

An illustration of a father and daughter walking in a snowy city street. The father, with a grey beard and wearing a dark jacket, is smiling and looking at his daughter. The daughter, with blonde hair in pigtails and wearing a green jacket, is also smiling. In the background, there is a green tram, other pedestrians in winter coats, and snow-covered trees under a warm, golden light.

Papá and Celia

Making Memories on Paternity Leave

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During my paternity leave, I had the incredible opportunity to bond with my daughter Celia, and it was a time I will always hold dear. As a first-time father, our shared moments became the inspiration behind this book, fueled by my curiosity to experiment with new AI image generating technology. Along the way, I found encouragement to publish our story, with the hope of sharing our experiences and inspiring future dads with a plethora of ideas.

Nestled in the heart of northern Europe, our home in Helsinki, Finland became the backdrop of our adventure. Over six unforgettable months, we delved into the city's hidden treasures, discovering its vibrant charm together. I'm forever grateful for this wonderful city, its social services and all the amazing opportunities parents and children have.

Within the following pages, you'll immerse yourself in the activities that brought Celia and me tons of joy during our time together. Balanced between daily routines and logistics of planning activities we had all the imaginable happenings: dosis of drama, tiredness, illness and alike. But in this book I picked some of my favourite activities.

The last pages will have a list of resources to help escapades with your little one. Whether you're embarking on the exhilarating journey of fatherhood for the first time, or you're a seasoned parent seeking new inspiration, my ultimate aspiration is keep growing the tradition of daddies spending time at home with their little ones.

With joy and gratitude, Jorge Baldeón

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Helsinki, Finland



Good morning, my little girl. It's time to wake up. Let's get ready to go.



Papá made breakfast, let's enjoy some delicious pancakes before today's adventures. What shall we do then?



We start the day with music, dancing jumping and singing



Albert's living room is a playroom, not too far away,
it's a cool place to hangout and play



With lots of toys, kids and volunteers to play with,
It's friendly meeting place for all generations