

Cell and Molecular Biology

**An Introductory Guide for Learning
Cellular & Molecular Biology**

Written by creators at
Ojula Technology Innovations

Disclaimer

Published in the United States

ISBN: 9791221385106

Although the authors and publisher have made every effort to ensure that the information in this book was correct at press time, the authors and publisher do not assume and hereby disclaim any liability to any party for any loss, damage, or disruption caused by errors or omissions, whether such errors or omissions result from negligence, accident, or any other cause.

This book is not intended as a substitute for the medical advice of physicians. The reader should regularly consult a physician in matters relating to their health, and particularly with respect to any symptoms that may require diagnosis or medical attention.

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law.

All images within this book are either royalty-free images or images that are in the public domain. The cover and illustrations were created by our wonderful team. The content was written by the creators of Ojula Technology Innovations, an educational technology company.

For bulk orders in paperback, please contact: info@ojulaweb.com

© Copyright 2023 by Ojula Technology Innovations - All rights reserved.

Table of Contents

Disclaimer

Preface

What is Biology?

Origin of the Term

Nature of the Discipline

Divisions of Biology

Methods of Study

Scales of Study

Chapter 1. Why Study Cell and Molecular Biology?

Chapter 2: The Study of Evolution

- Theory of Evolution
- Adaptive Evolution
- Convergent Evolution
- Natural Selection
- Vestiges of Evolution
- Methods of Studying Evolution

Chapter 3: What is Cell Biology?

- Multicellular Organism

Chapter 4: Genetics and Our Genetic Blueprints

Evolution

- Developmental Encoding
- DNA
- LINE-1 Elements
- Epigenetics
- Disease-gene Associations
- Reverse Engineering

Chapter 5: Getting Down with Atoms

- Subatomic Particles
- Atomic Nucleus
- Electrons
- Neutrons

Chapter 6. How Chemical Bonds Combine Atoms

- Covalent Bond
- Ionic Bond
- Metallic Bond
- Single Bond
- Double Bond
- Electrostatic Force
- Electrostatic Attraction
- Electrostatic Repulsive Force

Chapter 7: Water, Solutions and Mixtures

- Intermolecular Forces
- Solubility of a Solute
- Ionic Nature of Liquid Solutions
- Stabilizing Agents in Liquid Solutions
- Classifications
- Chemical Misconceptions

Chapter 8: Which Elements Are in Cells?

- Carbon
- Hydrogen
- Hemoglobin
- Phosphorus
- Nitrogen

Chapter 9: Macromolecules Are the “Big” Molecules in Living Things

- Biomolecules
- Functions
- Structure
- Elements
- Carbohydrates
- Nucleic Acids

Chapter 10: Thermodynamics in Living Things

- The First and Second Laws of Thermodynamics in Living Things
- Gibbs Energy Change
- First Law of Thermodynamics
- Second Law of Thermodynamics
- Third Law of Thermodynamics
- Application to Organisms

Chapter 11: ATP as “Fuel”

Chapter 12: Metabolism and Enzymes in the Cell

- Metabolic Complexity
- Regulation of Enzymes
- Coenzymes
- Cofactors

Chapter 13: The Difference Between Prokaryotic and Eukaryotic Cells

- Phylogeny
- Membrane-bound Organelles
- Nucleus
- Endoplasmic Reticulum

Chapter 14: The Structure of a Eukaryotic Cell

- Organelles
- Nucleus
- Chloroplast

Chapter 15: The Plasma Membrane: The Gatekeeper of the Cell

- Functions of the Plasma Membrane
- Structure
- Functions
- Composition
- Proteins
- Hydrophobic Tails
- Cellular Homeostasis

Chapter 16: Diffusion and Osmosis

- Reverse Osmosis: A Process of Osmosis

- Similarity to Diffusion
- Similarity to ODCA
- Similarity to DODT

Chapter 17: Passive and Active Transport

- Processes of Passive Transport
- Non-selective Nature of Passive Transport
- Effect of Oxygen Content on Passive Transport
- Effect of Metabolic Inhibitors on Active Transport

Chapter 18: Bulk Transport of Molecules Across a Membrane

- Simple Diffusion
- Secondary Active Transport
- Osmosis
- Exergonic Movement
- Protein Channel Proteins

