

Pewitt CISD

003 - PEWITT HIGH SCHOOL
PEWITT JR HIGH 6-8 LUNCH

Jan 17, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 HOMESTYLE HAMBURGER WG FISH FRIES CORNBREAD CHICKEN PATTIE SANDWICH FRENCH FRIES LETTUCE,TOMATO TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING TARTAR SAUCE FRESH FRUIT MILK, CHOICE
Feb - 4 SMOKEHOUSE PORKSANDWICH SLOPPY JOE SPICY CHICKEN SANDWICH BAKED BEANS FRENCH FRIES TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING FRESH FRUIT MILK, CHOICE	Feb - 5 SLICED TURKEY CHICKEN SMACKERS TOSSED SALAD MASHED POTATOES CREAM GRAVY GREEN BEANS FRESH BROCCOLI CARROT STICKS RANCH DRESSING GOLDEN WHEAT ROLLS FRESH FRUIT MILK, CHOICE	Feb - 6 CRISPITO W/CHEESE SAUCE NACHOS, BEEFY TOSSED SALAD PINTO BEANS SPANISH RICE STEAMED CABBAGE FRESH BROCCOLI CARROT STICKS RANCH DRESSING SALSA CORNBREAD FRESH FRUIT MILK, CHOICE	Feb - 7 CF STEAK STEAK FINGERS MASHED POTATOES CREAM GRAVY GREEN BEANS GOLDEN WHEAT ROLLS TOSSED SALAD CARROT STICKS FRESH BROCCOLI SLICED CUCUMBERS RANCH DRESSING FRESH FRUIT APPLE JUICE MILK, CHOICE	Feb - 8 HOMESTYLE HAMBURGER WG FISH FRIES CORNBREAD CHICKEN PATTIE SANDWICH FRENCH FRIES LETTUCE,TOMATO TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING TARTAR SAUCE FRESH FRUIT MILK, CHOICE
Feb - 11 CHICKEN PATTIE SANDWICH HAM & CHEESE CROISSANT WG BOSCO STICK BAKED BEANS FRENCH FRIES TOSSED SALAD PICKLED CUCUMBERS CARROT STICKS FRESH BROCCOLI RANCH DRESSING MARINARA SAUCE ORANGES MILK, CHOICE	Feb - 12 CHICKEN POT PIE MEATLOAF MASHED POTATOES CREAM GRAVY STEAMED BROCCOLI CALIFORNIA BLEND TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING FRESH FRUIT GOLDEN WHEAT ROLLS MILK, CHOICE	Feb - 13 WG FISH FRIES MINI CORNDOGS MACARONI & CHEESE PINTO BEANS TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING TARTAR SAUCE COLE SLAW CORNBREAD FRESH FRUIT MILK, CHOICE	Feb - 14 BEEFY NACHOS TACO, SOFT TACOS PINTO BEANS SPANISH RICE CORNBREAD TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING SALSA APPLE JUICE FRESH FRUIT MILK, CHOICE	Feb - 15 HOMESTYLE HAMBURGER WG FISH FRIES CORNBREAD CHICKEN PATTIE SANDWICH FRENCH FRIES LETTUCE,TOMATO TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING TARTAR SAUCE FRESH FRUIT MILK, CHOICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 18 HOLIDAY	Feb - 19 HOMESTYLE HAMBURGER CHICKEN FRIED STEAK FRENCH FRIES LETTUCE, TOMATO TOSSED SALAD SLICED CUCUMBERS FRESH BROCCOLI RANCH DRESSING CARROT STICKS FRESH FRUIT APPLE JUICE CHOC CHIP BROWNIE MILK, CHOICE	Feb - 20 TACO SALAD TACOS TACO, SOFT STEAMED CABBAGE PINTO BEANS SALSA TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING CORNBREAD FRESH FRUIT MILK, CHOICE	Feb - 21 CHICKEN STEW CHILI CRACKERS GRILLED CHEESE SANDWICH PB & JELLY WG SANDWICH TOSSED SALAD CARROT STICKS FRESH BROCCOLI RANCH DRESSING APPLE JUICE FRESH FRUIT MILK, CHOICE	Feb - 22 HOMESTYLE HAMBURGER WG FISH FRIES CORNBREAD CHICKEN PATTIE SANDWICH FRENCH FRIES LETTUCE, TOMATO TOSSED SALAD FRESH BROCCOLI CARROT STICKS RANCH DRESSING TARTAR SAUCE FRESH FRUIT MILK, CHOICE
Feb - 25 HOT DOG / WG BUN CHILI DOG HOMESTYLE HAMBURGER BAKED BEANS PASTA SALAD TOSSED SALAD CARROT STICKS FRESH BROCCOLI RANCH DRESSING FRESH FRUIT TOSTITO CHIPS MILK, CHOICE	Feb - 26 CF STEAK STEAK FINGERS MASHED POTATOES CREAM GRAVY ITALIAN STIR FRY GOLDEN WHEAT ROLLS TOSSED SALAD CARROT STICKS FRESH BROCCOLI RANCH DRESSING FRESH FRUIT MILK, CHOICE	Feb - 27 LEMONGRASS CHICKEN VEGETABLE EGG ROLL CHICKEN ALFREDO SWEET AND SOUR SAUCE STIR-FRY RICE BROWN ITALIAN STIR FRY TOSSED SALAD FRESH BROCCOLI CARROT STICKS SLICED CUCUMBERS RANCH DRESSING FRESH FRUIT APPLE JUICE MILK, CHOICE	Feb - 28 CHICKEN CURRY CASSEROLE CORN ON THE COB STEAMED BROCCOLI TOSSED SALAD CARROT STICKS FRESH BROCCOLI RANCH DRESSING GARLIC TOAST FRESH FRUIT APPLE JUICE MILK, CHOICE	

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