

School Health Advisory Council Meeting Minutes

November 07, 2022, 6:00 pm

1. Welcome Overview of SHAC Purpose

Jennifer Christian

Jennifer Christian conducted the welcome, introduction, and overview of SHAC Purpose for the scheduled November 7th, 2022 SHAC meeting. In attendance were: Jennifer Christian, Kristin Thompson, Dena McCord, Victoria Shirley, Layla Tyson, Crimson Tyson, Alicia Harrison, Latonia Garner, Jennifer Billingsley, and John Ferguson.

2. Approval of September 29th , 2022 Minutes

Kristin Thompson

Kristin Thompson requested SHAC members review the minutes of the September meeting. Motion to approve the minutes was heard from Dena McCord and a second from Crimson Tyson. The minutes were approved by acclamation.

3. "Making Healthy Choices"

John Ferguson, Extension Agent-CEP 4-H &YD

Mr. Ferguson is an Extension Agent with CEP that works with our 4-H youth development. The 4-H club focuses on "Head, Hands, Heart, and Health." Ferguson brought an interactive presentation about healthy choices focusing on prioritizing drinking water. SHAC members were given the chance to answer questions about health and win prizes throughout the lesson. Cornell University is in charge of this program that produced the presentation Choose Health: Food, Fun, and Fitness. Ferguson also reviewed different ways that the 4-H club is interacting with students in our district!

4. SHAC Discussion- Open Forum

Kristin Thompson

Katie Martin with TxDot will be a speaker at our next meeting in regards to traffic safety.

Dena McCord mentioned that our school website has some resources for internet safety that stakeholders might be interested in hearing more about in the future.

5. Discussion of Next Meeting Date

Jennifer Christian

The next meeting will be scheduled for Monday, January 23rd at 6:00 p.m.

7. Adjourn

Kristin Thompson

Motion to adjourn was heard from Victoria Shirley and a second from Latonia Garner.

Contact Kristin Thompson or Jennifer Christian if you have any ideas or information you would like discussed in future meetings.

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