

```
; EIP CONTROL
80 EC 24      sub     esp, 24h
8B 45 04      mov     eax, [ebp+4]
83 EC 08      sub     esp, 8
C7 45 FC 41 41 41 41  mov  dword ptr [ebp-4], 41414141h
...
C3           ret
```



BUFFER OVERFLOW EXPLOITATION AND DEFENSE EVASION



// 0day isn't magic
it's logic.

- > analyze
- > identify
- > exploit
- > escalate
- > evade
- > persist



```
BOOL IsBadReadPtr(VOID* p, UINT_PTR u)
{
  __try {
    volatile BYTE b = *(BYTE*)p;
    return FALSE;
  }
  __except(EXCEPTION_EXECUTE_HANDLER) {
    return TRUE;
  }
}
```

STEVE T.'

Buffer Overflow Exploitation and Defense Evasion

Steve T.

This book is available at

<https://leanpub.com/buffer-overflow-exploit-defense>

This version was published on 2026-06-19



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Mitigation Effectiveness

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Chapter 3: Shellcoding Craftsmanship

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3.1 Principles of Position-Independent Code (PIC)

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3.2 Common Shellcode Goals

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3.3 Writing Basic Shellcode: Linux (x86/x64 Syscalls)

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Key Concepts:

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**Example: x64 Linux `execve("/bin/sh",
["/bin/sh", NULL], NULL)`**

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3.4 Writing Basic Shellcode: Windows (API Resolving)

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Key Concepts:

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Example Snippet (Conceptual x86 - Finding Kernel32 Base):

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3.5 Dealing with Bad Characters

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Identifying Bad Characters:

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Avoiding Bad Characters:

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3.6 Encoders, Decoders, and Simple Polymorphism

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Common Encoder Example (XOR):

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3.7 Staged Shellcode

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3.8 Quantitative Analysis: Shellcode Metrics and Real-World Measurements

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Shellcode Size Analysis

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Bad Character Prevalence

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Encoder Effectiveness

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Staged Shellcode Communication Metrics

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Chapter 4: Heap-Based Buffer Overflows: The Unstructured Frontier

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4.1 Heap vs. Stack Dynamics: A Tale of Two Memories

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4.2 Heap Allocator Internals: Focus on dmalloc/ptmalloc

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Core Components:

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4.3 Classic Heap Exploitation Techniques

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4.4 Advanced Heap Exploitation (ptmalloc specific)

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4.5 Heap Spraying Techniques

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4.6 Windows Heap Internals: NT Heap, Segment Heap, and LFH

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Windows Heap Architecture Evolution

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The Low Fragmentation Heap (LFH)

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Heap Randomization (Windows 8+)

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Practical Heap Exploitation on Windows

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4.7 Recent Heap-Related CVEs: Real-World Impact

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CVE-2024-2961: glibc iconv() Buffer Overflow (Tcache Poisoning)

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CVE-2024-45492: libexpat Integer Overflow (Heap Buffer Overflow)

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CVE-2026-25897: ImageMagick Sun Decoder Integer Overflow

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4.8 Quantitative Analysis: Heap Exploitation Complexity and Success Rates

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Heap Exploitation Success Rate by Technique (2015–2024)

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Heap Allocation Size Distribution (Linux, glibc 2.31+)

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Heap Fragmentation Metrics

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Heap Vulnerability Prevalence

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Heap Exploitation by Platform

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Chapter 5: Format String Vulnerabilities: Exploiting Output Functions

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5.1 Variadic Functions and the `printf` Family

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5.2 Format Specifiers: The Language of `printf`

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5.3 The Vulnerability: Broken Trust

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Incorrect Code:

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Correct Code:

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Exploitation:

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5.4 Information Leakage: Reading Process Memory

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5.5 Arbitrary Memory Write: The Power of %n

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Example (Conceptual): Write 0xdeadbeef to address 0x12345678

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Using %hn and %hhn for Precise Writes:

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Example: Write 0x1234 to address TargetAddr (using %hn)

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Direct Parameter Access (%N\$n)

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5.6 Exploitation Targets for Arbitrary Write

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5.7 Mitigations

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5.8 Real-world Context

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5.9 Quantitative Analysis: Format String Vulnerability Impact and Detection

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Prevalence Statistics (2010–2024)

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Format String Exploitability by Platform

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Detection Effectiveness

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Format String Payload Size Analysis

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Format String Mitigation Adoption

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Chapter 6: Integer Overflows: The Silent Precursor

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6.1 Integer Representation Fundamentals

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6.2 Overflow, Underflow, and Wraparound: Crossing the Limits

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6.3 Truncation: Losing Precision

