



Masud Rahman

# BREWED AWAKENING

An Exploration of the  
World's Favorite Beverage

# Brewed Awakening: An Exploration of the World's Favorite Beverage

Masud Rahman

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*I dedicate this book to all the coffee farmers, roasters, baristas and enthusiasts around the world who work tirelessly to bring the best cup of coffee to our cups. Your dedication and passion for coffee have made this drink an integral part of our daily lives and culture.*

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# Preamble

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# Introduction to Coffee

## Brief history of coffee

Coffee is one of the most popular beverages in the world, enjoyed by millions of people every day. But where did this beloved drink come from, and how did it become so widespread?

The origins of coffee can be traced back to the ancient kingdom of Ethiopia, where legend has it that a goat herder named Kaldi discovered the energizing properties of the coffee plant after observing his goats eating the red berries and becoming unusually active. From Ethiopia, coffee spread to the Arabian Peninsula, where it was cultivated and traded, and eventually made its way to Europe and the Americas.

During the 15th and 16th centuries, coffee houses began popping up in cities across the Middle East, Europe, and America. These coffee houses were centers of social and intellectual activity, and they played a key role in the spread of coffee culture throughout the world.

## Overview of the coffee industry

Today, coffee is grown in more than 60 countries around the world, with the majority of production coming from countries in South America, Africa, and Asia. The coffee industry is a multibillion-dollar global enterprise, and it is the second most traded commodity in the world, after oil.

While coffee is enjoyed by people from all walks of life, the industry has faced its fair share of challenges, including issues related to fair

labor practices, environmental sustainability, and market volatility.

## **Explanation of the book's organization**

In this book, we will delve into the fascinating world of coffee, exploring its history, culture, and varieties. We will examine the different types of coffee beans, the art of roasting, and the various brewing methods used to make this beloved beverage. We will also take a look at the coffee industry and the challenges it faces, and we will explore the different ways in which coffee is enjoyed around the world. So come along with us and discover the many facets of this beloved beverage.

# Types of Coffee Beans

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## Arabica vs. Robusta

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## Origins and flavor profiles of major coffee-producing countries

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## Specialty coffee and microlots

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# Coffee Roasts

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## How roasting affects the final taste of coffee

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# Coffee Brewing Methods

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## Drip brewing

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## Espresso

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## French press

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## Pour-over

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## **Turkish coffee**

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## **Cold brew**

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# Coffee Culture

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# Further Reading

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## **Suggestions for further reading and resources**

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