

Pewitt CISD

PEWITT JUNIOR HIGH BREAKFAST

Jan 23, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 BISCUIT, WG SAUSAGE PATTY CREAM GRAVY CEREAL CHOICE WG TOAST/JELLY WG STRAWBERRY POP TART WG PIG-N-FLAPJACK SYRUP PEACHES APPLE JUICE MILK, CHOICE
Feb - 4 WG STRAWBERRY POP TART CEREAL CHOICE WG TOAST JELLIES WG CHOC CHIP MUFFIN WG PIG-N-FLAPJACK SYRUP APPLESAUCE APPLE JUICE MILK, CHOICE	Feb - 5 CINNAMON ROLL, WG WG CHEESE TOAST CEREAL CHOICE YOGURT WG TOAST WG CHOC CHIP MUFFIN APPLESAUCE APPLE JUICE MILK, CHOICE	Feb - 6 WG PIG-N-FLAPJACK SYRUP CEREAL CHOICE WG TOAST BISCUIT, WG SAUSAGE PATTY JELLIES WG CHOC CHIP MUFFIN APPLESAUCE APPLE JUICE MILK, CHOICE	Feb - 7 CEREAL CHOICE OATMEAL EGGSTRAVAGANZA JELLIES SYRUP WG TOAST WG CHOC CHIP MUFFIN WG PIG-N-FLAPJACK JUICE APPLESAUCE MILK, CHOICE	Feb - 8 BISCUIT, WG SAUSAGE PATTY CREAM GRAVY CEREAL CHOICE WG TOAST/JELLY WG STRAWBERRY POP TART WG PIG-N-FLAPJACK SYRUP PEACHES APPLE JUICE MILK, CHOICE
Feb - 11 WG CHOC CHIP MUFFIN WG BLUEBERRY MUFFIN CEREAL CHOICE WG TOAST JELLIES WG STRAWBERRY POP TART APPLESAUCE ORANGE JUICE MILK, CHOICE	Feb - 12 CINNAMON ROLL, WG CEREAL CHOICE WG TOAST YOGURT WG CHEESE TOAST WG PIG-N-FLAPJACK WG CHOC CHIP MUFFIN APPLESAUCE JUICE MILK, CHOICE	Feb - 13 WG FRENCH TOAST STICKS WG PIG-N-FLAPJACK CEREAL CHOICE WG TOAST BISCUIT, WG SAUSAGE PATTY WG STRAWBERRY POP TART SYRUP APPLESAUCE APPLE JUICE MILK, CHOICE	Feb - 14 CEREAL CHOICE OATMEAL EGGSTRAVAGANZA JELLIES SYRUP WG TOAST WG CHOC CHIP MUFFIN WG PIG-N-FLAPJACK JUICE APPLESAUCE MILK, CHOICE	Feb - 15 BISCUIT, WG SAUSAGE PATTY CREAM GRAVY CEREAL CHOICE WG TOAST/JELLY WG STRAWBERRY POP TART WG PIG-N-FLAPJACK SYRUP PEACHES APPLE JUICE MILK, CHOICE
Feb - 18 HOLIDAY	Feb - 19 CINNAMON ROLL, WG CEREAL CHOICE WG TOAST YOGURT WG CHEESE TOAST WG PIG-N-FLAPJACK WG CHOC CHIP MUFFIN APPLESAUCE JUICE MILK, CHOICE	Feb - 20 WG PIG-N-FLAPJACK SYRUP CEREAL CHOICE WG TOAST BISCUIT, WG SAUSAGE PATTY JELLIES WG CHOC CHIP MUFFIN APPLESAUCE APPLE JUICE MILK, CHOICE	Feb - 21 CEREAL CHOICE OATMEAL EGGSTRAVAGANZA JELLIES SYRUP WG TOAST WG CHOC CHIP MUFFIN WG PIG-N-FLAPJACK JUICE APPLESAUCE MILK, CHOICE	Feb - 22 BISCUIT, WG SAUSAGE PATTY CREAM GRAVY CEREAL CHOICE WG TOAST/JELLY WG STRAWBERRY POP TART WG PIG-N-FLAPJACK SYRUP PEACHES APPLE JUICE MILK, CHOICE

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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PEWITT JUNIOR HIGH BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 25 HAM & CHEESE CROISSANT CEREAL CHOICE WG TOAST BISCUIT, WG SAUSAGE PATTY WG STRAWBERRY POP TART WG PIG-N-FLAPJACK SYRUP APPLESAUCE MILK, CHOICE	Feb - 26 CINNAMON ROLL, WG CEREAL CHOICE WG TOAST YOGURT WG CHEESE TOAST WG PIG-N-FLAPJACK WG CHOC CHIP MUFFIN APPLESAUCE JUICE MILK, CHOICE	Feb - 27 CHOCOLATE CHIP PANCAKES PANCAKES WG PIG-N-FLAPJACK CEREAL CHOICE WG TOAST WG STRAWBERRY POP TART BISCUIT, WG SYRUP APPLESAUCE APPLE JUICE MILK, CHOICE	Feb - 28 CEREAL CHOICE OATMEAL EGGSTRAVAGANZA JELLIES SYRUP WG TOAST WG CHOC CHIP MUFFIN WG PIG-N-FLAPJACK JUICE APPLESAUCE MILK, CHOICE	

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