

Family Road Map Kindergarten

An overview of your child's academic, social and emotional growth, courtesy of Burlington Elementary School

Academic Top 5

Here are some of the things that students learn during the kindergarten year.

1. **Math:** Writing numbers 0-20, counting to 100 by 1s (1, 2, 3 ...) and by 10s (10, 20, 30), shapes, and fluent addition and subtraction with numbers 0-5.
2. **Reading:** Rhyming sounds, capital and lowercase letter recognition and letter sounds. Reading and writing simple consonant-vowel-consonant words (rug, dad, pot) and high frequency "sight" words. Story elements, such as author/illustrator, character and setting.
3. **Social Studies:** Being a good citizen and basic economics, such as understanding wants and needs.
4. **Science:** Growth cycle of a flower, weather graphs, force (push/pull).
5. **Handwriting:** Name, capital and lowercase letters, simple sentences and numbers.

Cool Things About Kindergarten

Kindergarten is a "BIG DEAL" It is a very special and unique milestone! Here are a few of the many things that make this age special . . .

- New and exciting experiences, including eating lunch at school, going to recess, checking out library books, and going to PE, music and computer lab.
- Kindergarten loves to celebrate fall by making applesauce every year. This gives us a chance to develop science, nutrition and social skills.
- The 100th day of school is a very big celebration. It helps with our number skills and also give social interactions with other children.
- Kansas Day is another special day in kindergarten. We bake different types of breads and make homemade butter to taste. This is always one of their favorite activities of the year!

Here are some the developmental skills and phases that are typical at this age:

- Students learn ways to understand and recognize their emotions, steps for solving problems and skills for working together
- Skills
 - Follows a two-step command/direction – follows classroom and school rules
 - Begins to share with others – separates from parent without being upset
 - Able to recognize authority
 - Understands actions have both cause & effect – begins to control oneself
 - Plays well with other
- Kindergarten is a time of great social interest. It is a wonderful opportunity for your child to practice and experience empathy skills through cooperation, guidance & caring.
- Kindergarten teachers strive to teach your child many different skills throughout the year to help them become lifelong learners.

Questions

If you have questions, or believe your child might benefit from more support in any area of learning and growth, here are some resources:

- Your student's teacher is a great first checkpoint if you have questions or concerns about academic progress or experiences at school.
- Our principal and/or counselor are two good resources if you have concerns or questions about your child beyond the classroom.
- If your child is struggling with social or emotional skills or having any stressful issues with family or friends, our school counselor is a very good resource for this.

Social Emotional Skills & Behavior