

Athletic Philosophy and Policy of Mexia I.S.D

The basic philosophy of our coaching staff is to encourage the development of our youth into productive citizens and to develop their abilities and attitudes for further learning and success in life. We believe that athletics is a vital part of the education process. Athletics is an extension of the classroom and help to develop our youth both physically and mentally. We believe that having a healthy body will enhance intellectual, emotional, and social development leading to a well-rounded education.

We encourage student participation and would like to involve as many students as possible in a competitive, interscholastic experience. All team members will be afforded opportunities to develop their work ethic, sense of commitment and moral character, and social and athletic skills.

Finally we want our students to understand that they are representatives of our community. How they conduct themselves will reflect onto our community and its beliefs. We want our athletes to have a feeling of pride and commitment to the community whether they are wearing a Mexia Blackcat uniform or spending time within their neighborhood.

Points of Emphasis:

1. Athletics is one phase of the total educational program-the athletes are students first.
2. Success depends on cooperation and support from everyone in the school and community. We encourage multi-program participants.
3. Professional ethics should prevail among the coaching staff and athletic department in general, including our athletes.
4. Sportsmanship is expected from everyone associated with Mexia Athletics-athletes, coaches, parents, spectators etc.
5. The safety of the athletes is first and foremost.
6. The goal is to win, but in the correct way. We will never sacrifice character for winning.
7. Recognition of our athletes should be on-going and promoted through as many channels as possible.
8. We are representatives of the Mexia I.S.D and the community and we will always conduct ourselves accordingly.

General Code

1. No fighting.
2. Shirt tails must be inside pants with a belt anytime a team travels.
3. Hair will meet Mexia ISD policy.
4. No cursing

5. No jewelry in games.

6. Exhibit respect for all faculty, staff, and community members.

Discipline will be handled by the head coach for each sport.

Parent Meetings

We as a coaching staff are always interested in talking with the parents of our athletes. Parents should schedule a meeting with a coach during a school conference period. Coaches will not be able to discuss special interests after a game situation. This works out best for all who are involved. Please wait 48 hours after the game to contact the coach.

Alcohol and Tobacco

The use of alcohol and tobacco is strictly prohibited. We will follow school policy.

Illegal Substances/Felony Law Violations/Misdemeanor

If an athlete is charged with for a criminal act involving illegal substances or a felony, the athlete will follow school policy.

Quitting a Sport

If an athlete starts a sport and wishes not to continue participating within the first two practice weeks of that sport the athlete may discontinue participating once the athlete has a conference with the head coach of that sport. After the first two weeks of practice if the athlete wishes to discontinue participating they will forfeit the right to participate in any other sport until 20 miles have been completed. If an athlete leaves a practice or game field on their own accord this constitutes that the athlete no longer wishes to participate, therefore they will be required to complete 20 miles before they are eligible to participate.

Kick out of games

1st offence – Run 5 miles before you can play the next game

2nd offence- Run 5 miles before you can play the next game plus miss 1st half of the next game

3rd offence-out for rest of season.

Practice Policy

Missed practices are excused only by a doctor's note. All conditioning will be made up the day after the missed practice. A student who is at school and misses the after school workout without notifying the head coach of that sport will be considered unexcused.

All consequences must be completed before the athlete is eligible to participate in a game or match.

3 unexcused absences equal one game suspension

3 unexcused late equal's one unexcused absence

Allowed 6 excused absences or late calls before unexcused rules apply.

Only the head coach can excuse absences or tardies. If a student has absences they can be removed from the team.

Travel

It is a privilege to be able to travel with a team. All varsity players will ride with the team to and from all road games. Special circumstances that would apply: family emergencies.

Uniforms

All uniforms and equipment are property of Mexia I.S.D and the athletic department. All issued equipment will be returned on the first school day after a particular sports season ends.

Game Day Participation

A student athlete must be in school the equivalent of a half day to participate in that day's game. Special situations travel may be arranged.

Lettering

Each sport will develop specific criteria for earning a letter. Letter jackets may be issued in the sophomore year if earned. Once a letter jacket is provided to the athlete, that athlete must continue to participate in that sport. If participation does not continue then the jacket will be returned to the school or paid for by the athlete.

Classroom Behavior

As leaders of our school and community we must set the standard. Varying from this standard will not be tolerated. Each athlete will be held accountable for their classroom ethics. Any discipline problems in the educational setting could result in dismissal from athletics.