Give Thanks
Who are Seventh Day Baptists?

If you've never read The Sabbath Recorder before, you might be wondering who Seventh Day Baptists are. Like other Baptists, we believe in:

- salvation by grace through faith in Christ Jesus.
- the Bible as the inspired word of God. The Bible is our authority for our faith and daily conduct.
- baptism of believers, by immersion, witnessing to our acceptance of Christ as Savior and Lord.

For more information, write: The Seventh Day Baptist Center, 3120 Kennedy Road, PO Box 1678, Janesville, WI 53547-1678. Phone (608) 752-5055; FAX (608) 752-7711; E-mail: sdbgen@seventhdaybaptist.org and the SDB Web site: www.seventhdaybaptist.org

The seventh day

God commanded that the seventh day (Saturday) be kept holy. Jesus agreed by keeping it as a day of worship. We observe the seventh day of the week (Saturday) as God's Holy Day as an act of loving obedience—not as a means of salvation. Salvation is the free gift of God through Jesus our Lord. It is the joy of the Sabbath that makes SDBs a people with a difference.

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2012 Thanksgiving Art Contest winners

Winner,
Age 7-9 category
Nadia Bordun, age 7
Battle Creek, Mich., SDB Church

Overall Winner on front cover:
Melissa Brown, age 12
Pawcatuck SDB Church
Westerly, R.I.

Winner,
Age 4-6 category
Natalee Noel, age 6
Battle Creek, Mich., SDB Church
Features — Thanksgiving

Contest entries were all winners!

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Thanksgiving with Jesus .............................................11
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First shared with SR readers 50 years ago,
Editor Maltby looks at why Jesus gave thanks before the feeding of the five thousand.

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Reflections

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Contest entries were all winners!

2012 Thanksgiving Art Contest

Inspired by a similar art contest done in the Recorder in 2006, the SR Committee decided to repeat it for this year. We thank all the budding artists and their Sabbath School teachers for making this friendly competition another success!

Overall Winner:
Melissa Brown, age 12
Pawcatuck SDB Church
Westerly, R.I.
Give thanks to the Lord, call on his name; make known among the nations what he has done. (Psalm 105:1)

First runner-up
Age 10-12 category
Maddison Defelice, age 12
Berlin, N.Y., SDB Church

cont. next page
We give thanks to you, O God, we give thanks, for your Name is near; men tell of your wonderful deeds. (Psalm 75:1)
Enter into his gates with thanksgiving, and into his courts with praise; be thankful unto him, and bless his name. For the Lord is good. (Psalm 100:4-5)

Winner,
Age 4-6 category
Natalee Noel, age 6
Battle Creek, Mich., SDB Church

First runner-up
Age 4-6 category
Josephine Cummings, age 6
Berlin, N.Y., SDB Church
Reflections on Thankfulness

More than an attitude of gratitude

By Megan Malcolm
Christian Family Fellowship
(SDB) Decatur, Ga.

From an early age, most of us are taught to say “Thank you” when we are given something or when someone does a nice thing for us. However, being thankful or having an attitude of thanksgiving is much more than responding to a gesture of kindness—it is a way of life.

2 Corinthians 4:15 says that “All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God.” This lets us know that circumstances in our lives should cause us and those around us to glorify God.

A popular quote says, “Gratitude is the attitude that sets the altitude for Christian living.” In a nutshell, a Christian’s lifestyle should not only be an expression of thankfulness to other people, but should also exude that of gratefulness and appreciation for what God has done and continues to do in our lives.
An attitude

One may ask why it's necessary to have an attitude of thankfulness. It first starts with an understanding of who we are as God's children, and how blessed we really are to be part of His Kingdom. (What a different world it would be if we were all taught that at an early age as well!)

As heirs to the Kingdom, one of our main purposes is to bring honor to God. The Word of God tells us to

> "Give thanks to the Lord, call upon His name; make known His deeds among the peoples!" (1 Chronicles 16:8).

We do this not just on Sabbath mornings when we sing “O Give Thanks” during praise and worship service, but in our everyday lives, making the goodness of the Lord known to those we encounter on a day-to-day basis. In order for us to do something every day, it must be embedded in us and not just a temporary feeling. When you become a child of God, the desire to honor Him and to have an attitude of thanksgiving becomes a basic principle in glorifying the Father.

What if we’re not?

