



CLINTON PUBLIC SCHOOLS

FITNESS CENTER RULES AND REGULATIONS

Please observe the following policies and procedures to maximize your enjoyment and personal safety while using the Fitness Center:

- The Fitness Center is for use by Clinton School District staff, retired Clinton School District staff, and school board members.
- For health and safety reasons, no one under the age of 18 is permitted in the Fitness Center.
- Use of Fitness Center facilities is at your own risk. No attendants or supervision of any kind will be provided.
- Use of equipment is on a first come – first served basis; please be considerate and limit your time on the equipment.
- Please notify Shelly Hink @ hinks@clintonsd.org immediately of any equipment problems and do not use any equipment that is not working properly.
- Before beginning any exercise program, it is recommended that you consult with a physician. Use of equipment is at your own risk and the Clinton School District is not responsible for accident or injuries related in any manner to the use of the facilities.
- Failure to comply with these rules and regulations could cause the Fitness Center privileges to be revoked and future access denied.

By my signature below, I certify that I have read the above rules and that I fully understand them. I agree to follow the Fitness Center Rules and Regulations.

SIGNATURE

Date: _____

PRINTED NAME: _____

This form must be signed and returned to Technology Dept. in Admin. Building prior to the issuance of magnetic key card.