

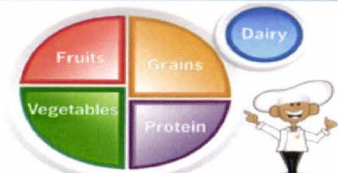
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast & Lunch Menu BREAKFAST CHOICES DAILY: Juice: Apple, Orange, Grape Fresh Fruit Choice Milk: Low Fat White, Fat Free Chocolate or Fat Free Strawberry	LUNCH CHOICES DAILY: Milk: Low Fat White, Fat Free Chocolate or Fat Free Strawberry Green Salad Choice	EAT HEALTHY	BUILD A PLATE THAT INCLUDES FRUITS, GRAINS, VEGETABLES, PROTEIN AND DAIRY EXERCISE DAILY	
7 Manager's Choice	8 Manager's Choice	9 Sausage Pancake on Stick Healthy Cereal Choice Savory Pork Roast Broccoli Rice Casserole Green Beans Orange Wedges Yeast Rolls	10 Pork Sausage Pattie Buttermilk Biscuits Corn Dogs on Stick Mustard and Ketchup Potato Wedges Raisin Cole Slaw Fresh Apple Slices	11 Cinnamon Rolls Creamy Oatmeal Ham & Cheese Po Boy Oven Fried Potatoes Green Salad Cup Dill Pickle Slices Fresh Fruit
14 Blueberry Muffin or Fruit Tart Banana Slices with Orange Juice Healthy Cereal Choice Hamburger Steak Macaroni & Cheese Field Peas & Snaps Yeast Rolls Fresh Fruit	15 French Toast & Maple Syrup Smoked Sausage Link Healthy Cereal Choice Italian Spaghetti Romaine Salad w/Dressing Green Peas & Onions Garlic Bread Sticks Chilled Peach Slices	16 Breakfast Pizza Crunchy Cereal Bars Healthy Cereal Choice Oven Baked Chicken Rice & gravy Broccoli with cheese sauce Yeast Rolls Fresh Red Apple	17 Hot Cheese Grits Buttermilk Biscuits Healthy Cereal Choice Savory Meat Loaf Mashed Potatoes Lima Beans Yeast Rolls Chilled Fruit Cup	18 Sausage Pattie Buttermilk Biscuit Healthy Cereal Choice Crispy Chicken Strips Turnip Greens Sweet Potatoes Country Cornbread Fruit Cocktail
21 Holiday Martin Luther King Day	22 Baked Ham Slice Hot Biscuit & Jelly Healthy Cereal Choice Smoked Sausage Red Beans & Rice Mustard Greens Coleslaw Southern Cornbread Fruit Cocktail	23 Cinnamon Rolls Healthy Cereal Choice Broiled Weiner on Bun Shredded Cheese Boston Baked Beans Fresh Carrot Sticks with Dip Fresh Fruit Choice	24 Buttermilk Pancakes & Syrup Pork Sausage Pattie Healthy Cereal Choice BBQ Chicken Scalloped Potatoes Green Beans Sliced Peaches Homemade Roll	25 Manager's Choice
28 Breakfast Chicken Pattie Biscuit & White Gravy Glazed Ham Lima Beans Sweet Potatoes Mixed Fruit Cocktail Country Cornbread	29 Manager's Choice	30 Cheese Toast Healthy Cereal Choice Salisbury Steak Creamy Mashed Potatoes Green Peas & Carrots Homemade Roll Orange Wedges	31 Pancakes on a Stick & Syrup Healthy Cereal Choice Grilled Cheeseburger on Sandwich Bun Lettuce, tomato & pickles Baked Fries Sliced Peaches	

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