

# KANSAS PUBLIC SCHOOLS 2014-2015

## HEALTH AWARENESS

### ASSESSMENT 'POST-BMI' RESULTS

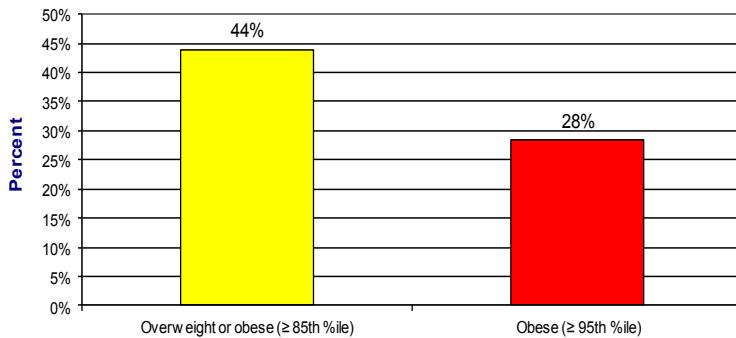
#### Summary of Children's BMI-for-Age

|                                    | Boys | Girls | Total |
|------------------------------------|------|-------|-------|
| Number of children assessed:       | 210  | 157   | 367   |
| Underweight (< 5th %ile)           | 1%   | 3%    | 2%    |
| Normal BMI (5th - 85th %ile)       | 54%  | 54%   | 54%   |
| Overweight or obese (≥ 85th %ile)* | 44%  | 43%   | 44%   |
| Obese (≥ 95th %ile)                | 28%  | 29%   | 28%   |

\*Terminology based on: Barlow SE and the Expert Committee. Expert committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity: summary report. Pediatrics. 2007;120 (suppl 4):s164-92.



Prevalence of Overweight and Obesity



Kansas Public Schools Parents & Families,

The following information is being shared in an effort to continue supporting our efforts in maintaining a proactive approach to developing a 'healthy and physically fit lifestyle'. Healthy students are able to academically, mentally, and social achieve success.

Healthy Fit Committee Members

Wellness Review Policy Committee Members

Thank you Cherokee Nation Healthy Grant!

KPS utilized your funding to replace our playground equipment, provided new physical education equipment, and access to new health awareness activities supporting Child Nutrition healthy eating habits and increasing physical activity to decrease Type II Diabetes/Obesity.

Prevalence of Overweight and Obesity, by Sex

