

BLANCO COALITION ON AWARENESS, PREVENTION, AND TREATMENT OF SUBSTANCE ABUSE

CoAPT MEETING/Quarterly SHAC Meeting
Blanco High School Library
September 16, 2022
10:00-11:00

MISSION STATEMENT

The Blanco CoAPT's mission is to work together as a community to reduce and prevent youth alcohol, tobacco, and substance use and promote community level change.

VISION STATEMENT

Blanco CoAPT's vision is to keep Blanco youth healthy and drug/alcohol free.

Agenda

1. Welcome/Introductions
-Meeting began at 10:00.
2. Updates from NCA Training and Upcoming Events
-*Amber Corder and Patricia Mangold attended the National Coalition Academy final week of training this week. The training was focused on sustainability. We are going to form a subcommittee that focusses on sustainability so that we are able to continue our efforts after the grant has ended.*
3. Red Ribbon Week Planning
-*We are planning on having the helicopter from DEA and Army National Guard Counterdrug Taskforce to come to the elementary school again this year for Red Ribbon Week. We will plan different events on every campus this year and will send out information on volunteer opportunities.*

-*CoAPT continues to have the concession stand sticker shock to provide some awareness and education to parents. We have already seen an increase in larger parties happening on the weekends. We are going to have upcoming subcommittee meetings to work on strategic plan to reduce youth substance use in regards to e-cigarettes and alcohol. We are continuing to work with our ESL population to get community resources to the families who need them. We will continue to grow this relationship and work on increasing community partnerships.*
4. Transition on SHAC Meeting

SHAC Meeting Agenda

1. SHAC Overview and Responsibilities

-Required to meet 4 times a year to make recommendations to the BISD School board on the following:

- Health-related curriculum - review and make recommendations to the BISD school board*
- Nursing topics - shot clinics, screenings, Narcan*
- Guest speakers - Gretchen Sanders - AgriLife, Erica Melton - Play it Safe*
- Nutrition - coordinate with cafeteria to provide healthy foods for students - Lisa Horton*
- Physical education - work with coaches to ensure kids have adequate physical education*
- Employee wellness - worksite wellness programs similar to program Mr. Rosenbaum coordinated last school year.*

2. SHAC Members and Representation

- The group discussed reasons that we combined the SHAC committee and CoAPT. Both groups have a common goal to work on keeping our youth healthy. We also have requirements for brother groups to have a diverse group on individuals who are part of the committee including, but not limited to: school administration, businesses, parents, students, law enforcement, healthcare professionals, church representation, social services agencies, media, and other youth serving organizations.*
- SHAC will also need home leadership representation and they need to be a majority of parents. Some of the officer positions will be Chair, Co-Chair, Secretary, Chair-Elect, and Co-Chair Elect. We passed around a sign-up sheet for those who are interested in one of these positions. We will continue to form these groups and develop bi-laws for the SHAC committee.*

3. SHAC District Policy

- We reviewed the district policy on the SHAC committee. This included the regulations for recording meetings, the number of officers on the committee, and the topics that need to be addressed.*

4. SHAC recommendation for Human Sexuality Curriculum

- SHAC members agreed on continuing to use Worth the Wait: Wellness and Sexual Health curriculum.*
- Held 2 public curriculum previews for parents, a third will be on Sep 19, 2022 at 6pm in the library at BHS.*
- Informational presentation to the BISD directly following the curriculum preview, 7pm.*
- BISD board with vote on curriculum at October board meeting.*

5. Presentation on Play it Safe Program

- Erica Melton from Hill Country Children's Advocacy Center came to present on the curriculum Play it Safe. This curriculum talks about child abuse awareness and prevention. This can be taught from Pre-K through 12th grade with different age appropriate lessons for each grade level. She gave background information about the Adverse Childhood Experiences (ACE's) can affect kids all the way into adulthood. Many of these have to do with some form of abuse as a child. She discussed the importance of our children being educated on these issues so that they are able to say no and advocate for themselves. The goal is protect children from abuse and hopefully prevent any future abuse. A preview of the curriculum was given to the group and there was opportunity for questions. This will be on the list to move to the board for approval over the next couple of months. There will be an opportunity to have parent preview sessions and questions and answer sessions.*

6. Nurse's Updates
 - *COVID and flu cases must be reported to the state health department on a weekly basis. If you hear of a case of COVID or flu please contact Nurse Johnson.*
 - *Adhering to CDC recommendations for COVID, may return to school after 5 days following positive test or when symptoms began, call Nurse Johnson if unsure.*
 - *Now have Narcan for drug overdose at Blanco Middle School and Blanco High School.*
7. Dates for SHAC meetings throughout the year
 - *December 16, 2022 at 10:00 am at the High School Library.*
 - *February 17, 2023 at 10:00 am at the High School Library.*
 - *May 19, 2023 at 10:00 am at the High School Library.*
8. Meeting Adjourned: *11:00 am*