


FORWARD

“There is dignity in Labour” is a foremost phrase in the community of workers. Yet no matter how dignifying labour seems, an individual cannot work for all of his or her life. This piece titled '**After The Game, What Next?**' has been put together by the author to allay the fears of most sporting athletes, especially those yet in the active years of their sporting career. From the book, you will discover that to retire is not as important as having an understanding of what to retire into at the end of an illustrious sporting career. The choice of sporting career notwithstanding, an athlete could either retire rich or become even poorer than ever, in spite of all the fortunes acquired during the active years of sporting activities. In this piece, you will find examples of top athletes that were famous and conscious of life after active sporting career that we're able to plan ahead for their retirement. It is also a wakeup call for some spend thrift athletes that are yet in active sports on the need to make plan for the soon to arrive retirement years. Also highlighted in this book are few factors like health or career ending injury that could terminate an athlete's sporting aspirations abruptly. These negatives are inevitable factors that some once famous and reputed athletes are grappling with today.

Taking to a second career in a convenient area, the need to engage in financial prudence through a conscious saving and investment life style including making your money work for you are some of the viable suggestions made in this book for athletes in active sporting period. Likewise those that have retired or about to, can still find the book propositions very useful. It is my pleasure to strongly recommend the book for all professionals and amateur athletes in active sports that truly desire to retire rich, happy and fulfilled.

By Ambassador John Fashanu.