We should also be thankful because of what happens when we are not. When we are not thankful, we become the opposite of what God wants us to be. We tend to complain and be unappreciative toward others and the Lord. We become preoccupied and reliant on “self”—which makes us proud, selfish, and quite frankly, miserable to be around.

Being unthankful pushes us farther away from God. Romans 1:21 says that “Although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened.”

Thinking too much of ourselves and operating in our own understanding (instead of under the protection and guidance of the Almighty, acknowledging Him with praise and thanksgiving), leads to rebellion against God. It exalts the creature instead of the Creator.

Be humble

Having an attitude of gratitude requires us to be humble. It is only by the grace of God that we are saved, and not because of anything we have done (Ephesians 2:8). We also know that our heavenly Father is the One who sustains us and provides for our every need.

When we acknowledge that all that we have and all that we are is because of God, we gain perspective on how truly dependent we are on God’s grace, which will lead us into an attitude of thanksgiving.
Be content

Contentment is a big part of being thankful as well. Trusting that what God has provided is sufficient to meet our needs, gives us an understanding of the measure of His love for us. That should make us thankful.

Paul reminds us of this in Philippians 4:19, “And my God shall supply all your need according to His riches in glory by Christ Jesus” (NKJV). Only when we are unsatisfied and constantly seeking more possessions, gifts or talents than what God has given us, do we lose sight of what it means to be thankful. Our lack of gratitude and our insatiable “appetite for more” reflects our lack of trust in—and focus on—God.

The peace of God

When we trust in God, when we are content with His provision and thankful for everything He has done for us, we also experience the peace of God. Philippians 4:6-7 says that we should “Be anxious for nothing,

but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus” (NKJV).

Have you ever been stressed or worried about a situation and then decided to give it over to God? Have you truly trusted Him with the outcome and praised Him with thanksgiving even in the midst of your circumstance?

Didn’t you then feel the peace of God come over you? What was once a burden, became an afterthought! That was the peace of God at work—through your faith in Him and your attitude of gratitude—because you knew that whatever the outcome, it was for your good!

Joy!

With a heart of thanksgiving also comes joy. This is not the joy that’s based on temporal things or circumstances, but the joy of the Lord that renews your strength and amplifies your praise.

It’s the same kind of joy that the psalmist expressed in Psalm 100: “Make a joyful shout to the Lord, all you lands! Serve the Lord with gladness; come before his presence with singing... Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name.”

Worship!

This form of gratitude is seen most often in our worship. Our expression of thankfulness is reflected in our desire to worship God. If our worship is burdensome or reluctant, or done without meaning, then we might not truly be thankful to God for His grace and His mercies, even though we know that He deserves our praise.

Ephesians 5:20 tells us that at all times and for everything, in every situation, we should give thanks to God the Father in the name of Jesus Christ. The bottom line is that thankfulness is a form of worship and worship is a lifestyle.

Is it your practice to meditate on God’s goodness so you have a heart of appreciation and thankfulness? May the expression of gratitude be your basic Christian attitude. SR
A strange case of thanksgiving recorded in John 6 (the story of the feeding of the 5,000) has some parallels today.

When Jesus had seated the people by companies, He took the fish and the barley loaves and gave thanks. Why should He give thanks for something that He was about to produce by His own supernatural power?

This is strange until one tries to think of some of the probable reasons why He expressed thanksgiving. Some might say that it was more of a blessing and that the miracle was conditioned upon the prayer. But suppose we take it in the more natural way.

Our Lord gave thanks for small things that in His hands could become large, for an opportunity to feed the hungry, for a chance to speak of the bread from heaven, and for the privilege of setting an example of thanksgiving.

Sometimes our giving of thanks borders on the hypocritical because while we bow our heads we are thinking that our hands produced that for which we are thanking the Lord. The turkey on the table—we did not see it ranging the fields and growing by the bountiful hand of God in nature. We may be thinking that its feet may never have trod on anything but wire mesh and that it came to our house by means of our hard-earned cash.

Thank God for this and all the other provisions that come the same way. Is it mere ritual? If such thoughts come to our minds or those of our children let us put them aside. The example of Jesus is profound and puts us to shame.

He who had the power to multiply five barley cakes and two small fish to more than satisfy 5,000 people paused to give thanks. How much more should we! Let us thank God, from whom all blessings flow.
Frustrated with foxhole faith

Much to my chagrin and frustration, I’ve come to realize that I’m something I definitely don’t want to be: a “foxhole Christian.”