Chapter 19: Cell Signaling

- Cell Surface Receptors
- Endocrine Ligands

Chapter 20: Oxidation and Reduction

- A Guide to Oxidation and Reduction
- Relationship Between Oxidizing and Reducing Agents
- Nature of Redox Reactions
- Methods of Redox Reactions
- Examples of Redox Reactions

Chapter 21: Steps of Cellular Respiration

- ATP
- NADH
- CO₂
- Glucose

Chapter 22: Introduction to Photosynthesis

- Light Energy
- Reactants

- Light-dependent Reactions
- Calvin Cycle
- Carbon Fixation
- Carbon Dioxide

Chapter 23: Light-Dependent Reactions

- Light Dependent Reactions Related to Photosynthesis
- Photosynthesis
- Light-dependent Reactions
- Photophosphorylation
- NADPH
- Photoreactivation Enzyme

Chapter 24: Calvin Cycle

- What is the Calvin Cycle?
- Carbon Fixation
- Reduction-oxidation Reactions
- Light-dependent Reaction
- Redox State
- Carbohydrates Produced

Chapter 25: Cytoskeleton

- Microtubules
- Intermediate filaments
- Microfilaments
- Spindle Apparatus
- Functions
- Structure
- Research

Chapter 26: How Cells Move

- Focal Adhesions
- Lamellipodia
- Actin Filaments
- Cellular Transport
- Speed of Cell Movement

Chapter 27: Cellular Digestion

- Intracellular Digestion
- Functions of Digestive Enzymes
- Pathogenesis of Diseases Caused by Cellular Digestion

Chapter 28: What is Genetic Material?

- DNA
- RNA
- Genes
- Chromosomes
- Non-coding DNA
- Chapter 29: The Replication of DNA
- Base Pairing
- Linear Replication
- Self-replication

Chapter 30: What is Cell Reproduction?

- Basic Steps in Cell Reproduction
- Cell Division
- Meiosis
- Cytokinesis
- Gamete Formation
- Chemical Replication
- Leukemia Case Study

Chapter 31: The Cell Cycle and Mitosis

- Cell Cycle
- Checkpoints
- Negative Regulators
- Telophase
- Anaphase
- Meiosis

Chapter 32: Meiosis

- Meiosis is a Division Process

Chapter 33: Cell Communities

- How Do Cell Communities Operate?
- Bioluminescence

- Communication Between Cells
- Interactions Between Subpopulations of Cells
- Control of Cell-cell Distances
- Response to Changing Environments

Chapter 34: Central Dogma

- Transfer of Information from Nucleic Acid to Nucleic Acid
- Irreversibility of Translation
- Codons in the Central Dogma
- Mechanisms that are Physically Feasible to Realize the Central Dogma

Chapter 35: How Genes Make Proteins

- Non-coding or RNA Genes
- Transfer RNA
- Codons
- mRNA
- tRNA
- Cell's Origin
- Evolution of Gene Regulation

Chapter 36: DNA Repair and Recombination

- Essential Proteins for DNA Repair and Recombination
- Excision Repair
- XPF/ERCC1
- XPG
- XRCC2
- XPA
- XPD

Chapter 37: Gene Regulation

Chapter 38: Genetic Engineering of Plants

Chapter 39: Using Genetic Engineering in Animals and Humans

- What is Genetic Engineering?
- Human Genetic Engineering
- Gene Doping

Chapter 40: What is Gene Therapy?

Conclusion

Preface

What is Biology?

Biology is the scientific study of life. While this subject is broad and encompassing, there are a few fundamental facets of biology.

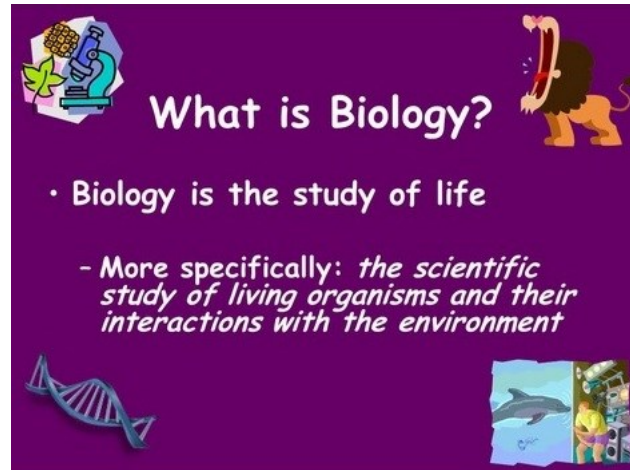


Figure 0.1: Definition of Biology

Biology is a broad topic that includes the study of life. Its field of study is vast, but there are a few unifying themes. All organisms consist of cells, and their cells process hereditary information encoded in genes. This information is passed on from generation to generation. Here's a quick overview of biology. We'll learn about the origins of the field, the nature of life, and how we study the subject.

