

Nocona ISD School Health Advisory Council

Annual Written Report

School Year 2015-2016

Community members:

- Corrie Holcomb
- Melissa Murphey
- Elsie Lacy
- Nora Flores

Staff members:

- Karri Hackley
- Cindra Gardner
- Kim Cantwell
- Melanie Hansard

During the 2015-2016 school year, the council met a total of four times as of May 12, 2016.

November 11, 2015

The first meeting of the year was a review and discussion of the by-laws and mission/vision statement. The last meeting of the 2014-2015 school year was also reviewed and discussed to highlight specific goals that were set for the current school year involving special programs, classroom topics, and guidance topics as outlined by the mission/vision statement. Our areas of concern are health services, nutrition services, healthy and safe school environment, counseling and mental health services, staff wellness, parent and community involvement, physical education, and health education.

On October 15, 2016, NGH Director of Nursing Services and SHAC member, Corrie Holcomb along with other NGH nurses came to the three campuses and central office to administer flu shots to participating staff members.

Kim Cantwell has continued to grow the Braves for Change program. Mrs. Cantwell also will provide guidance programs of interest and need for the 6th-8th grade students.

Cindra Gardner will continue with programs on Fridays that touch on social, health, and school issues reaching grades K-5th grades.

January 27, 2016

Melanie Hansard in conjunction with Texas Agrilife Extension and Nocona High School, scheduled “When Sean Speaks” to present his story to 9-12th grades on February 25th. Sean and his mother told the events that led up to his accident and the days, weeks, and months that followed in his recovery and his journey that led them both to public speaking.

The 5th grade puberty lesson was ordered on December 1, 2015. A 7th grade program was also ordered as a refresher with free materials.

April 13, 2016

When Sean Speaks was presented as planned. Very positive feedback from students and staff was received.

Elsie Lacy presented sugar content in popular drinks, such as soda, sports drinks, and juice to K-5th grades on February 19, 2016. She taught the students how to make a homemade sports drink with less sugar.

URHCS came to Nocona ISD on February 26, 2016 and drew labs on participating staff members.

May 12, 2016

The last meeting of the year focused primarily on our goals and plans for next year. Elsie Lacy has a character building curriculum that could be utilized by Cindra Gardner called Character Counts. The council also discussed bringing a free program called, Measured by Character, to 6th-9th grades to bring a message about self empowerment and the belief that all lives matter.

We will revisit Aim for Success as an abstinence program and visit other programs offered by that company that incorporate social media dangers, violence in dating, and drug and alcohol use and its poor effects on decision making.

The council will be looking for a new program from Watch UR BAC for alcohol awareness funded by Texas Agrilife Extension.

Dental Hygiene will be brought back by one of our participating dentist offices or the state of Texas along with free materials for students.

The elementary school will once again utilize the P&G school programs for puberty lessons.

Food and nutrition lessons along with fitness will be brought back as well. We have access to appropriate food portions and how to read a label materials from Texas Agrilife Extension.

Staff wellness will be addressed again with flu shots and laboratory screening as well as information on mammograms.

The council will resume meeting in the 2016-2017 school year.