Someone once said, “There are no atheists in foxholes.” This quote has been variously attributed to Lieutenant Colonels William Cleary or William Casey, and even World War II journalist Ernie Pyle. Another possible source is Chaplain William T. Cummings, who supposedly uttered it in a field sermon just prior to the Battle of Bataan in 1942.

This adage—primarily commenting on combat soldiers who become “converted” while under fire—is often adapted to other perilous situations. It emphasizes how people who ordinarily don’t deal with difficult problems tend to seek out a divine power when facing extreme threats.

Conversely, I believe that when things are going well, we humans tend to put God on the top shelf in a dark closet, where He remains ignored for years—sort of like a family Bible that sits on a coffee table as a decorative, unopened and unread dust-collector.

In my September “Reflections,” I mentioned three of the major battles in my life: widowhood, cancer, and brain surgery. God, in His loving grace, gave me the “victory” in all three of these fights.

The irony is that these life crises drove me to my knees when I otherwise would have been standing, alone and aloof, depending on my own strength instead of finding peace in God’s strong, comforting embrace.

Bibles and devotional books that went unread for months (or years) suddenly became spiritual “life rafts” on a daily basis. Lengthy, heart-wrenching prayers flowed from my lips like bitter tears, replacing the brief, rote, simplistic prayers that often melted in my mouth like cotton candy.

I still have difficulty understanding biblical concepts that seem upside-down. I normally think of “weakness” in negative terms. But in many places in the Bible, “weakness” is viewed in a positive light.

Some of my favorite Bible verses are contained in Isaiah 40:29-31. In fact, when I entered the operating room for my first mastectomy in 1990, I wore a gold eagle pin emblazoned with the words, “Isaiah 40:31.”

These verses read, “He [God] gives strength to the weary and increases the power of the weak. …but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

In 2 Corinthians 12:7-10, the Apostle Paul talks about having “a thorn” in his flesh. Three times he pleaded with God to remove this affliction, but God replied, “My grace is sufficient for you, for my power is made perfect in weakness.”

Instead of becoming angry and resentful, Paul decided to “boast all the more gladly” about his weaknesses, so that Christ’s power would rest on him. He also made a conscious decision to “delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weary then I am strong.”

Sarah Young’s book, Jesus Calling, is full of devotions written from Jesus’ point of view. Many of them deal with weakness. Here are a few:

“Some of the greatest works in My kingdom have been done from sick beds and prison cells. Instead of resenting the limitation of a weakened body, search for My ways in the midst of these very circumstances. ...My Strength and Power show themselves most effective in weakness.”

Another devotion begins with, “Come to Me with all your weaknesses: physical, emotional, and spiritual. Rest in the comfort of My presence, remembering that nothing is impossible with Me.”

Indeed, I come to You, Lord—even outside of my foxhole.
1 Thessalonians 5:18 says that we should give thanks in all circumstances. (I tend to mentally add, “But you don’t have to like it.”)

Being thankful all the time seems like a pretty tall order, especially the times I don’t feel like being thankful at all. Trying to keep up with a busy schedule, fulfill family obligations, keep up with friends and whatever else decides to pop up makes it easy to become stressed. The more stressed I get, the less thankful I am. The more “circumstances” I find myself attending to, the less time I take to remember the things I should be thankful for.

Several Sabbaths ago I was leading worship time. One of the songs picked out was “We Bring the Sacrifice of Praise.” There is a line in that song that goes, “And we offer up to You the sacrifices of thanksgiving.” Zing! A proverbial “Aha!” moment. Being thankful is an act of sacrifice. That’s a simple enough statement but what it implies takes some time to understand and even more to put into practice.

Most of my life I’ve been telling God thank you. “Thanks for the food, Lord.” “Thanks for my family, the pretty flowers in the field...” While those things are nice and I’m sure they’re appreciated, I don’t think they’re the sum total of what God intended Thanksgiving to be. Psalm 107:22 pairs thanksgiving with joy. And it’s not just human joy, but the joy of remembering the greatness of God and what He’s done.

Thankfulness isn’t just about you or me. Funny how even thanking God tends to be all about us—thank You for giving me this or that. Is that honoring God, or is it God-focused?

