely quitting sports could result in removal from the Athletic Program.

*If an athlete quits the Athletic Program they will have to meet with the Coordinator and Athletic Director to be granted permission back into athletics. The decision to allow or not allow the athlete in will be made on an "individual basis".

ATHLETIC SUSPENSION:

A head coach may suspend an athlete within their season as a disciplinary action. This suspension is deemed sport specific. A sport specific suspension will only be carried out in that sport. A suspension due to a Major Infraction of Athletic Policy such as but is not limited to alcohol, criminal charges, drugs, and quitting carries over from one sport to the next if the suspension has not been completed. Athletes must attend all practices during their suspensions. Multiple suspensions throughout an athlete's career could result in permanent removal from the athletic program. All decisions in regards to suspension will be made on an "**Individual Basis**"

DISMISSAL:

Dismissal of an athlete from a sport and/or Perryton Athletics overall will not be taken lightly. The Dismissal policy will mirror the quitting policy in regards to full practices before school or after school/skill practice for their next sport. Dismissal from the Athletic Program will be discussed and agreed upon by Coordinator and Athletic Director. Once an athlete is dismissed from athletics the athlete and their parents will have to meet with the Coordinator and the Athletic Director to discuss reinstatement. This decision will be made on an "**Individual Basis**". If granted reinstatement the athlete will be required to a designated amount of physical punishment set forth by the coordinator and consistent across all sports on their side in order to earn their way back into athletics. The physical punishment must be completed before the athlete is eligible to participate in their next contest.

PROHIBITED CONDUCT

Perryton ISD students who participate in athletics are prohibited from but not limited to the following:

- *possessing, smoking, or using tobacco products;
- *possessing, consuming, buying or selling alcohol;
- *possessing, using, buying or selling drugs or drug paraphernalia;
- *attending any event at which underage drinking or drug use is occurring;
- *engaging in serious misbehavior, as that term is defined in the Perryton ISD Student Code of Conduct;
- *stealing or using without permission, this will include, but is not limited to athletic equipment and supplies;
- *altering grades;
- *using profanity;
- *lewd or vulgar language;
- *obscene gestures;
- *fighting and/or assault;
- *any conduct resulting in arrest and/or citations from law enforcement officers;
- *disrespectful behavior or language directed at an authority figure, that will include, but is not limited to teachers, coaches, principals, administrators and other adults or opponents;
- *hazing and/or bullying;
- *inappropriate behavior in public places;
- *being placed in DAEP or ISS;
- *inappropriate touching, sexual gestures, or any other form of a public display of affection or evidence of such as but not limited to hickies;
- *exposing body parts or under garments that are ordinarily covered up in a public setting

PROCEDURES FOR PROHIBITED CONDUCT:

The Coach, Coordinator, and/or Athletic Director will determine whether an Athletic Code of Conduct violation has occurred and if the violation is a "**Minor**" or "**Major**" infraction. Decisions will be made and discipline decided on an Individual Basis. Coaches, Coordinator, and/or Athletic Director will review all facts and circumstances surrounding a particular violation and individual involved and impose the appropriate disciplinary action. **Coaches will strive for consistency in punishment for Athletic Code of Conduct violations, but will also exercise sound professional discretion in accordance with the "Individual Basis" decisions described above. "Minor" infractions will be dealt with by the head coach as they see fit to address the issue and to help prevent future violations from the athlete involved and/or other athletes in their program. However, consistent or repetitive "Minor" violations throughout an athlete's career can be considered and dealt with as a "Major" violation.**

MAJOR VIOLATIONS:

Major violations will be dealt with in the following manner:

- *Upon determination of a major violation the student-athlete and the athlete's parent/legal guardian will be notified of the violation and the disciplinary action. If the athlete and/or parents will not agree to the disciplinary action set forth the athlete could be subject to further punishment or removal from the sport and/or athletic program.

*Athletes are subject to the possibility of physical punishment in addition to the possibility of game suspension.

First Offense-possibility of up to the following suspensions:

Baseball	2 games or 1 tournament
Basketball	2 games or 1 tournament
Cross Country	1 meet
Football	1 game
Golf	1 tournament
Power Lifting	1 meet
Softball	2 games or 1 tournament
Tennis	1 match
Track	1 meet

Repeat Offenders- multiply the above number by 2 or could be subject to dismissal from sport and/or program.

