

# NOVEMBER 2018

# MADISON PARISH SCHOOL BOARD

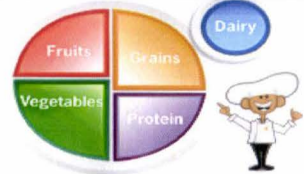




## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

| <b>Breakfast Choices Daily</b><br><br><b>Juice: Apple, Orange, Grape</b><br><b>Milk: Low Fat White, Fat Free</b><br><b>Chocolate or Fat Free</b><br><b>Strawberry</b><br><b>Fresh Fruit Choice</b> | <b>Lunch Choices Daily</b><br><br><b>Milk: Low Fat White, Fat Free</b><br><b>Chocolate or Fat Free Strawberry</b><br><br><b>MENU IS SUBJECT TO CHANGE</b>                         | <br><b>BUILD A HEALTHY PLATE</b>  | <b>1</b> Sausage Biscuits & Grits<br>Healthy Cereal Choice<br><br>Spicy Chicken Gumbo<br>Steamed Brown Rice<br>Romaine Salad w/Carrots<br>Wheat Crackers<br>Sliced Peaches                                   | <b>2</b> Cinnamon Rolls<br>Banana Slices in Orange Juice<br>Healthy Cereal Choice<br><br>Italian Spaghetti & Meat sauce<br>Seasoned Green Peas<br>Garden Salad & Bread Sticks<br>Chilled Applesauce  |
|--|---|---|--|--|
| <b>5</b> Pork Sausage Patty<br>Buttermilk Biscuit / Jelly<br><br>Pepperoni Pizza<br>Romaine Salad w/Dressing<br>Corn on Cob<br>Fruit Cocktail  | <b>6</b><br><br><b>Election Day</b>   | <b>7</b> Breakfast Burrito<br>Healthy Cereal Choice<br><br>Oven Roasted Chicken<br>Scalloped Potatoes<br>Peas & Carrots<br>Homemade Roll<br>Orange Wedges | <b>8</b> Buttermilk Pancakes & Syrup<br>Link Sausage<br><br>Beef Tacos with<br>Shredded Cheese<br>Taco Salad Cup<br>Mexicali Corn<br>Fresh Apple   | <b>9</b> Breakfast Pizza<br>Healthy Cereal Choice<br><br>Pork Roast<br>Sweet Potatoes<br>Garden Salad w/dressing<br>Combread Squares<br>Chilled Pears  |
| <b>12</b> Sausage Links & Hot Grits<br>Buttermilk Biscuits<br><br>Savory Meat Loaf<br>Mashed Potatoes<br>Lima Beans<br>Homemade Rolls<br>Fruit Cocktail  | <b>13</b> Warm Honey Buns<br>Healthy Cereal Choice<br><br>Chicken Nuggets<br>Steamed Corn<br>Garden Salad w/dressing<br>Homemade Roll<br>Orange Wedges                            | <b>14</b><br><br><b>Manager's Choice</b>  | <b>15</b> Healthy Cereal Choice<br>Muffin Choice w/ Cream Cheese<br><br>Roast Turkey & Dressing<br>Seasoned Green Beans<br>Cranberry Sauce<br>Homemade Roll<br>Tropical Fruit Salad<br>Homemade Sugar Cookie | <b>16</b> Oatmeal & Sausage Patty<br>Whole Wheat Toast<br>Healthy Cereal Choice<br><br>Hot Ham & Cheese Po Boy<br>Crunchy Corn Chips<br>Carrot Sticks & Ranch Dip<br>Fresh Fruit                     |
| <b>19</b><br><br>  | <b>20</b><br><br><b>THANKSGIVING HOLIDAYS</b>   | <b>21</b><br><br>   | <b>22</b><br><br><br>Happy Thanksgiving  | <b>23</b><br><br>   |
| <b>26</b> Healthy Cereal Choice<br>Blueberry Muffins<br><br>Red Beans & Smoked Sausage<br>Steamed Rice<br>Mustard Greens<br>Country Cornbread<br>Peach Slices                                      | <b>27</b> Breakfast Pizza<br>Healthy Cereal Choice<br><br>Hamburger Patty on Bun<br>Lettuce, Tomato & Pickles<br>Mayo, Mustard, Ketchup<br>Baked Vegetarian Beans<br>Fruit Choice | <b>28</b> Crispy Cheese Toast<br>Healthy Cereal Choice<br><br>Chicken Strips<br>Macaroni & Cheese<br>Green Beans<br>Homemade Roll<br>Mixed Fruit          | <b>29</b> Sausage Patty & Grits<br>Hot Biscuit / Jelly<br><br>Crispy Corn Dog<br>Catsup, Mustard<br>Baked Potato Wedges<br>Coleslaw w/Shredded Carrots<br>Fresh Fruit Choice                                 | <b>30</b> Cinnamon Rolls<br>Banana Slices in Orange Juice<br>Healthy Cereal Choice<br><br>Italian Spaghetti & Meat sauce<br>Seasoned Green Peas<br>Garden Salad & Bread Sticks<br>Chilled Applesauce |

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