To sacrifice means that you give up something you prize in favor of something that has a higher or more pressing claim. Does being thankful cause you to give up something you prize? In order to be thankful, would you trade in your wealth? How about your pride, revenge, or hate?

Some of those may not seem like things a person would want to prize, but we do prize them, don’t we? I tend to hold on to them through some of my darkest times, saying, “I’ll have the chance to get that person back for what they’ve done,” or, “At least I still can do this.”

God wants better than that for us. He wants us to sacrifice those things to Him and be thankful that He is greater than the darkness. So the question becomes: Will we sacrifice our right to power, pride, judgment and justice in favor of thankfulness to God for His goodness, mercy, and sacrifice for us?
“Jesus performed many other signs... which are not recorded in this book. But these are written that you might believe that Jesus is the Messiah, the Son of God, and that by believing you might have life in his name.”
(John 20:30-31)

At the end of his Gospel, John makes an interesting pronouncement. While none of the Gospel accounts have recorded *everything* that Jesus did, John chooses to tell his audience that he has been selective in his storytelling. John is clear about the reason for limiting the story—he wants people to believe in Jesus Christ, and chose those incidents which he thought would best achieve that aim.

The telling of any story requires a similar selection process—storytellers choose to relate events they believe are most important. But what if there was no collection of information to select from—where would the storyteller be? What if the collection of information was inaccessible?

In an effort to simplify and expand the storytelling of Seventh Day Baptist history, the Society has been engaged in long-term projects to increase our collection and to make the collection accessible on the internet. While collection development is a never-ending task, the Society has successfully achieved the second of these aims by relaunching our website at www.sdbhistory.org. The Society has owned that website address for several years, but the site was redesigned and relaunched in early July. It now provides access to a growing collection of resources for interested researchers. The two most exciting of these are the index to our periodicals (including the *Sabbath Recorder*) and our library catalog. The former makes searching for people, places and churches simpler, while the latter showcases the work of our automation project.

There is also a page full of links to relevant Seventh Day Baptist, Baptist, Sabbath, and genealogical resources. Finally, a map locating historical locations for all known SDB churches (by all their known identities!) is also available. Expect this collection of information to grow in the coming months as we add more features to the site.

Because there are significant costs associated with maintaining this internet resource, we have reserved access to some parts of the website to Society members in good standing and those Friends of the Society who have paid for access. Members of SDB churches can join the Society for one year (for $15), or for life (for $200). Both memberships come with access to the website, as well as a 10% discount on Society publications (including the new edition of *A Choosing People*).

Those who are not members of SDB churches can secure access to the website for $20/year. If you are a current member or Friend of the Society and would like to arrange access to the webpage, please contact us—we’re excited for you to see the fruits of our labor!

The Society foresees our website as a significant part of our ministry going forward, and work must continue to make more materials available online. Many items could be added, including historic SDB tracts and publications, if finances were available to make such work possible. For now, we are grateful for the ability to make the treasures of our collection known in the wider world, even if they cannot all be viewed on-line.  

*The SR*
**Seminarian Profile**

**Name:** Carl Paul Greene

**Birthdate and place:** August 28, 1974
Cambridge, NY

**Family:**
- Wife: Cindy Joy (formerly Dickinson)
- Children: Seth Harris (11), Luke Daniel (10),
  Samuel Carlton (8), Elizabeth Joy (4)
- Parents: Paul and Gerri Greene, Berlin, NY

**Education:**
- Berlin (NY) Central School District
- Houghton (NY) College, BA in Political Science and History
- Bethel Seminary, Worcester, MA and Arden Hills, MN (Jan. 2011–present)
  (I expect to graduate in May 2014)

**Ministry experience:**
- Dedicated Service – Berlin SDB Church
- Organist/Pianist at variety of churches: UMC, Baptist, Episcopal, Presbyterian
- Licensed to preach at Berlin SDB Church
- Pastoral Assistant – Hoosick (NY) Baptist Church
- Pastor – Hebron (PA) SDB Church, currently

**Other employment:**
- USDA Farm Service Agency
- Berlin NY Town Board, Deputy Supervisor
- Mapledale Farm, Partner

**Favorite Bible passage:**
- Philemon 1:6, “...and I pray that the sharing of your faith may become effective for the full knowledge of every good thing that is in us for the sake of Christ.” (ESV)

**Favorite author:**
- John Ortberg.

**If given a $10,000 check we would:**
- Make sure our names were on the check; tithe,
  pray for discernment and direction.

