

JAN

MENU 2023

GEAR UP FOR GYM



ANNOUNCEMENTS:

- Jan 3 – Staff Development – No School for Students
- Jan 4 – Third Nine Weeks Begins
- Jan 9 – Law Enforcement Appreciation Day
- Jan 16 - School Holiday
- Jan 17 – School Board Meeting @ 6pm
- Jan 19 – Spring & Group Pictures

MONDAY

2ND

Winter Break



TUESDAY

3RD

No School for Students
Teacher Work Day



WEDNESDAY

4TH BREAKFAST BURRITO

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

THURSDAY

5TH DONUTS

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

FRIDAY

6TH CHICKEN-ON-A-BISCUIT

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

9TH FRUDEL

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

10TH CHICKEN-ON-A-BISCUIT

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

11TH EGG MCMUFFIN

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

12TH WAFFLES

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

13TH PIG-IN-A-BLANKET

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

16TH



17TH MUFFINS

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

18TH EGGS & TOAST

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

19TH PANCAKES

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

20TH HONEY BUN

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

23RD BREAKFAST PIZZA

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

24TH BREAKFAST TACOS

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

25TH SAUSAGE BISCUIT

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

26TH BREAKFAST-ON-A-STICK

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

27TH CINNAMON ROLLS

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

30TH DONUTS

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

31ST CHICKEN-ON-A-BISCUIT

WG Cereal – Crackers –
Variety of Fruit – 100%
Fruit Juice - Milk

WG = Whole Grain

Adult Breakfast Price: \$2.75

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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program



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