

HOW DO YOU GET INNER PEACE BY  
BE A MUSLIM FOR A WEEK

7 DAY

MUSLIM



COMPILED AND EDITED BY  
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# be a muslim for a week

Change your Live

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# Dedication

## **The book dedicated to God**

Who created me and guided us to the straight path and who protected me from the demons of mankind and the jinn.

## **Dedicate this book to Muhammad is the Messenger of Allah**

Who has guided us and guided me to the right path and he have shown us the good in this world and the hereafter.

## **My mother and my father**

they was brought up me sonny and They taught me things.

## **To our teachers**

Who taught me and helped in the construction of my conscience and my spiritual.

## **To my wife , children and my brothers**

I loved them and look after them and rejoice.

# Introduction

World media today are filled with huge news about Islam and Muslims Including the correct and most are wrong We could not find a way to defend Islam Amid all these waves and advertising campaigns directed against Muslims in the world Fahadana God to this new style which is why not try it yourself Why let others direct your mind and choose your behalf Get out of the media stream and the lives of Muslims Try it yourself Be a Muslim for a week, You will not lose anything and You will gain experience.

Explain the **program**

- The program starts from Saturday to Friday, Every day a different prayer
- refrain at this week all the taboos which are forbidden in Islam
- a detailed program will be daily day to day
- must be adhered fully to the program and upon the occurrence of a line you should ever recorded
- documented what happened to you and what you feels like every day before going to sleep
- weekend Make Video 20 minutes which tells the story of your experience with Islam and upload on YouTube and share your experience with your friends and your family
- Fills our form in order to document your experience

Be a Muslim for a week! If you are a Christian or a Jew or an atheist If you love Islam and Muslims or hate them To understand Islam And how Muslims think Be a Muslim for a week.

If you're a drug addict or alcohol or if You hate your life This program will change your life.

# Saturday (The first day of Fajr prayer)

When waking up for Fajr: mention God Almighty then Todo then he prayed.

Say: O Allah, guide me to the right, citation desirable when you wake up, "Praise be to God that live us after deaden us and the Resurrection for him"

Then you and God then called Wudu (ablutions) and after ablutions says, "I testify that there is no god but Allah alone with no partner and I bear witness that Muhammad is His slave and His Messenger, make me of those who repent and make me one of those who purify themselves."

- Upon arrival of the mosque right foot feet per entry and say "In the name of God Thankfully God blessings on Muhammad and blessings of God, I open the doors of Your mercy."
- Dhikr(citation) after the prayer
- If you have returned to your home from morning prayers cite the name of God when you log in and when your food (Ki expel the devil from home) and blessings on your family
- When you go out for your business, cite the name of God when you go out and say, "In the name of God I put my trust in God There is no power but from God. Oh God, I forbid you to go astray or astray or humiliated or humiliated or darker or darker or ignorant or unaware of the"
- And when you log in to your business, then you say "In the name of God," and you have their tolerance, honesty and fluency face and disclosure of peace and good word and good treatment nor anyone
- make your work perfectly Messenger of Allah says (God loves when one of you work it well)
- phone your mother and your father and reassured them and then call your wife and your children and reassured