**A great answer to prayer was:**
- Providing family and friends to come alongside us at critical times.

**A project I’m excited about:**
- Outreach into the communities of Potter County, PA.

**My vision for SDBs:**
- That our witness would be increasingly true to the Gospel message. 🙏
God does not want us to “settle.” He does not want us to think that we’re powerless against the powerful temptations that come against us.

He has not told us to accept our lot, to wallow in sin, and to wait for the moment when temptations flee because Christ has returned triumphant over everything.

Instead, God wants us to fight. He wants us to pay attention. He wants us to grow.

That message shows up clearly throughout Scripture and with brilliant intensity in the second of Simon Peter’s New Testament letters. Right after the introduction, Peter gets to the point: “His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness” (2 Peter 1:3, NIV. Italics added for emphasis).

Everything we need for a godly life. Now—not at some point in the future.

From that starting point, Peter calls Christians to build their faith, to discern and avoid false teaching, and to work hard while waiting for Christ to return. His short letter is a powerful encouragement to rely on God’s strength and God’s promises.

The SDB Board of Christian Education is pleased to announce that a Bible Study book for 2 Peter is now available. Like the guide published for 1 Peter, this was written by the Rev. Victor Skaggs for a Bible study he was leading. It is perfect for both individual and small group study.

The book is organized with questions to help you think and talk about the text, space for taking notes, and leader’s notes to provide guidance as you seek to apply God’s Word to your life right now.

The 50-page study guide is called *Growing Your Faith: Building, Discerning, and Waiting*. You’ll pay $3 for each book. You can find more information about ordering this and other BCE Bible Studies on the web (http://7db.info/biblestudies).

From the study book’s back cover:

God calls Christians through New Testament authors to pursue growth toward maturity.

Peter’s second letter emphasizes that call and includes a step-by-step outline of spiritual growth. This Bible study guide will help you discover that outline. As you study, you’ll be challenged to put the outline into practice. In addition, you’ll come to see that building your faith, discerning false teaching, and waiting for the promises of God are important parts of your Christian walk.
The vibrant colors of the fall leaves often bring to my mind the autumn centerpieces of Thanksgiving tables.

Looking forward to this time spent with family and friends, I could not escape thinking about an illustration a lecturer used in a missions class I attended. He said one way we might think about blessings is that the world is like a great Thanksgiving table. We are assigned a seat in this scenario, and then the feast is brought in for our nourishment.

At this illustrative table, as in the real world, often the bounty is set on one end or the other, but not in the middle. The host’s obvious expectation is that the abundance is intended for all, but sometimes the platters stop before being passed along. It may be that someone really likes the cranberry sauce and does not want to pass it. There may be more than they will ever need, but personal gratification is what they are after—even though everything on the table did not belong to them in the first place.

We shake our heads at thoughtless people who pile on the food, then neglect to pass the platter to share with others. But I can’t help but wonder how often God might shake His head at me for the resources, funds, and talents that have been passed to me that I do not pass along. There are people that God wants blessed and I believe He blessed me so that they may be, but in practice I often focus on filling my own plate.

In my office, I regularly receive requests for assistance in foreign language Bibles, food and clothing for those in need, or for help building worship facilities. As a result, I think first of the funds we receive that may have been intended to be passed down the table. But I do not believe it stops there. I feel our various giftings are like those plates of food that we should be sharing with our brothers and neighbors.

It’s also as if God has given each of us some construction equipment in the talents He has bestowed for building His Kingdom. Some are equipped with “dump trucks of Kindness” or “ignorance-moving machines of Teaching.” Often it seems we would be content to leave those backhoes and bulldozers in our respective garages instead of using them to bring glory to God.

Chapter 2 of Ephesians states that there are good works God planned in advance where we should be involved. Will not our lives be so much better if we actively seek to use those blessings and equipings to do the things our loving and caring God wanted us to join Him in doing?

Here I wonder if my mind is at the place where I truly understand what “giving thanks” is all about. I wonder if am that guy who gets the turkey platter and mumbles a “thank you” to the host as I fork more stuffing in my mouth—oblivious to or ignoring the other guests waiting for me to pass the plate. Am I thankful with a carnal mind that’s happy to receive gifts that only satisfy worldly wants? Or do I have the mind of Christ that is truly grateful for being sustained further for service and equipped to be part of God’s work to help Him form life-changing relationships with those in my congregation, neighborhood, country, and world?

