District 1-4A JH Track and Field Meet
April 6, 2019
Borger Stadium

8:00-8:45 Scratch Meeting- Field House **Entry Deadline: Monday 10 P.M.**

Starter- Jody Wood

9:00 2400 m Run (Final)

3 Attempts on all Jumps and Throws

9:00 **Field Events**

Shot-8th Boys & 7th Boys	Pole Vault- 7th Boys 6'6 & 8th Boys 7'0
Discus-8th girls & 7th Girls	High Jump-7th Girls 3'8 & 8th Girls 4'0
Long Jump- 8th Boys & 7th Boys	Triple Jump- 7th Girls & 8th Girls

10:30 **Field Events**

Shot Put- 8th Girls & 7th Girls	Pole Vault- 7th Girls 6'0 & 8th Girls 6'0
Discus- 8th Boys & 7th Boys	High Jump- 7th Boys 4'4 & 8th Boys 4'8
Long Jump- 8th Girls & 7th Girls	Triple Jump- 7th Boys & 8th Boys

12:00-1:00 Lunch Break (Can be picked up at the concession stand)

Running Order- 7th Girls, 8th Girls, 7th Boys, 8th Boys

Running Finals

1:00
Rolling Schedule

400 m Relay
800 m Run
100 m Hurdles
110 m Hurdles
100 m Dash
800 m Relay
400 m Dash
300 m Hurdles
200 m Dash
1600 m Run
1600 m Relay