The study of biology can help explain how organisms are arranged, how they grow, and how they survive. Plants and animals are the foundations of life, and they evolve at different scales. At the smallest scale, life consists of molecules and chemical processes that set the conditions for all living processes. From there, these molecules are organized into cells, tissues, organs, and bodies. These organs, in turn, are grouped together to form organisms, which ultimately comprise the body. Finally, scientists divide biology into various scales, including populations and ecosystems.

Origin of the Term

The word 'biology' comes from the Greek words 'bios' and 'logia', which both mean life. The term is often abbreviated to 'biol', meaning biological science. Biological science focuses on a variety of subjects, from the structures of cells to the chemical processes within them. From this, biologists study the processes that create organisms, as well as the evolution of species. Biological science also encompasses the study of genetics and the relationships between different types of organisms.

Nature of the Discipline

The study of biology focuses on the interactions between organisms and their environment. Its broad scope makes it a very diverse field and overlaps with several other disciplines such as biochemistry, physiology, ecology, toxicology, and geology. Many disciplines are associated with the study of biology, including developmental biology, biogeography, evolutionary psychology, and ethics. Its study of viruses is particularly fascinating and can help us understand how our own immune system affects other species.

The first organisms appeared three billion years ago, and have evolved into eight million species. Over the course of history, they have been adapted through natural selection and reproduction. Some species thrived for long periods of time, while others went extinct. Now, biologists are concerned about another mass extinction, which they attribute to human activities. Regardless of the cause, biologists are committed to producing resources that help students achieve their goals. Judith Kinnear and Marjory Martin are two of the most experienced authors of the Jacaranda Nature of Biology textbook.

Although Aristotle's theory of definition derived from Plato's "method of division", the basic idea of species membership in biology remains intact. While Aristotle and other early biologists did not seek to establish a taxonomic system, David Balme, a modern evolutionary biologist, accepted the common-sense partitioning of the animal kingdom. The essentialist answer to the question of "why do we exist" is a misinterpretation of Aristotle's original arguments.

"Human nature" should be more precise. It should group together properties that are relevant to the current study of behavioral and psychological processes. Current researchers in the field are mostly interested in present-day humans and not entire taxonomic species. But if "human nature" is defined as "nature" in a broad sense, then the term should be applied to the properties of a limited group of organisms. The term should limit its scope to modern humans.

Divisions of Biology

There are several different biology divisions. While each of these fields has specific topics and purposes, they are all related to one another by basic principles.

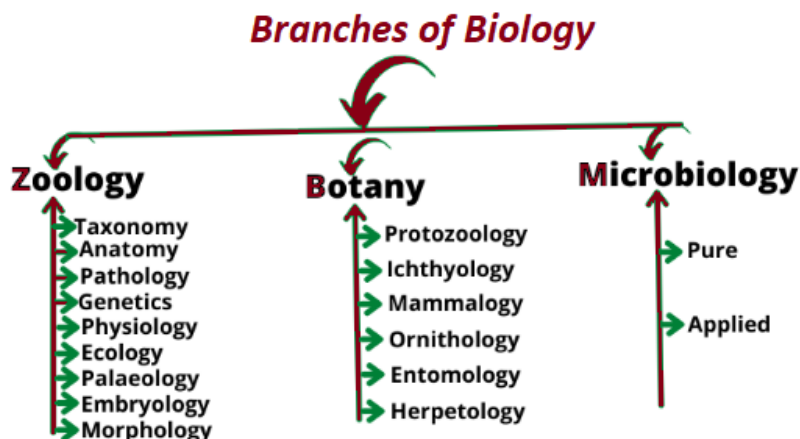


Figure 0.2: Divisions of Biology

For example, Botany and Zoology are separate divisions of biology, while morphology and genetics are the other subdivisions of biology. Despite the differences in the names of these areas, they are all connected by the fact that all living things share certain common phenomena, such as cell division and the transmission of genetic material.