*Athletes participating in 2 different sports at the same time and are deemed in violation of athletic policy will serve suspension in both sports. If the violation is in breach of team/sport policy and handed out by that particular sport's head coach the suspension will be served in that sport only.

*Nothing in this Athletic Code of Conduct limits the authority of a coach, coordinator or athletic director to impose sanctions, including but not limited to extra physical punishment for student-athletes who breach team or athletic conduct expectations. Physical punishment could be required to be done outside regular practice sessions.

ALCOHOL: The use or association with alcohol of any kind will not be tolerated. Any alcohol related violation or arrest by a student-athlete are subject to Perryton ISD Student Code of Conduct Policy and will be considered a **Major** Violation of Athletic Policy and could be subject to the above listed discipline for **Major** Violations.

CRIMINAL CHARGES: Any student-athlete charged with, arrested for, or convicted of a felony may be subject to suspension from athletic competitions, or other disciplinary action may be taken if not an in-season sport, until the matter has been cleared through the courts or punishment has been served. The student-athlete will be expected to participate in all practices during that time in order to remain in the athletic program. Immediate punishment for a charge will be based on the evidence of guilt, and severity of the crime. Depending on the severity of the charges (including serious misdemeanors) and the outcome of the case, a student-athlete may be suspended from games, dismissed from that sport for the remainder of the season, or dismissed from the athletic program for the remainder of the year in addition to physical punishment set forth by the coach/coordinator/athletic director. If the student-athlete is not found guilty or all charges are dropped, then the student-athlete will be reinstated to the athletic program. It is at the discretion of the head coach to place the athlete back on the team of the in-season sport due to time missed from the team. The severity of the punishment once convicted will be dictated by the severity of the charges the athlete is convicted of. A Felony Conviction is subject of up to three times the game suspension listed on the "1st time major infractions" chart, possible removal from program, removal from athletics and/or physical punishment. This decision will be made by in season head coach, coordinator, and athletic director.

DRUG POLICY: The use or association with drugs of any kind will not be tolerated. Any drug related violation or arrest by a student-athlete is subject to Perryton ISD Student Code of Conduct Policy for Extracurricular Activities and will be considered a **Major** Violation of Athletic Policy and is subject to the above listed discipline for **Major** Violations and is subject to removal from sport or athletic program.

Positive Drug Test by a student athlete will fall under the guidelines set forth for Extracurricular Activities.

Failed drug test, as defined as first, second, or third failure will be accumulative through the current school year only in regards to discipline procedures. However, once a student has failed a drug test they will be automatically added to all random tests for the remainder of their participation in extracurricular activities accumulative across all school years.

***First Failure:** First time a student fails a drug test they will be required to attend 4 hours of drug counseling. The student will be subject to a designated amount of physical punishment set forth by the Athletic Coordinator and consistent across all sports on their side (boys'/girls') that must be completed before the student is eligible to participate in their next contest. A failed drug test will be considered a major rules violation and subject to suspensions listed above. In addition the student will automatically be added to not only the next drug test available but all drug tests after the first failed test for the remainder of their eligibility. If the next drug test falls within one calendar month of the failed test the student will have to show a drop in levels. However, after the month grace period levels will have to be completely clean or it will constitute a second failed test.

***2nd Failure within current school year:** Second failed test will require 8 hours of drug counseling. The student will lose the opportunity to compete for the remainder of the school year. They will be allowed to remain in their respective extracurricular activity (athletic program) as long as they remain in "good standing" and work towards earning the right to compete the following year. The student will be required to complete a designated amount of physical punishment set forth by their Athletic Coordinator and consistent across all sports on their side (boys'/girls') to remain in athletics. It will be at a Head Coaches discretion to allow the student the ability to participate in their sport the following year.

***3rd Failure within current school year:** Removal from extracurricular program for current school year. The student can request back in the following year and is subject to Head Coach, Coordinator, and Athletic Director approval. This decision to allow the student back in will be based on an "**Individual Basis**".

*Students will still have to attend all practice and team functions during their suspensions.

*Repeat Offenders from year to year are subject to the possibility of being dismissed from the Athletic Program.

