

The school health services program seeks to...

Promote the health of students through prevention, case finding, early intervention and remediation of specific health problems, provision of first aid and triage of illness and injuries, provision of direct services for disabled students and provision of health counseling and health instruction for faculty, staff and students.

### **Delegation of Nursing Tasks**

USD #244 shall provide limited nursing services to students when school is in session. In the absence of a registered nurse, tasks which can be performed properly and safely by an unlicensed person may be delegated to such. The registered nurse is responsible for all care delegated to an unlicensed person and will assure that such delegation of nursing tasks shall comply with K.A.R. 60-15-102.

### **Injury and Emergency Care**

USD#244 provides emergency care for injuries and/or illness occurring in the school, and provides information necessary for safe transfer to appropriate medical facility and/or parent or guardian for evaluations, diagnosis, treatments and continuing care. First aid may be administered to students only by those school employees qualified by training approved by the district and then only in case of emergency.

### **Communicable Disease Guidelines**

Any student noted by a physician or the school nurse as having a communicable disease may be required to withdraw from school for the duration of the illness. USD #244 health policy states that if a child has a temperature elevated to 100 degrees or greater, the child shall be excluded from school. According to the school health policy, the district refers to the Kansas Department of Health and Environment (KDHE) communicable disease guidelines to determine when a child may return to school. The board reserves the right to require a written statement from the student's physician indicating that the student is free from all symptoms of the disease. In regards to influenza like symptoms (ie fever, cough, sore throat, runny or stuffy nose, body aches, headaches, chills, fatigue and sometimes vomiting and diarrhea), KDHE follows the Centers for Disease Control (CDC) recommendations. CDC guidelines for parents are: **Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone (Fever should be gone without the use of a fever-reducing medicine).**

### **Medication Administration**

Diagnosis and treatment of illness and the prescribing of medication, including over-the-counter drugs, are not the responsibility of the school and should not be practiced by any school personnel, including school nurses without proper authorization. Proper authorization means a written prescription from a person licensed to practice medicine, surgery and dentistry, for the administration of all medication, including over-the-counter drugs. In certain circumstances when medication is necessary in order that the student remain in school, the school may cooperate with parents in the administration of medication. The registered nurse(s), will be responsible for the medication administration in the Burlington Schools. Administration may be delegated to other school personnel when following the guidelines of medical administration procedures and delegation of the nursing tasks to unlicensed school personnel. (Refer to K.A.R. 60-15-104)

USD#244 shall adhere to the following written procedures concerning medication administration to children by school personnel during school hours. Guidelines are as follows:

1. Written request from the physician or dentist should accompany all medication to be administered, including “over-the-counter drugs” such as aspirin, Tylenol, cough medicine, etc.
2. The physician’s request form (order) should be dated and should identify the medication dosage, reason for medication, time of day to be given, and anticipated number of days to be provided.
3. Written permission from the parent/guardian should accompany all medication.
4. The official prescription container should accompany all medication. Two containers, one for home and one for school, should be requested from the pharmacist.
5. The initial dose of medication will NOT be given at school.
6. Any changes in types of drugs, dosage and/or time of administration should be accompanied by new physician and parent permission signatures and a newly labeled pharmacy container.
7. All medication maintained in the school setting should be kept in a locked container/cabinet.
8. After medication is administered, students’ should be observed for possible reactions to medication for approximately 20 minutes. This observation may occur at the site of administration or in the classroom as part of the normal routine.
9. Medications should be inventoried each time a bottle of medicine is brought to the school nurse. Any out-of-date stock should be picked up by parent or destroyed.
10. An individual record should be kept of each medication administered. The record should include:
  - student identification
  - physician prescribing medication and phone number
  - date prescribed
  - name of medication
  - time to be given at school
  - possible side effects
  - signature of person administering
  - log of medication given

### **Head Lice Control in USD#244**

Head lice have been around a long time and do not pose a major health threat but are highly communicable and create embarrassment and panic often in parents, families and communities.

The incidence of head lice infestations has increased considerably over the past few decades and the reasons for the increase are not clearly understood.

Students who are found to be infested with head lice (pediculosis) are required to be excluded from school until they have been treated with an adequate pediculicide (**according to Kansas Administrative Regulation 28-1-6, effective 5-1-1981**) and all nits (eggs) have been removed.

USD#244 Burlington School will follow this Kansas regulation. When a child is found with head lice, his/her parent or guardian will be informed of the infestation and the child will be sent home immediately with a copy of the school policy/instructions for treatment.

The child will be allowed back in school when:

- proof of treatment with acceptable pediculicide is given (**K.A.R. 28-1-6**).
- all nits (eggs) are removed.
- examination by designated school personnel upon return to school.
- to repeat treatment in 7-10 days and notification given to the school.