

BREAKFAST – HIGHSCHOOL DRAGON CAFÉ – MARCH 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1) CHOCOLATE CROISSANT OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED SLICED APPLES, 100% FRUIT JUICE, MILK	2) CEREAL BAR OR ASSORTED CEREAL, FRESH STRAWBERRIES, GRAHAM CRACKERS, 100% FRUIT JUICE, MILK
5) PANCAKES W/ SYRUP OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED APPLESAUCE, 100% FRUIT JUICE, MILK	6) SAUSAGE BISCUIT W/ GRAVY OR ASSORTED CEREAL, GRAHAM CRACKERS, FRESH APPLE SLICES, 100% FRUIT JUICE, MILK	7) MINI BREAKFAST BITES OR ASSORTED CEREAL, GRAHAM CRACKERS, FRESH SLICED ORANGES, 100% FRUIT JUICE, MILK	8) BREAKFAST PIZZA OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED DICED PEARS, 100% FRUIT JUICE, MILK	9) MUFFIN OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED APPLESAUCE, 100% FRUIT JUICE, MILK
12) PANCAKE ON A STICK W/ SYRUP OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED APPLE SLICES, 100% FRUIT JUICE, MILK	13) FRENCH TOAST STICKS W/SYRUP OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED DICED PEARS, 100% FRUIT JUICE, MILK	14) BISCUIT & GRAVY OR ASSORTED CEREAL, GRAHAM CRACKERS, FRESH SLICED ORANGES, 100% FRUIT JUICE, MILK	15) BREAKFAST PIZZA OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED APPLE SAUCE, 100% FRUIT JUICE, MILK	16) GRAPE CROISSANT OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED APPLESAUCE, 100% FRUIT JUICE, MILK
19) NO SCHOOL	20) NO SCHOOL	21) NO SCHOOL	22) NO SCHOOL	23) NO SCHOOL
26) MINI BREAKFAST BITES OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED APPLESAUCE, 100% FRUIT JUICE, MILK	27) FRENCH TOAST STICKS W/ SYRUP OR ASSORTED CEREAL, GRAHAM CRACKERS, FRESH SLICED ORANGES, 100% FRUIT JUICE, MILK	28) SCRAMBLED EGGS W/ DICED HAM OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED MIXED FRUIT, 100% FRUIT JUICE, MILK	29) SAUSAGE BISCUIT OR ASSORTED CEREAL, GRAHAM CRACKERS, CANNED PEACHES, 100% FRUIT JUICE, MILK	30) NO SCHOOL
USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	MENU SUBJECT TO CHANGE	EACH TRAY MUST HAVE 1/2C FRUIT AND/OR VEG. OR PAY FOR EACH ITEM SEPERATLY	OTHER OFFERINGS MAY INCLUDE YOGURT, PEANUT BUTTER, CHEESE STICK, GRANOLA BAR, CEREAL SNACK.	FRESH FRUIT OFFERED WITH EACH MEAL

