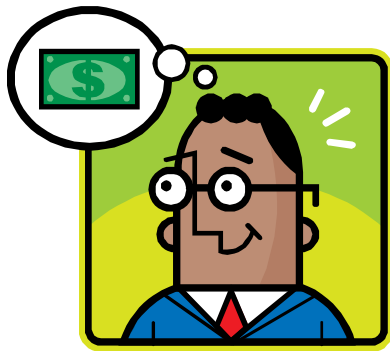




La Joya High School Senior Newsletter

Volume 9, Issue 5

January 2019

IMPORTANT DATES:

JANUARY : Senior Credit Checks/CCMR Check
JANUARY: FAFSA/TASFA/TSI/Scholarships
FEBRUARY: CREDIT BY
FEBRUARY 9: ACT TEST
FEBRUARY 22: INSERVICE
MARCH 9: SAT TEST
MARCH 22: JOSTENS DELIVERY OF CAP AND GOWN
GRADUATION: MAY 28

How do you apply for federal student aid?

1. Complete the Free Application for Federal Student Aid (FAFSA).

www.fafsa.ed.gov

2. Review your Student Aid Report (SAR)

Review your SAR and make any corrections or changes, if necessary.

3. Contact the school(s) you might attend.

Each school will send you an award letter showing the amount and type of aid the school will offer. Compare and accept the school that you choose to enroll.

WHAT IS FINANCIAL AID?

Financial Aid consists of grants, loans, employment opportunities (work-study) and scholarships to help students finance college. To be considered, students must apply every year so that their prospective school can determine their eligibility. Financial Aid resources are intended to supplement, not replace, the financial resources of the family. There are two Financial Aid categories: Need-based and Merit-based. Need-based aid is awarded to students who demonstrate financial eligibility. Eligibility for Need-based aid is established by meeting specific criteria and the amounts awarded are based upon the difference between the Cost of Attendance (COA-student budget) and the family's ability to pay (Expected Family Contribution-EFC). Within the category of Need-based assistance, there are three types of financial aid: grants (free money), work-study (money must be earned), and loans (money must be repaid). Merit-based is generally given to students in recognition of special skills, talents, and/or education. Eligibility for scholarships (Merit-based) is determined by the donor and therefore, varies widely. Scholarships are obtained from two main sources: postsecondary institutions and private sources.



MUST BE CCMR Ready

College, Career, or Military Ready

College: 9Hrs of DE, Pass AP Exam, ACT, SAT, or TSI Scores must meet standard criteria

Career: CTE Course of Sequence and earn an approved Industrial Certification

Military: Enlist in one of the US Armed Forces

Who gets federal student aid?

Most basic eligibility requirements are that you must:

- *demonstrate financial need
- *be a US citizen or an eligible noncitizen
- *have a valid Social Security number
- ***register with Selective Service (male)**
- *maintain satisfactory academic progress in postsecondary school, and
- *show you're qualified to obtain a postsecondary education

Financial Aid for Non-Citizens who are Texas Residents

All students, regardless of their citizenship, will be eligible for Texas Application for State Financial Aid.

*lived in Texas the 36 months before graduation.

*Complete an affidavit indicating their intent to apply for Permanent Resident

*Submit paper TASFA /FAFSA to the institution for processing.

Attendance
is
Important!

Final Ranking - April

Review your transcript and make sure all courses are posted correctly. See your counselor if you have any questions.

SEVEN HABITS OF HIGHLY RESPONSIBLE STUDENTS

- * SET GOALS
- * PLAN YOUR TIME
- * STUDY EVERY DAY
- * TAKE NOTES
- * HAVE THE TOOLS NEEDED
- * KEEP COMMITMENTS
- * GET READY AHEAD OF TIME



Financial Aid Process, Award Letter Notification and Award Package Information coming SOON!



Stress Management

Ten (Foolproof) Ways to Deal with Stress

1. *Exercise daily (15-20 minutes)*
2. *Learn to relax. Practice daily in peaceful, quiet setting. Let go of the negatives.*
3. *Talk it over. Share your problems with a friend, relative or mental health professional.*
4. *Set life goals. Are you living in the fast lane? Find out what is really important to you, then weed out frantic activities which don't really further your own values.*
5. *Plan your time. Be realistic-don't try to do too much.*
6. *Talk to yourself about success. Be generous in self praise. Refuse to think about what you can't change, now or in the past.*
7. *Interact with positive people in a positive way.*
8. *Avoid too many big changes at one time.*
9. *Get plenty of sleep and eat right.*
10. *Pamper yourself....YOU'RE THE BEST!!!!*



SENIORS MUST DO LIST

- APPLY TEXAS
- TSI: COLLEGE READINESS
- FAFSA

positive thoughts
generate
positive feelings
and attract
positive life
experiences