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6.4 Sign Extension Errors: Misinterpreting Signs

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6.5 Exploitation Scenarios: From Bad Math to Memory Corruption

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6.6 Real-world Case Studies (Brief Mentions)

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6.7 Detection and Prevention

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6.8 Conclusion

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6.9 Quantitative Analysis: Integer Overflow Prevalence and Impact

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Prevalence Statistics (2010–2024)

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Industry Breakdown

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Impact Analysis

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Historical Trend

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Detection Effectiveness

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Integer Overflow → Buffer Overflow Correlation

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Part 2: Modern Defenses and Bypasses

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Chapter 7: Platform Defenses: Raising the Bar

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7.1 Stack Canaries / StackGuard / Stack Smashing Protector (SSP)

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7.2 Non-Executable Memory (NX / DEP / W^X)

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7.3 Address Space Layout Randomization (ASLR)

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7.4 Position Independent Executables (PIE)

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7.5 Relocation Read-Only (RELRO)

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7.6 Control Flow Guard (CFG - Windows)

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7.7 Control-Flow Integrity (CFI - Generic/Clang)

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7.8 Pointer Authentication Codes (PAC - ARM)

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7.9 Memory Tagging Extension (MTE - ARM)

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7.10 Source Code Hardening & Secure Libraries

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7.10 Intel Control-Flow Enforcement Technology (CET)

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Shadow Stack (SHSTK)

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Indirect Branch Tracking (IBT)

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CET Effectiveness Against ROP/COP/JOP

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7.11 Conclusion

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7.12 Quantitative Analysis: Mitigation Effectiveness and Adoption Rates

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Global Mitigation Adoption Rates (2024)

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Mitigation Effectiveness in Practice

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Exploit Chain Complexity by Mitigation Profile

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Historical Evolution of Mitigation Deployment

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Cost-Benefit Analysis of Mitigations

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Chapter 8: Bypassing Stack Canaries

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8.1 Leaking the Canary Value

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Methods for Leaking:

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Payload Construction after Leak:

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8.2 Brute-Forcing the Canary

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Factors Affecting Feasibility:

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Brute-Force Payload Structure (Byte-by-Byte):

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8.3 Overwriting Targets Below the Canary

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Potential Targets:

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8.4 Attacking Canary Generation or Checking Logic

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8.5 Partial Overwrites and Data-Only Attacks

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8.6 Conclusion

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Chapter 9: Bypassing NX/DEP: Return-Oriented Programming (ROP)

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9.1 The Principle: Reusing Existing Code

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9.2 What is a Gadget?

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9.3 Finding Gadgets

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9.4 Gadget Types and Their Roles

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9.5 ROP Chain Construction: Orchestrating Gadgets

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Stack Layout Example (Conceptual x64 - Call `func(arg1, arg2)`):

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9.6 Controlling Function Arguments

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9.7 `ret2libc`: Calling Library Functions

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9.8 Syscall Gadgets: Direct OS Interaction

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9.9 Stack Pivoting: Changing the Stage

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9.10 Advanced ROP: Sigreturn-Oriented Programming (SROP)

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9.11 Blind ROP (BROP)

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9.12 Conclusion: The Ubiquity of ROP

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9.13 Quantitative Analysis: ROP Chain Metrics and Real-World Performance

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ROP Chain Length Analysis

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ROP Gadget Availability by Module

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ROP Chain Reliability Factors

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ROP vs. Direct Syscall Comparison

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ROP Chain Construction Time by Experience Level

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Chapter 10: Bypassing Address Space Layout Randomization (ASLR)

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10.1 The Crucial Role of Information Leaks

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10.2 Common Sources of Information Leaks

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10.3 Leveraging Leaked Pointers: Calculating Base Addresses

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10.4 Partial Overwrites: Exploiting Low Entropy

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10.5 Brute-Forcing ASLR: A High-Cost Gamble

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10.6 Exploiting Non-Randomized Components

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10.7 Chaining Leaks: Multi-Stage Exploitation

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10.8 Conclusion

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10.9 Quantitative Analysis: ASLR Entropy and Bypass Feasibility

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ASLR Entropy by Platform and Architecture

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ASLR Bypass Feasibility by Entropy Level

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Information Leak Effectiveness by Vulnerability Type

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ASLR Bypass Success Rate by Method (Real-World Data)

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Impact of ASLR on Exploit Development Time

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Chapter 11: Bypassing CFI, CFG, and Advanced Hardware Mitigations

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11.1 Bypassing Control Flow Guard (CFG - Windows)

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11.2 Bypassing Control-Flow Integrity (CFI)

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11.3 Bypassing Pointer Authentication Codes (PAC - ARM)

