## Graham ISD Student Health Advisory Council Agenda Tuesday, September 10, 2019

- 1. Welcome and Introductions
  - Purpose of SHAC
  - 2019 goals/committee proposals and signup
  - Check and correct contact information
  - 2019-2020 meeting dates note our new meeting time 1:45
    - o Tuesday, September 10, 2019
    - o Tuesday, November 12, 2019
    - o Tuesday, January 14, 2020
    - o Tuesday, March 10, 2020
- 2. Committee Sign Up
  - Counseling & Guidance
  - Employee/Student Health & Wellness
  - Nutrition & Healthy Schools
  - Parent & Community Involvement
  - Physical Activity & Planning
- 3. Report from food service free and reduced numbers/initiatives
- 4. Nurse's report head lice awareness month
- 5. Suggestions for the year what do we want to accomplish as a committee?
- 6. Finalize plans for family fitness night
- 7. Questions/Concerns

## 8. Reports

- Counseling/Guidance Lori Kramer
  - o Red Ribbon Week October 24-27, 2017
- Employee/Student Health and Wellness Robert Loomis
- Nutrition & Healthy Schools Jodi Arispe & Courtney Frampton
- Parent & Community Involvement
- Physical Activity & Planning
  - Walk Across Texas & Texas Walks

## TEXAS WALKS - Potential midpoint of Walk Across Texas

- 10 Minutes at 10am on 10.20,2017
- Wherever you are, whoever you're with, pledge to walk for 10 minutes, at 10am, on October 20th!
- Across the state, we'll walk together and create a healthier Texas.
- 9. Open Discussion/Questions
- 10. Consent/Action Items
- 11. Recommendations to be brought before the Board of Trustees
- 12. Closing Comments/Adjournment