

Clinton School Wellness Meeting



Every day, 95% of school-aged kids and teens attend school. Aside from home, it's the place where kids spend most of their time. This gives schools a great opportunity to create a learning environment for your child to practice healthy behaviors.

The Clinton School District has a School Wellness Committee that acts as an advisory group concerned with the health and well-being of students and staff. They develop practical, simple ways to address various school components related to wellness. One way of doing this is by assessing the current school health environment programs, and policies in place, while identifying ways to strengthen these areas.

Responsibilities of the School Wellness Committee:

- Support the school in developing a healthier school environment
- Create the vision and goals for the local Healthy Schools Program (Alliance for a Healthier Generation)
- Assist with policy development or revision to support a healthy school environment
- Promote parent, community, and professional involvement in developing a healthier school environment
- Advocate for school health programs and policies within the broader school community
- Tap into funding and leverage resources for student and staff wellness
- Plan and implement programs for students and staff
- Evaluate program and policy efforts
- Provide feedback to the district regularly regarding progress on the implementation of the local wellness policy

If you are interested in becoming a member of our School Wellness Committee, join us for the first meeting on **October 18, 2018** at the **PD room** in the Administration Building at **9:30 a.m.** We anticipate holding meetings four 4 times during the school year. If you have any questions, or want to know more about what sort of responsibilities you would have as a member, please contact Glenda Stagg or Shelly Hink at 501.745.6000