



# Products for Guests with Gluten Sensitivity



Foods and Ingredients without Wheat, Barley, Oats or Rye. This list is not intended for people with severe gluten intolerance. Actual gluten content may vary depending upon the supplier, product handling and each restaurant's food preparation practices.

## Meats, Eggs and Side Dishes

- WHOPPER® patty, WHOPPER JR.® patty
- Hamburger Patty
- BK® Chef's Choice Patty
- TENDERGRILL® Chicken Filet
- Bacon Slice
- Ham Slice
- Egg Patty
- Sausage Patty\*
- French Fries\*
- Tacos\*
- \* These products may be fried with gluten containing foods

## Sauces, Dips, Dressings, and Beverages

- *Dipping Sauces:*
  - King Kung Pao, BBQ Roasted Jalapeño, BBQ, Buffalo, Sweet and Sour, Honey Mustard, Marinara, French Fry, Ranch, Zesty Onion Ring
  - Stacker Sauce, Chocolate Fudge Sauce, Sweet Baby Ray's Hot 'n Spicy BBQ Sauce
  - Tartar Sauce, Vanilla Icing
- *Dressings:*
  - KEN'S® Honey Mustard, Light Honey Balsamic, Avocado Ranch, Ranch, Apple Cider Vinaigrette
- Barq's® Root Beer
- Coca-Cola® Classic ICEE®, Coca-Cola® Classic, Coca-Cola®, Diet Coke®, Dr. Pepper®, Sprite®, Minute Maid® Lemonade, Minute Maid® 100% Apple and Orange Juice
- NESTLE PURE LIFE® Purified Drinking Water
- Seattle's Best Coffee® (including iced coffees)
- Mocha Frappe, Caramel Frappe
- Tropical Mango Smoothie
- Strawberry Banana Smoothie

## Produce, Condiments, Dairy and Desserts

- BK® Fresh Apple Slices
- Lettuce, Sliced onions
- Carrots, Sliced Tomato
- Spring Mix, Romaine
- Garden Fresh Salad with Apple and Cranberry- with TENDERGRILL®
- Breakfast syrup, Grape Jam,
- Honey, Ketchup
- Mustard, Mayonnaise
- Strawberry Jam, Sliced Pickles
- Processed American Cheese
- Processed Pepper Jack Cheese
- Processed Cheddar (Sharp)
- Processed Swiss Cheese
- Three Cheese Blend,
- Fat Free Milk, 1% Low fat Chocolate Milk
- Chocolate, Vanilla and Strawberry Shakes
- Soft serve in a cup, Caramel Sundae, Chocolate Fudge Sundae, Strawberry Sundae

This information provided is based on our suppliers' ingredient lists and is as complete as possible at the time of this publication: **April 2012**. Test and regional products have not been included. Actual gluten content may vary, depending upon the supplier, product handling, and each restaurant's food preparation practices. Product formulations may change periodically, we continue to update this list to reflect changes that occur in our products. All 100% fruit juice, honey, milk fruit and vegetables not coated with wax or resin that add gluten are gluten-free. Burger King Corporation, its franchisees, and employees, do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants. Please always consult your healthcare practitioner for questions regarding your diet. We encourage anyone with food sensitivities, allergies, or special dietary needs to check [www.bk.com](http://www.bk.com) on a regular basis to obtain the most up-to-date information about our food before you order. If you have specific questions about our menu, contact: BURGER KING® Guest Relations: 866-394-2493 or contact us via web at [bk.com/contactus](http://bk.com/contactus)

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