



Monday

Tuesday

Wednesday

Thursday

Friday

2019

happy new year

4



**8**  
Cereal  
Goldfish Graham Cracker  
Fruit and Milk  
1oz cereal, 1pk cracker, ½ c fruit, 8oz milk

**9**  
Omelet  
Goldfish Graham Cracker  
Juice and Milk  
1 omelet, 1pk cracker, 4oz juice, 8oz milk

**10**  
Egg & Cheese Stick  
Goldfish Graham Cracker  
Fruit and Milk  
1 egg stick, 1pk crackers, ½ c fruit, 8oz milk

**11**  
Sausage Biscuit  
Juice and Milk  
1 sausage biscuit, 4oz juice, 8oz milk

**14**  
Cereal  
Goldfish Graham Cracker  
Juice and Milk  
1oz cereal, 1pk cracker, 4oz juice, 8oz milk

**15**  
Apple Cinnamon Muffin  
Fruit and Milk  
1 muffin, ½ c fruit, 8oz milk

**16**  
Breakfast Wrap  
Goldfish Graham Cracker  
Juice and Milk  
1 wrap, 1pk cracker, 4oz juice, 8oz milk

**17**  
Hash Brown  
Goldfish Graham Cracker  
Sausage Patty  
Fruit and Milk  
1 hash brown, 1pk cracker, 1 sausage, ½ c fruit, 8oz milk

**18**  
Egg & Cheese Biscuit  
Juice and Milk  
1 biscuit, 4oz juice, 8oz milk



**22**  
Cereal  
Goldfish Graham Cracker  
Fruit and Milk  
1oz cereal, 1pk cracker, ½ c fruit, 8oz milk

**23**  
Breakfast Combo Bar  
Goldfish Graham Cracker  
Juice and Milk  
1 combo bar, 1pk cracker, 4oz juice, 8oz milk

**24**  
Mini Blueberry Waffle  
Goldfish Graham Cracker  
Fruit and Milk  
1pk waffle, 1pk cracker, ½ c fruit, 8oz milk

**25**  
Grilled Cheese Sandwich  
Juice and Milk  
1 sandwich, 4oz juice, 8oz milk

**28**  
Cereal  
Goldfish Graham Cracker  
Juice and Milk  
1oz cereal, 1pk cracker, 4oz juice, 8oz milk

**29**  
French Toast Sticks  
Fruit and Milk  
3 sticks, ½ c fruit, 8oz milk

**30**  
Pancake Bites  
Juice and Milk  
6 bites, 4oz juice, 8oz milk

**31**  
Breakfast Pizza  
Fruit and Milk  
1 slice pizza, ½ c fruit, 8oz milk

