

**Genoa Central Athletic Department  
Athletic Physical Form**

Name: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

Age: \_\_\_\_\_

\_\_\_\_\_

Upcoming Grade: \_\_\_\_\_

Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Physical Examination**

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

Vision: R/ \_\_\_\_\_ L/ \_\_\_\_\_

BP: \_\_\_\_\_/\_\_\_\_\_

Pulse: \_\_\_\_\_

Both Eyes: 20/\_\_\_\_

**Reference Ranges:**

10-12 YO >125/80

13-15 YO >135/85

16-18 YO >140/90

Corrected: YES NO

Best Vision with both eyes must be 20/50 or better

**CHECK NORMAL, CIRCLE ABNORMAL, AND EXPLAIN BELOW:**

EYES/NOSE ( )

MOUTH ( )

NECK ( )

HEART ( )

LUNGS ( )

ABDOMEN ( )

SKIN ( )

EDEMA ( )

**JOINTS**

SHOULDERS ( )

ELBOWS ( )

WRIST ( )

HIPS ( )

KNEES ( )

ANKLES ( )

SCOLIOSIS ( )

**EXPLAIN:**

\_\_\_\_\_ PASS

\_\_\_\_\_ PASS WITH RECOMMENDATIONS

\_\_\_\_\_ PASS WITH RESTRICTIONS

\_\_\_\_\_ UNABLE TO PARTICIPATE WITHOUT FURTHER EVALUATION BY A DOCTOR

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

NAME: \_\_\_\_\_

Grade: \_\_\_\_\_

**Genoa Central Athletic Department**  
**11986 SH 196**  
**Texarkana, AR 71854**  
**Office: (870)653-2088**

**Briefly explain any YES answers at the bottom:**

QUESTION:		CIRCLE	
1.	Has anyone in the athlete's family (grandmother, grandfather, mother, father, brother, sister) died suddenly before the age of 50?	YES	NO
2.	Has the athlete ever passed out during exercise or stopped exercising because of extreme dizziness?	YES	NO
3.	Does the athlete have asthma?	YES	NO
4.	Has the athlete ever broken a bone, had to wear a cast or had an injury to any joint?	YES	NO
5.	Has the athlete ever suffered a concussion (got knocked out)?	YES	NO
6.	Has the athlete ever suffered a heat-exhaustion or heat stroke?	YES	NO
7.	Does the athlete have anything he/she wants to discuss with the physician?	YES	NO
8.	Does the athlete have any chronic illness or see a physician regularly for any particular problem?	YES	NO
9.	Does the athlete take any prescription medicine?	YES	NO
10.	Does the athlete have any allergies (medication, bee stings, food, etc.)? If yes, Please list:	YES	NO
11.	Does the athlete have only one of any paired organ (eyes, ears, kidneys, testicles, ovaries, etc.)?	YES	NO

I/We \_\_\_\_\_ give permission for \_\_\_\_\_  
(Parent/guardian) (Student)

to participate in activities. My signature also allows the coaching staff to take my child to receive medical attention should the need occur and allows treatment as prescribed after medical examination.

**STATEMENT BELOW MUST BE SIGNED WHEN TREATMENT REQUIRES SURGERY OR HOSPITAL CONFINEMENT**

I hereby authorize the hospital or doctors involved to give Preferred Care, Inc. all information regarding the insured's condition, including the history obtained, findings, and diagnosis. A photocopy of this form shall be considered as valid as the original.

DATE: \_\_\_\_\_ Signature of the Parent/Guardian: \_\_\_\_\_

I authorize payment directly to my medical providers for charges incurred for this claim. I understand that I am financially responsible for all charges not covered by this authorization.

Date: \_\_\_\_\_ Signature of the Parent/Guardian: \_\_\_\_\_