



Nocona ISD School Health Advisory Council

Meeting Minutes

November 17, 2016

4 pm-5 pm

Community members present:

Sherry Brown and Staci Patterson

Staff members present:

Kim Cantwell, Misty Rhyne, Melanie Hansard, and Karri Hackley

1. Review of last meeting October 17, 2016.
2. Discuss and review Aim for Success.
 - A. Aim for Success Avoiding the Risks student and teacher evaluation (see attachment)
 - B. Changes needed for next year if another program is scheduled
 - C. Discussed choosing a different program out of the four offered to present to students from a different angle.
3. Introduction to asklistenlearn.org to counselors for a 5th-8th grades
 - A. Kids and alcohol don't mix – physical effects on the body focusing primarily on the brain. Information is presented in short videos less than

two minutes in length and discusses how alcohol affects each of the major regions of the brain.

4. Kim Cantwell and Misty Rhyne have both been in contact with Ginger Johnson from Wise Hope to present an eight week lesson on healthy relationships starting January 13, 2017 thru March 3rd.
5. Middle School is working on developing and implementing a program called Expect Respect and teaching students to try to deal with a disagreement or unwanted behavior from another student by using the word STOP. The program is designed to engage youth, parents, and schools in promoting healthy teen relationships and preventing abuse.
6. Melanie Hansard has contacted Measured by Character for a possible spring date to present to the middle and high school students discussing uniqueness, accountability, responsibility, and legacy. The logo is Help our Youth by Igniting the Light.
7. Dental program for elementary in the spring. North Texas Children's Dentistry in Gainesville has been contacted to present a program and provide new toothbrushes for all elementary students.
8. Puberty lesson for 5th grade will be ordered in December when available.
9. URHCS will come in the spring for employee laboratory testing.
10. Next meeting will be in January 2017.

AIM FOR SUCCESS™

A V O I D I N G T H E R I S K S

11/3/2016

Laura Ice, Assistant Principal/Academic Coordinator
Nocona ISD
220 Clay Street - HS
Nocona, TX 76255-

Dear Ms. Ice:

Thank you for giving us the opportunity to encourage the students at Nocona ISD (NISD) to make responsible sexual choices. The following are the survey results taken after the presentations on 10/19/2016. We have also provided the average results from the 57,498 students who completed surveys at our programs throughout the 2015-2016 school year (AFS). This allows you to compare your students with other students across the country.

1. Demographic Information of (NISD) Respondents:

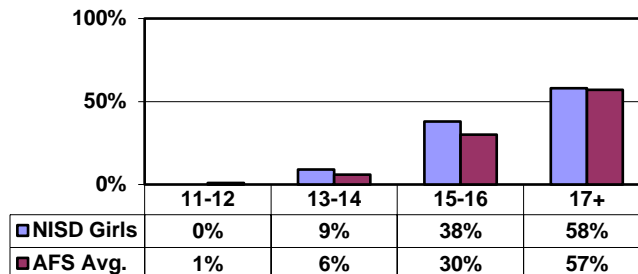
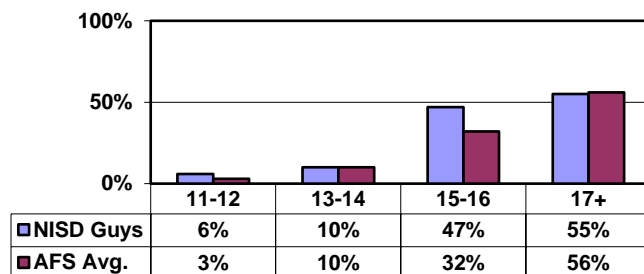
A. Age:

Total # of Students who Completed Surveys: 357	11 - 12 yr. olds	13 - 14 yr. olds	15 - 16 yr. olds	17+ yr. olds
Guys	50	58	58	20
Girls	35	53	47	36

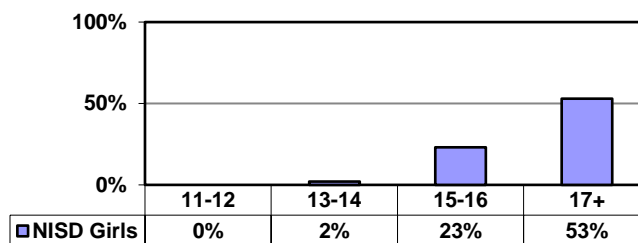
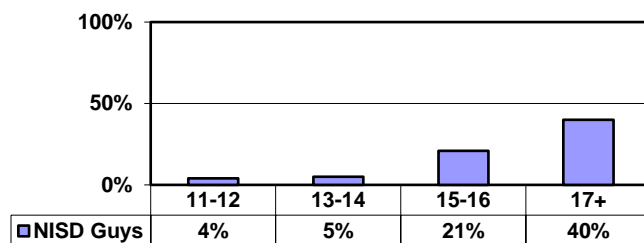
2. How would you rate the presentation?

	Excellent	Good	Fair	Poor
Nocona ISD	84%	14%	1%	1%

3. Have you ever had sex before?



4. Have you had sex in the last 3 months?



5. Will you wait until marriage to have sex?

	Yes	No	Not Sure
All (NISD) Students who Completed Surveys = 357	66%	7%	27%
Sexually Active (NISD) Students = 91	31%	24%	45%

6. **Have you learned anything new as a result of the presentation?**
"Yes" – **94%** (335 NISD students)

We believe these statistics are very encouraging! The fact that **98%** of the students rated the program **Excellent or Good** indicates they appreciate the concept of abstinence until marriage. The positive impact of this is evidenced by the results showing **69 of the 91 students** who previously had sex will now wait until marriage or are considering waiting. Our desire is to help all the students at **Nocona ISD** build strong, responsible character as they ***Aim For Success***. We look forward to presenting one of our other programs to your students in the future and working with you to guide teens towards their dreams and goals.