PRACTICES:

Practices during season in the athletic period or outside of the athletic period are mandatory and therefore subject to disciplinary action. An excused reason for missing a practice is due to injury or sickness any other reason for missing will be at head coach's discretion to deem it an excused or unexcused miss. **However, a coach must be notified prior to practice in order for any miss to be deemed excused. Sickness or Injury must be accompanied by a note from a doctor. Notes from parents do not serve as a medical note.** The school provides a medical trainer and all athletes must see the school provided trainer to release them from practice or physical activity and set parameters for the future. When an athlete is held out for practice and/or games because of an injury the athlete is still required to attend all team functions and practices. Missed rehab for an injury does constitute a missed practice. If the athlete cannot afford financially to go to the doctor the school nurse can fill that role; the athlete does however, have to come to school in order for the nurse to see them. If the athlete does not produce a note from a doctor, trainer, or school nurse the miss will be considered unexcused. **Multiple unexcused missed practices show a lack of commitment/effort and could result in dismissal from a sport and/or program.** Even excused misses are subject to make up work at the coaches/coordinators discretion.

Game for Game Misses:

If an athlete misses a game for an unexcused reason as deemed by Head Coach and verified by Athletic Director the athlete may serve a suspension for each game missed. The athlete may also be subject to physical punishment for the missed game(s).

GAME DAY:

Student-athletes must be in attendance 50% of the school day in order to participate in a game the same day unless prior approval has been granted by the Athletic Director and High School Principal.

LETTERING:

Student-athletes may receive from the school only one major award during their high school career according to the UIL. Perryton ISD awards one letter-jacket (jacket, letter, and sport symbol only) to a student-athlete during their high school career. In order to letter in a sport the student-athlete must be on a varsity team and considered a productive member of that team during district play. Special consideration and decisions can be granted from the Head Coach and agreed upon by Coordinator and Athletic

Director. If there is not a sub-varsity team available the letter winner will have to have participated in game minutes/innings/events within the district season/meet unless injured.

TRAVEL POLICY:

Players are strongly encouraged to travel to and from games on the team bus. Some exceptions will be made when based on a "common sense" decision and necessity not just "want to". Decisions will be made at the Head Coaches' discretion.

Perryton Athletics Bus Policy falls under the following guide lines:

* Players must travel to and from the games on the team bus, unless they have received APPROVAL from the coaches for other modes of transportation **PRIOR to departure.**

***Players may be released to a parent or legal guardian at out of town games with a signed and dated note** releasing the athlete from the coach to the parents/legal guardian at the time they are released **which requires the parent's/legal guardian's PRESENCE.**

***Players may be released to someone designated by the parent or legal guardian but a note and approval must be in the coach's possession Prior to leaving for the trip. Verbal confirmation by the parent is also necessary.** If a coach does not have a signed note **Prior to leaving and verbal confirmation the athlete WILL NOT be released to designated party.** Just verbal confirmation or just a note will not work; it will take a combination of both in order for the athlete to be released to someone other than their parent/legal guardian.

*Athletes will be informed of leave and return times. It is the athlete's responsibility to communicate to parents/legal guardians. It is the Athlete's job to be on time. Every effort will be made by coaching staff to notify proper personnel as to unexpected changes in departure and/or arrival time.

*All athletes will conduct themselves with class when in a school vehicle and representing Perryton Athletics on a trip.

*Failure to follow procedures will result in disciplinary actions and possible removal from team and/or program.

If the district does not provide transportation parents will be responsible for getting the child to the designated location or sign a waiver allowing another entity to provide that transportation. Examples of this will be travel to a practice not held at a facility where the athlete's school day is held.

DRESS CODE:

All athletes will be required to follow Perryton ISD Board approved dress code found in the student handbook at all times and at all team functions or school activities. In accordance with UIL rules and regulations, for safety reasons, student athletes are not allowed to wear jewelry of any kind during athletic competition. Athletes will also be required to maintain a hairstyle suitable for competition. Male athletes fall under student handbook guidelines and female athletes must put hair up in a ponytail during competition and practice for safety and functionality. Modesty in dress will be required. Athletes will keep all body parts and undergarments covered that are normally covered in a public setting. Failure to comply with dress code set forth by school, and/or head coach policy could result in disciplinary action; further failure or consistent failure to comply throughout an athlete's career could result in dismissal from team and/or athletic program.

