

## **Leave Clues**



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INFP Guide to Seduction, Signals, and Real Intimacy  
with the Candle Window Method

By A. C. Weishaupt

Leave Clues: INFP Guide to Seduction, Signals, and Real Intimacy

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*For the quiet hearts who love deeply and hide gently-may this book help your light be  
seen, and your tenderness find its way home.*



## Table of Contents

Table of Contents.....	7
1. The Candle Behind the Curtain.....	11
2. Why Depth Alone Is Not Detectable .....	19
3. The Safety of Closed Curtains .....	27
4. From Self-Blame to Legibility.....	36
5. The Candle Window Method.....	45
6. Let Them See What You Like .....	54
7. Small Truths, Gently Spoken.....	63
8. Warmth That Repeats .....	73
9. Creative Expression as a Window .....	82
10. The Courage to Invite .....	91
11. Open Windows, Wise Locks.....	100
12. A Life That Can Be Found.....	109
13. Afterword.....	119







# 1. The Candle Behind the Curtain

There is a particular kind of loneliness that does not look dramatic from the outside.

It does not always announce itself through public heartbreak, obvious rejection, or a life with no people in it. Often it lives inside a person who is thoughtful, kind, emotionally serious, and deeply capable of love. A person who feels things vividly. A person who notices the mood in a room before anyone says a word. A person who can spend an hour choosing the right sentence in a message because they want to be careful with another human heart.

And yet, somehow, that person keeps walking away with the same ache.

No one really knows me.

For many INFPs, this ache begins early. You may have learned to keep the truest parts of yourself protected because they felt tender, private, or easy to mishandle. You may have had the experience of offering something sincere and receiving confusion in return. Or indifference. Or a response that was too rough for what you were trying to give. After enough moments like that, concealment starts to feel intelligent. You do not stop feeling. You do not stop caring. You simply begin to keep more of it inside.

From the outside, this can look like calmness, politeness, vagueness, reserve, even distance. But on the inside, there may be whole weather systems moving through you. Fierce loyalty. Moral conviction. Creative longing. Devotion. Grief. Idealism. Softness. Hope so fragile and bright that you do not want careless hands near it.

This creates one of the central pains in the INFP experience. You may have an inner life full of warmth and meaning, while your outer presentation gives other people very little to reliably recognize. Then the wrong conclusion starts to form, both in them and in you.

They conclude that you are hard to know because there is not much there.

You conclude that you are hard to love because what is there must somehow be wrong.

This book begins by gently refusing both conclusions.

You are not unseen because you are empty.

You are not overlooked because you have nothing to offer.

You are not too little.

And very often, you are not too much either.

You are simply difficult to read when your inner light stays hidden.

That is the central image of this book: a candle burning behind a curtain.

The flame is real. The warmth is real. The beauty is real. But if the window is covered, the people outside cannot see clearly enough to move toward it. They may pass by without realizing what lives inside. They may sense that something is there, but not know how to approach. They may misread the house entirely.

This matters, because many INFPs have spent years trying to solve the wrong problem.

If you have often felt invisible, misunderstood, left out, chosen second, or emotionally unrecognized, it is easy to assume the answer must be self-erasure or self-reconstruction.

Become louder. Become simpler. Become less sensitive. Become more casual. Want less. Reveal less. Care less. Need less reassurance. Be less intense. Be more performative. Be more socially efficient. Turn your living heart into something easier for a distracted world to process.

But the deeper problem is usually not that your inner world is defective. It is that your inner world is not reaching other people in ways they can actually perceive, trust, and respond to.

That distinction changes everything.

If the problem were that you are fundamentally too strange, too tender, too idealistic, too deep-feeling, or too inward to be loved, the path forward would be bleak. You would have to become someone else. You would have to amputate the parts of you that make love meaningful in the first place.

But if the problem is one of detectability, then the work is different.

Not becoming harder, but becoming clearer.

Not becoming louder, but becoming more visible in honest ways.

Not abandoning your nature, but learning how to let it be seen.

This is the promise of the book you are holding. You do not need to betray yourself in order to be found. You do not need to perform a personality that feels false in your mouth. You do not

need to turn into the most extroverted person in the room, or the most polished, or the most socially bold. You need something more humane, and much more possible.

You need to learn how to open the window.

Opening the window does not mean flinging your whole soul into the street. It does not mean disclosing everything to everyone. It does not mean becoming porous, impulsive, overexposed, or unguarded. In fact, many INFPs resist visibility because they correctly sense that indiscriminate openness is not wisdom. Not everyone is safe. Not everyone is careful. Not everyone knows what to do with sincerity.

So this book will not ask you to abandon discernment.

It will ask you to use it better.

There is a difference between privacy and invisibility. Privacy is chosen. It protects what is precious until context is right. Invisibility happens when your real self is so thoroughly obscured that others have no fair chance to know you, and no clear invitation to come closer. Privacy can be healthy. Invisibility is often painful.

Many INFPs confuse the two because they have spent a long time surviving through concealment. If your temperament is naturally reflective and your emotional life is naturally deep, keeping things inside can feel normal. If you have also been hurt, dismissed, or misread, it can feel necessary. You may tell yourself, "The right person will just know." You may hope that truly perceptive friends or partners will somehow detect your loyalty, your tenderness, your imagination, your seriousness about love, your care in small things.

Sometimes people do notice pieces of it.

But human beings are not mind readers. Even very kind people rely on signals. They notice what is repeated, what is expressed, what is made concrete. They trust what they can observe over time. If your affection remains internal, your interest remains implied, your boundaries remain unspoken, your preferences remain hidden, and your care remains mostly silent, people are left trying to assemble you from faint outlines.

They may guess wrong.

Often, they do.