

## Boneless, Skinless Chicken Breast

**Ingredients:** Boneless Skinless Chicken Breasts with Rib Meat Containing up to 18% of a solution of Water, Salt and Sodium Phosphate.

<b>Nutritional Facts:</b>			
	Serving Size	4 ozs (112 g)	
	Servings p/container	Approximately 12	
<b>Amount per serving:</b>			
	Calories	120	
	Calories from Fat	30	
<b>Daily Value:</b>			
	Total Fat	3.5g	5%
	Saturated Fat	1g	5%
	Trans Fat	0g	
	Cholesterol	35mg	12%
	Sodium	330mg	14%
	Total Carbohydrates	0%	0%
	Dietary Fiber	0%	
	Sugars	0%	
	Protein	20g	
	Iron	4%	
	Calcium	0%	
	Vitamin A	0%	
	Vitamin C	0%	
<ul style="list-style-type: none"> <li>Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</li> </ul>			