

COVID-19 Quick Reference Guide for Health Services

Symptomatic staff/student who tests positive:

Exclude for:

At least 10 days since symptoms first appeared

AND:

At least 72 hours with no fever without fever-reducing medications

AND:

Symptoms have improved

**Lingering cough should not prevent a person from being released from isolation.*

Asymptomatic staff/student who tests positive:

Exclude for:

At least 10 days from date test was obtained

AND:

If symptoms develop, refer to symptomatic positive instructions

School staff will be in communication with SCHED in regards to positive cases with staff/students and close contacts within school.

A COVID-19 positive individual does not need to repeat COVID-19 testing or provide a health care provider's note to return to school as long as the exclusion criteria on this document has been followed.

Staff/Student Quarantined due to Travel:

Exclude for:

10 days from date returned home from location listed on [KDHE travel quarantine list](#)

AND:

Has not developed any symptoms (continue to monitor for 14 days).

If you get a negative PCR test after 6 days of no symptoms you may return on Day 8 with documentation of negative results.

Symptomatic staff/student not tested:

Symptomatic =

Any ONE of the following: cough, shortness of breath, difficulty breathing, new loss of taste or smell

OR

At least TWO of the following: Temperature of $\geq 100.4^{\circ}\text{F}$, chills, body/muscle aches, headache, sore throat, nausea/vomiting, diarrhea, fatigue, congestion/runny nose

May return to school prior to 10 days if a doctor establishes an alternative diagnosis and presents a doctor's note with return date.

Exclude for:

At least 10 days since symptoms first appeared

AND:

At least 72 hours with no fever without fever-reducing medications

AND:

Symptoms have improved

**Lingering cough should not prevent a person from being released from isolation.*

Symptomatic staff/student who tests negative:

Exclude for:

At least 24 hours of being fever-free without fever-reducing medications

AND:

Symptoms have improved

Siblings of a symptomatic student do NOT need to be sent home until a positive result is received **OR** they develop any COVID symptom.

Staff or Students experiencing only one of the secondary symptoms:

Exclude for:

At least 24 hours after symptom has improved

AND:

Fever-free without fever-reducing medications

AND:

Has not developed any other symptoms

Staff/Student identified as a Close Contact:

Exclude for:

At least 10 days from last date of exposure

AND:

Has not developed any symptoms.

If symptoms develop, refer to symptomatic instructions (continue to monitor yourself for symptoms for 14 days). If you get a negative PCR test after 6 days of no symptoms you may return on Day 8 with documentation of negative results.

Staff/Student identified as a Household Contact:

Exclude for:

10 days starting after the COVID + case in their household has completed their 10 day isolation period and has been fever-free and feeling well for 72 hours, whichever is longer

**This means that household contacts may need to remain at home longer than the initial case, unless able to isolate away from positive member.*

AND:

Has not developed any symptoms.

If symptoms develop, they should be tested & refer to symptomatic instructions. (continue to monitor yourself for symptoms for 14 days)

If you get a negative PCR test after 6 days of no symptoms you may return on Day 8 with documentation of negative results.

Examples:

**A case is asymptomatic, case released from isolation on day 10, household contact must remain quarantined until day 20.*

**A case is well 3 days after onset, case released from isolation on day 10, household contact must remain quarantined until day 20.*

**A case is well 14 days after onset, case released from isolation on day 17, household contact must remain quarantined until day 27.*