



Nocona ISD School Health Advisory Council

Meeting Minutes

October 17, 2016

4 pm-5 pm

**Community Members Present:**

Sherry Brown

Melissa Murphey

**Staff Members Present:**

Kim Cantwell

Misty Rhyne

Karri Hackley

Melanie Hansard

- I. Welcome and introduction of new members.
  - A. Misty Rhyne – Elementary School Counselor and parent of one student enrolled in NISD.
  - B. Sherry Brown – Business owner and parent of three students enrolled in NISD.
  - C. Stacie Patterson – could not be present. Parent of two students enrolled in NISD.
- II. Review of by-laws and mission/vision statement.
- III. Review of last meeting of the 2015-2016 school year.
- IV. Health Education/Social issues

- A. Aim for Success will present to 6<sup>th</sup>-12<sup>th</sup> grades on Wednesday, October 19, 2016 covering the sex and the law, sexual abuse, social media dangers, and why avoiding sexual activity = freedom. Program made available by NISD and SHAC.
  - 1. 6<sup>th</sup> grade – 9am
  - 2. 7-8<sup>th</sup> grades – 10:15am
  - 3. 9-12<sup>th</sup> grades – 1 pm
- B. Contacted Ginger Johnson from Wise Hope to talk with 4<sup>th</sup>-8<sup>th</sup> grade regarding healthy relationships. Ms. Johnson is experienced in talking with students about the signs of an unhealthy relationship as well as resources to use in the case of abuse. Counselors Kim Cantwell and Misty Rhyne will utilize Ms. Johnson on a Friday during counselor lesson times.
- C. Kim Cantwell has made a contact for information regarding the dangers of the increased occurrence of sex trafficking of young people. Information was given at Region 9 and will try to get a presentation for older elementary students as well as middle school and high school students.
- D. Discussed Measured by Character program for spring covering topics of self worth and that everybody's lives matter. How to make a positive impact on those around you.
- E. 5<sup>th</sup> grade puberty lesson will be ordered as soon as available.
- F. Will schedule dental program for spring for elementary students.
- V. Nutrition services – Melanie Hansard and Norman Waters have gone over Wellness policy in regards to food and nutrition services.
- VI. Employee Health and Wellness
  - A. Flu shots were given to the employees that wanted them.
  - B. URHCS will do laboratory testing in the spring.
  - C. NGH Health Fair October 18, 2016 and was advertised through announcements to staff.
- VII. Next meeting set for November 17, 2016 at Nocona Elementary School.