The Great Kindness Challenge
SCHOOL EDITION

The Challenges

☐ Smile at 25 People
☐ Slip a Nice Note in Your Friend's Backpack
☐ Compliment 5 People
☐ Pick Up 10 Pieces of Trash on Campus
☐ Make a New Friend
☐ Tell a Joke and Make Someone Laugh
☐ Be Kind to Yourself and Eat a Healthy Snack
☐ Learn Something New about Your Teacher
☐ Draw a Picture and Give It to Someone
☐ Help a Younger Student or Sibling
☐ Give a KIND Handshake to Greet a Classmate
☐ Recycle Your Trash
☐ High Five Your Friend
☐ Pick Up Trash Outside Your School
☐ Cut Out 10 Hearts & Give Them to Friends
☐ Entertain Someone with a Happy Dance
☐ Make a Kind Poster for Cafeteria Helpers
☐ Show Appreciation to a Counselor or Mentor
☐ Say "Good Morning" to 15 People
☐ Design a Thank You Card for your Assistant Principal
☐ Make a Wish for a Child in another Country
☐ Say "Thank You" to a Security Guard or Police Officer
☐ Invite a New Friend to Play/Hang Out with You
☐ Send a Thank You to Your Superintendent
☐ Offer to Help Your Custodian
☐ Sit with a New Group of Kids in class or in the gym
☐ Read a Book to a Younger Child
☐ Give an Apple or a Note to Your Teacher
☐ Step Up for Someone in Need
☐ Make and Display a "Kindness Matters" Sign
☐ Carry Your Friend's Books
☐ Help Your PE Teacher with Equipment
☐ Make a Bookmark for a Friend
☐ Hold the Door Open for Someone
☐ Pat Yourself on the Back
☐ Thank a Bus Driver
☐ Write a Thank You on a Band-Aid for the Nurse
☐ Listen to Your Teacher the First Time
☐ Whisper Thank You to the Librarian
☐ Help Someone Up If They Fall Down
☐ Lend a Pencil to a Friend
☐ Learn to Say "Hello" in a New Language
☐ Bring a Flower to the Office Staff
☐ Show Appreciation to Your Principal Creatively
☐ Help Your Teacher with a Needed Task
☐ Be on Time for School
☐ Say "Thank You" to a Volunteer
☐ Give Your Friend a High Five
☐ Make a Friendship Gift for Someone New to You
☐ Create Your Own Kind Deed

A Kids for Peace Experience
KidsforPeaceGlobal.org
GreatKindnessChallenge.org

(Your Name Here)