

Graham ISD Student Health Advisory Council Minutes January 14, 2020

The meeting began at 1:45 PM.

Members present – Lori Kramer, Mandy Cernosek, Jodi Arispe, Rena Fore, Kim Birdwell, Dawna Gage, and Penny Berend

Members absent – Robert Loomis and Sam Perry

Our guest speaker, Amanda King, shared valuable information about Choices Life Resource Center located on Hwy 16 S. Choices serves as an outreach for women and girls in our community by providing free services such as pregnancy tests, parenting classes, ultrasounds, and more. Choices also offers T.R.U.T.H., an abstinence presentation, to student bodies free of charge. SHAC voted unanimously to have Caleb Jay, T.R.U.T.H. speaker, present at the next SHAC meeting. If the presentation is appropriate, SHAC will move forward on arranging a student body presentation at high school and junior high.

Family Fitness Fest which was cancelled in the fall due to inclement weather and rescheduled for January 16 is tabled until next year. Mandy Cernosek will present several possible dates to the group once fall sports schedules are released.

Penny Berend shared information on upcoming county extension activities pertaining to our students. Two events will be held at the arena. April 7 is Safety Day for 3rd grade; April 8 will be Health 101 for 4th grade. GJHS Builders Club will help with these activities. April 16, Graham High School will host the A&M vaping program. May 14, juniors will participate in the Real World Financial Class.

Lori Kramer informed the group that she is stepping down as SHAC coordinator. Sam Perry will take over March 20.

Meeting adjourned at 2:45 PM.