

KANSAS PUBLIC SCHOOLS

HEALTH AWARENESS

ASSESSMENT 'POST-BMI' RESULTS

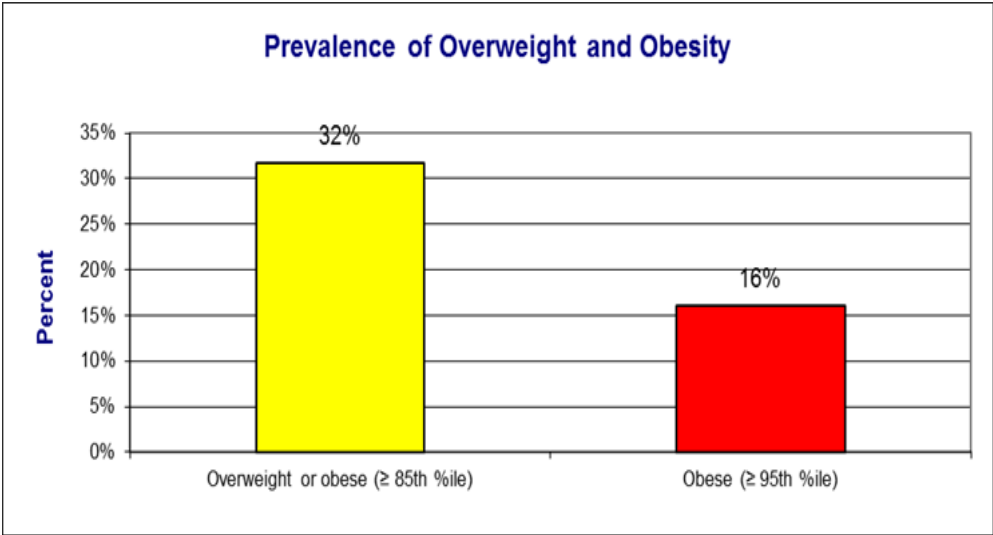
SPRING 2016

Summary of Children's BMI-for-Age

	Boys	Girls	Total
Number of children assessed:	107	79	186
Underweight (< 5th %ile)	4%	3%	3%
Normal BMI (5th - 85th %ile)	60%	72%	65%
Overweight or obese (≥ 85th %ile)*	36%	25%	32%
<i>Obese (≥ 95th %ile)</i>	21%	9%	16%

3rd-5th Grade Results

*Terminology based on: Barlow SE and the Expert Committee. Expert committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity: summary report. Pediatrics. 2007;120 (suppl 4):s164-92.



Kansas Public Schools' Parents & Families,

The following information is being shared in an effort to continue supporting our efforts in maintaining a proactive approach to developing a 'healthy and physically fit lifestyle'. Healthy students are able to academically, mentally, and social achieve success.

Healthy Fit Committee Members
Wellness Review Policy Committee Members

Thank you

Cherokee Nation Healthy Grant, DCCP , Pigeon Farms, Northeast Ok. Community Action Agency, Inc. , and Northeast Technology Center

