

USD 264 COVID-19 Quick Reference Guide 2021-22

EXPERIENCING COVID-19 SYMPTOMS

Individual is having symptoms of COVID-19 but has not yet been confirmed negative or positive for COVID-19

STAY HOME AND GET TESTED

Contact your school or work site to notify of absence.

COVID-19 Symptoms

- Cough
- Shortness of breath or difficulty breathing
- Fever of 100.4F or greater
- Chills or shivering
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell

All staff and students are encouraged to stay home when exhibiting any COVID-19 or other viral symptoms.

CONFIRMED CASE

Individual tests positive for COVID-19

- Exclude from on-site school and work.
- Isolate at home for a minimum of 10 days AND
- Remain fever free for 72 hours without medication, whichever is longer.
- Call your school or work site to confirm positive case and make any necessary arrangements.
- District administration/School Nurse will follow up for contact tracing.

CLOSE CONTACT

Individual has been identified as a "close contact" to someone who has tested positive for COVID-19.

A person is considered a "close contact" of a confirmed case if they were within 6 feet of the case for 10 minutes or longer, (unless both persons are masked) or if they had exposure to secretions (for example, being coughed or sneezed on).

All unvaccinated staff and students are encouraged to stay home until tested if they suspect they may be a close contact to a positive COVID-19 case.

Self-Quarantine for Close Contacts

Option 1-Remain at school

8 Days with daily testing:

- Unvaccinated students and staff who are on quarantine as a close contact may stay to learn and play if they are asymptomatic, and get a negative rapid test each morning prior to the start of the school day for 8 days.
- USD#264 may provide a rapid antigen test for students and staff who are close contacts, if requested. Please call your school to schedule an appointment prior to 2pm for testing the next morning.

Option 2-Remain at home

10 Days without Testing: if asymptomatic, can return on Day 11.

Option 3-Remain at home

May return on Day 8 with negative PCR test on Day 6, if asymptomatic. If results are negative, can return Day 8 (as long as results are available and provided to the school).

Option 4-Remain at school

Fully vaccinated people are not expected to self-quarantine after exposure if they meet the following criteria:

- Are fully vaccinated (i.e., ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥ 2 weeks following receipt of one dose of a single-dose vaccine).
- Have remained asymptomatic since the current COVID-19 exposure.
- CDC and KDHE also recommend that fully vaccinated individuals get tested 3 to 5 days after exposure, even if they do not have symptoms. KDHE additionally recommends retesting 7-10 days after exposure. However, the person does not have to isolate at home while waiting for results if they do not have symptoms.

Regardless of which option a close contact selects for modified self-quarantine, they should still monitor for symptoms and consider wearing a mask for 14 days after exposure.

HOUSEHOLD CONTACT OF A CONFIRMED CASE

- Must remain at home in quarantine for 10 days starting *after* the +COVID case in their household has completed their 10 day isolation period and has been fever-free and feeling well for 72 hours, whichever is longer.
- If you get a negative PCR test after 6 days of no symptoms you may return on Day 8 with documentation of negative results.