PREGNANCY:

Female athletes that become pregnant while in athletics or recently had a baby will not be discriminated against due to their condition. However, it is a safety concern to both the athlete and/or baby, as well as a liability to other competitors and coaches for the pregnant athlete to compete in practice and game situations while pregnant or after recently having a baby.

The following guidelines will be in place when a female athlete becomes pregnant or a coach is notified of an athlete being pregnant:

*Perryton Athletics will need a confirmed pregnancy test result from the school nurse or medical doctor.

*Perryton Athletics will need a signed consent form by the athlete's parent/legal guardian and the athlete themselves stating they understand the risk of competing to the health of the baby and/or pregnant athlete and remove liability of other competitors and coaches.

*The pregnant athlete and parent/legal guardian will also sign off on the athlete being held to the same standard as everyone else in athletics in all areas such as but not limited to: physical expectations, commitment, effort, attitude, ability level, and time constraints, school/practice attendance, etc.

*If all of the previously stated conditions are not met due to the Perryton Athletic Policy stating that an athlete has to play a sport to be in athletics the student will be removed or not allowed into athletics.

SELECTION OF TEAMS:

The head coach of each sport will determine the players on each team. The selection of teams will include, but is not limited to: skill level, knowledge of sport, athletic ability, potential, attitude, experience, work ethic, commitment, position need, and ability to be a good team mate. Middle school and sub-varsity team members will receive adequate playing time based upon performance, work ethic, commitment and meeting expectations. Members of varsity teams are not guaranteed playing time.

To stay true to our commitment to teach life lessons through athletics all athletes once in Perryton Athletics will be taught to earn what they get. Life, our opponents and the games we participate in will not give us anything we do not earn. Athletes will be expected to earn their positions, playing times and teams. It is at the coaches discretion as to what team to place an athlete on or to place them on a team at all if the athlete has not earned their right on to a team.

SOCIAL MEDIA:

Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student-athletes in one form or another. Student-athletes should be aware about inappropriate pictures, videos, and comments affect the perception of the student-athlete, the athletic department and Perryton ISD. This can also be detrimental to a student-athlete's collegiate and employment future. Social Media could be considered proof of a rules violation.

TEAM MEETINGS/DINNERS:

Team meetings that are organized by a coach are mandatory with in practice guidelines. A team meeting/dinner organized by parents for a particular team must be approved by and then organized through the Head Coach. Team meetings without Head Coach approval are subject to disciplinary action. Team Meetings/Dinners without an adult present will not be allowed under Perryton Athletic Policy and are subject to disciplinary action. It is at the Head Coaches discretion to not allow team meetings/dinners.

PARENT CONFERENCES:

*Parents should not confront a coach before, during, or following a contest or practice. These are busy and emotional times for both parties involved and will not promote an objective analysis of the situation.

***Parent conferences will only be established and held to fix a problem not create a problem.** If deemed by the coach/coordinator/athletic director that the parent is trying to fix a problem a conference will be granted.

*Parent conferences will be scheduled a day in advance with the coach before the school day or during a designated conference period if available.

*Parents will be required to follow the proper chain of command in order to have their issues heard and addressed. The proper chain of command is: coach in question with head coach present-head coach- coordinator-athletic director, and then superintendent.

*Parent conferences will not be held to address: playing time, other players, or offensive/defensive philosophy and/or execution.

Harassment of a coach or derogatory comments toward a coach or another athlete by a parent during a contest or practice will result in the parent being removed from the facility. Multiple offenders could be banned permanently from future contests and could result in their child being removed from the sport and/or athletic program.

AGREEMENT

I understand that the above expectations and rules are in addition to school and UIL policies and I will abide by all rules and expectations without excuse. I understand that it is the coaches' discretion to implement disciplinary actions for not following any of the above expectations or rules.

If you agree to all expectations and rules and agree to fully commit yourself please sign and return this page to your Head Coach. A person's word is validated with a signature. Do Not take your signature lightly your actions will reveal your beliefs and commitments.



Student Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

*Please remove this page sign and return to appropriate coach.