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11.4 Bypassing Memory Tagging Extension (MTE - ARM)

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11.5 JOP/COP: Alternative Code Reuse

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11.6 Return-to-CSU (`__libc_csu_init`)

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11.5 Counterfeit Object-Oriented Programming (COOP)

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Core Concept

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COOP Payload Structure

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Practical Bypass of CET Shadow Stack

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11.6 PACMAN: Speculative Execution Oracle for ARM Pointer Authentication

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The Core Insight

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PACMAN Gadget Structure

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Attack Mechanics

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Impact

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11.7 TikTag: Breaking ARM Memory Tagging Extension with Speculative Execution

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Background: MTE

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TikTag Gadgets: TIKTAG-v1 and TIKTAG-v2

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Attack Results

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Response from Arm and Google

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Implications for MTE

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11.8 Conclusion: The Ever-Shifting Battlefield

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Chapter 12: The Holistic View: Combining Bypasses and Tooling

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12.1 Typical Exploit Chains: The Sum of Parts

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12.2 Exploit Development Workflow: A Systematic Approach

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12.3 Using Debuggers Effectively

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Debugger Usage Strategy:

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12.4 Leveraging Disassemblers/Decompilers

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Usage Strategy:

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12.5 Exploit Frameworks (pwntools)

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12.6 Fuzzing for Bug Discovery

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12.7 Automated Exploit Generation (AEG) Concepts

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12.8 Conclusion

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Part 3: Beyond the Basics and Future Trends

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Chapter 13: Architecture Specifics and Kernel Exploitation

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13.1 Architecture Specifics: ARM/AArch64 Exploitation

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Key Architectural Differences:

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Impact on Exploitation Techniques:

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13.2 Introduction to Kernel Exploitation

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User Space vs. Kernel Space:

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Kernel Memory Layout:

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Kernel Attack Surface:

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Common Kernel Bug Classes:

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Kernel Mitigations:

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13.3 Basic Kernel Exploit Concepts

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Payload Example: Privilege Escalation

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13.4 Conclusion

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Chapter 14: The Shifting Landscape and Conclusion

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14.1 The Rise of Memory-Safe Languages

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Rust: The Leading Memory-Safe Systems Language

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Other Memory-Safe Languages

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Impact

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Limitations

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14.1.5 Recent CVE Trends: Active Exploitation in 2024–2025

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14.2 Managed Runtimes (JVM, .NET, Python, Ruby, etc.)

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14.3 WebAssembly (Wasm) Security Considerations

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14.4 Hardware-Level Security Evolution

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14.5 The Continuous Arms Race: What's Next?

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14.6 Final Thoughts: The Primacy of Secure Development

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Appendix A: Glossary of Terms

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Appendix B: Common Syscall Tables (x86, x64, ARM32, ARM64)

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B.1 x86 (32-bit) Syscall Convention

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Common x86 Syscalls:

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B.2 x64 (64-bit) Syscall Convention

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Common x64 Syscalls:

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Important Considerations:

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B.3 ARM64 (AArch64) Syscall Convention

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Common ARM64 Syscalls:

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ARM64 Shellcode Example: `execve("/bin/sh", NULL, NULL)`

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Appendix C: Useful Debugger Commands for Exploit Development

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C.1 GDB + Extensions (PEDA/GEF/Pwndbg)

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Process Control & Execution:

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Breakpoints:

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Memory Examination:

This content is not available in the sample book. The book can be purchased on Leanpub at <https://leanpub.com/buffer-overflow-exploit-defense>.

Register Manipulation:

This content is not available in the sample book. The book can be purchased on Leanpub at <https://leanpub.com/buffer-overflow-exploit-defense>.

Stack Analysis:

This content is not available in the sample book. The book can be purchased on Leanpub at <https://leanpub.com/buffer-overflow-exploit-defense>.

Disassembly:

This content is not available in the sample book. The book can be purchased on Leanpub at <https://leanpub.com/buffer-overflow-exploit-defense>.

Heap Analysis (Extensions - Commands may differ slightly):

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ASLR/PIE/Mitigation Info (Extensions):

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Searching Memory:

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Scripting & Automation:

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C.2 WinDbg (Windows)

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Process Control & Execution:

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Breakpoints:

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Memory Examination:

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Stack Analysis:

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Disassembly:

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Heap Analysis:

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Module/Memory Info:

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Searching Memory:

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Symbols:

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C.3 Final Note

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Appendix D: Further Reading and Resources

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D.1 Foundational Books

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D.2 Advanced Exploitation & Reverse Engineering Books

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D.3 Online Resources & Communities

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D.4 Essential Tools (Recap & Beyond)

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D.5 Practice Platforms

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D.6 Final Advice

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