Sincerely,

Angie Leath
Data Entry Coordinator
aleath@aimforsuccess.org
fts-bs

cc: Debbie Ulibarri, High School Counselor
Melanie Hansard, LVN
Kim Cantwell, MS Counselor

Nocona ISD – 6th-12th – FTS Comments on 10/19/2016

PLEASE NOTE: Student Surveys are kept in storage for a limited amount of time. If you are concerned about any of the following comments, please contact our office within one month of the date on this letter to request a scanned copy of the student's survey.

Comments From 11-12 Year Old

Guys

I like this very much and it helped me. Thank you.

Excellent program. Good job!

You are awesome and keep doing the thing you are doing.

Very informational.

I think it should go on.

I know a lot of people say this but they're lying. I know a lot of this already but it was necessary to hear.

Great. It feels great.

Sex is bad until marriage.

This program was pretty cool and I know some people that watch porn in 6th grade.

Is it legal to have sexual harassment?

Lower the sexual humor because the teachers don't really like it. I can see it on their faces. Otherwise, it was awesome. Thanks!

The program was amazing.

I think this program is very useful.

This program is amazing.

I feel this could help everyone.

Girls

This survey was excellent. It is time that we learned.

It was awesome that you included the students.

I'm never going to have sex because I want to live my life.

This made me a little uncomfortable.

I liked this.

I didn't know all of the laws, so thanks because now I know.

I have made a decision to wait until I get married to have sex.

Comments From 13-14 Year Old

Guys

I really loved the program! Thank you for sharing.

I think the program was interesting.

You are awesome.

Ben was very funny!

You made everything clear.

Good.

The program was good, but I thought that our parents were supposed to tell us this.

Good graphics on the projector.

It was good and funny.

Good job.

I really enjoyed this program. It got me out of class. It was very informative.

This is great!

Great job.

This was a good program.

It was good.

I think the program will help a lot of people.

This was a really excellent program and I recommend this for kids underage.

This program was better than all the other boring ones!

I liked this because it was good.

A bucket of information. Good job!

It was super fun and educational.

The program was very helpful with knowledge and excellent.

Very good presentation. Very enjoyable.

Nocona ISD – 6th-12th – FTS Comments on 10/19/2016

It was an excellent program.

Girls

It was good and I learned a lot.

I love your program. It's very interesting.

Great program. I think all teens should hear this.

I think that you did a very good job on teaching all of this. Thank you!

I liked that you had humor; it made things less awkward.

I don't see how you can get sick even after you're already married.

I will never have kids or get married.

He was funny.

The best part was how you described everything so everyone could understand.

Some of it was TMI.

It was good and I'm glad I got out of social studies.

Thanks for talking to us today and I hope you will come again next time.

You made it fun to listen to!

This program was very educational.

The program was good with lots of info that I think all kids should know.

It was a really good program and I learned a ton.

I learned more about the law and what it actually says when it comes to this topic.

Comments From 15-16 Year Old

Guys

Thank you for the information and helping me understand the importance of this.

I feel this program is very productive. You can learn a lot.

Thank you for this awesome information about sex.

Mr. Smith needs a raise.

Good job, Ben.

It was good.

You're cool, bro.

It made me think about my most recent relationship and it made me realize how abusive it was.

Thanks for teaching us, bro!

The program was very, very good. It's taught me things I did not know.

You did a great job!!

Girls

Definitely opened my eyes.

Does holding hands count too?

As a member of the LGBT community, I have heard and seen so much from others. However, we don't get much advice. This was definitely beneficial.

Comments From 17+ Year Old

Guys

More statistics.

Girls

You helped me realize it wasn't my fault.

Fun, fun.

Ben did good, 10/10.

Thanks for coming, I enjoyed it! Shout out to you, Ben.

Adult Comments: 100% Rated the Program Excellent or Good

- I think the casual presentation was engaging to the students. Focusing on "the law" seems to be impactful. - Teacher
- Good info presented in an entertaining but professional manner. - Assistant Principal
- Great presentation! Good mix of humor and serious points. Great information of legal definitions. Enjoyed the information. - Principal
- I liked it. I like interaction with kids. I liked you. You were very candid. - Adult

Nocona ISD – 6th-12th – FTS Comments on 10/19/2016

- I liked the visuals used during the presentation. Great use of students during the program. Very knowledgeable and great presentation. - Adult
- Great presentation. Wonderful speaker. - Teacher
- Awesome presentation and very informative! Thank you! - Teacher
- Informative and age appropriate! - Principal
- Very informative and kept the attention of the students. - Teacher
- Love this! We have to live in the real world and be proactive! Thank you! - Counselor
- Really good information for kids. - Teacher
- It was a good presentation to inform students on things that these kids do not think about before their actions. - Teacher
- This program had some awesome information for the kids that I don't think they think about. I think it really was useful for them. Thanks for your time! - Teacher
- The law, statistics, and personal testimonies seemed to grab the students' attention and made them want to be more engaged. Humor is always a plus. - Teacher