AAMC (Association of American Medical Colleges) research has determined which biological topics are important to students, which results in nested topics arranged along a scale according to the MIR of all the primary divisions. These nested topics are arranged along the axis according to MIR, with scissors icon indicating that $MIR = 2.25$ indicates a cutoff for inclusion in the MCAT content specifications. The histograms below show the frequency of various nested topics.

Biological Chemistry deals with problems at the intersection of biology and chemistry. It includes approaches from molecular biology, synthetic biology, cell biology, and organic and physical chemistry. In this field, students focus on the function and structure of organisms. For example, understanding the role of DNA in cancer, the way that genetic mutations influence the behavior of cancer cells, and the structure of the skeleton and organs of insects and other creatures are related are all part of biological chemistry.

Entomology deals with insects, while pharmacology is concerned with drugs and how they affect humans. Embryology and genetics also study how organisms survive in their environments. There are several more divisions in biology, and most are related to one another. If you're a student of biology, consider getting more information about the field and what it has to offer! There's a lot more to biology than meets the eye!

Methods of Study

Biologists study all aspects of life, from a micro or sub-microscopic level to ecosystems and the entire living world. Many aspects of biology are discussed in the news, including the spread of E. coli, the contamination of ice cream with listeria, and climate change. Biologists may specialize

in biotechnology, conservation, ecology, physiology, or molecular biology. This section focuses on some of the most well-known techniques used in biological research.

One method of study in biology involves studying cells, which were first observed during the 17th century when the compound microscope was developed. Organismic biology is the study of individual organisms, and it remains an important aspect of the biological sciences. In addition to studying cells, population biology studies groups of organisms in an area. It also focuses on how specific species contribute to the complex interrelationships and built-in controls of populations.

The most effective way to study biology is to read with purpose and write down important information. This allows you to process the difficult material and better retain it. It also helps you review the material in preparation for an exam. If you have difficulty recalling a concept, you can write a brief summary. This will help you recall it on test day. This method will ensure that you get the most out of your classes. And finally, it will help you study for the exams.

Scientists have developed methods of study in biology by using the scientific method. These steps form a systematic way to gain information about the biological world. For example, a guide to biology outlines the basic concepts of evolution, cell theory, and gene theory. You may also look for information on genetics or the laws of thermodynamics. In addition to studying animals, biology also branches into three major fields: medical science, botany, and botany.

Scales of Study

There are several types of scales in biology. The first is the microscale, where small details can be modeled without any extra complexity. Then there is the macroscale, where large details can be easily simulated and controlled. In addition to microscale, there are many other types of scales, which allow researchers to study large numbers of complex biological systems in order to better understand them and manipulate them. Listed below are some of the common scales used in biology and their uses.

The second category is the spatial scale, which is a more abstract form of the previous one. The metric system is a measurement unit used for volume and surface area, and is often called a "spatial scale." The term is also used to describe spatial patterns in an environment. For example, organisms living in coastal waters have different spatial patterns. Similarly, organisms living in the ocean have different sizes.

Chapter 1. Why Study Cell and Molecular Biology?

Cells are the fundamental building blocks of life. They are responsible for the creation of order from entropy. Although they are colorless by nature, cells are often able to take up color based on their affinity with certain compounds. Therefore, studying cells is an important foundation for all other science subjects. For example, studying the functions of cells will give you a good understanding of how our bodies work. Cells play a vital role in many health problems, including disease, birth defects, and organ malfunction.

CMB (Cell and Molecular Biology) is the study of cells and the macromolecules (DNA, RNA, protein, lipids and carbohydrates) that define their structure and function. The B.S in CMB provides students with a solid foundation in cell biology, molecular biology, microbiology, biochemistry, and molecular genetics.

Biological sciences are a fascinating subject that can lead to a great career. Cells are everywhere, and every living thing consists of millions of them. From bacteria to humans, all living organisms have cells. During the development of all organisms, cells serve as the basic building blocks, allowing scientists to understand their structure and function. Various aspects of cell biology are explored, including DNA replication, telomeres, and phenotype.

Cell biologists must know how living systems function and interact with each other. This field includes the study of common mechanisms of life, and is incredibly versatile. Many of today's leading scientists are studying the mechanisms that allow life to evolve. By learning about these common mechanisms, cell biologists can develop novel drugs and develop new ways to improve human health. The possibilities for careers in this field are limitless. But what if you love the challenge?