As we pass the plate this holiday season and beyond, let us ask ourselves, “What kind of thankful are we? And are we willing to really join God in cultivating the kind of gratitude He would have our lives reflect”?

Rejoice evermore. Pray without ceasing. In everything give thanks: for this is the will of God in Christ Jesus concerning you. (1 Thessalonians 5:16-18)
Deuteronomy 4:24 says, “For the Lord your God is a consuming fire, a jealous God.”

These are the first words I saw as I began my daily Bible study. I read it and thought, “Wow, that verse says so much!” In just those few words we are told that our God is all-consuming, and a God who gets jealous.

As I looked over that verse I realized that in order for me to completely understand its meaning, I needed to read it in context. I then saw Deuteronomy 4:23, “So watch yourselves, that you do not forget the covenant of the Lord your God which He made with you, and make for yourselves a graven image in the form of anything against which the Lord your God has commanded you.”

If you were standing close by, you could probably hear the bells going off or see the light bulb flick on inside my head! I thought, I know why God is a jealous God! He doesn’t want us to break the promise we made to Him. He wants us to worship Him, not some other thing.

If you were standing close by, you could probably hear the bells going off or see the light bulb flick on inside my head! I thought, I know why God is a jealous God! He doesn’t want us to break the promise we made to Him. He wants us to worship Him, not some other thing.

We don’t need to worship our computers, smart phones, music, or anything else that we tend to replace God with. We NEED God! We NEED our Creator! We NEED the One who knows us better than we know ourselves!

We should thank Him constantly for telling us He is a jealous God. If He didn’t let us know that He loved us more than anything or anyone else could, we might look somewhere else for that love. If He didn’t tell us He loved us enough to be jealous, how would we ever know? We wouldn’t.

After I realized that I needed to be told multiple times that God was a jealous God, I went looking. I found more places where the Bible showed me that God is jealous. Deuteronomy 6:14-15, “Do not follow other gods, the gods of the peoples around you; for the Lord your God, who is among you, is a jealous God and His anger will burn against you, and He will destroy you from the face of the land.”

This verse got to me as well. If we don’t worship our jealous God His anger will burn against us. Now this might just be my opinion, however, I don’t want to feel God’s anger burning against me. I don’t want to know how it feels to not be on God’s good side. I want to be in God’s good graces where one can feel the full extent of God’s love.

The other part of this verse shocked me. God really is a jealous God. He is willing to say that He will destroy you because you aren’t worshiping Him as God your Father. I am not going to take my chances and eventually be wiped off the face of the earth! I would much rather worship God and have Him know me as His child, than decide to fall out of His good graces and feel His wrath.

Our God loves us SO much that He gives us these warnings. However, the only way to receive these warnings is by reading your Bible and trying to understand what it’s telling you.

These warnings are important. They are shared to keep you alive and blessed by God. The alternative—to be dead and cursed by God—doesn’t seem like a very promising situation to be in. If I had the opportunity to make that decision... Oh wait, we all have the opportunity to choose God over the world! I know who I am choosing and I know why. Do you know who you’re choosing to follow? Make that decision because you never know when our jealous God is coming again.
Can you define “love”? The Merriam-Webster dictionary defines love as, “a strong affection for another arising out of kinship or personal ties” or “a warm attachment, enthusiasm, or devotion.”

I am sitting here at my family’s dining room table staring at the antique white walls that surround me, and popping milk chocolate Hershey Kisses into my mouth every five or so minutes (not recommended by the way), while my thoughts lead me to process the word love and how love defines my personal life.

Being a Christian isn’t an easy task, but neither is not being a Christian! I can relate to both of these personally, and for understanding the two contrasting perspectives, I have become very thankful.

Born into a warped family that didn’t reflect God in any circumstance, I quickly faded into the shadows. That’s something I never want to experience again, but am thankful that I understand.

The family with whom I share genetics means zero to me. I have come to realize that genetics don’t define a person and DNA surely doesn’t make a person who they are. The only blood that can define a person or transform them is Christ’s blood. Plain and simple! How I got this realization though is another story that’s worth connecting the dots.

As I began earlier, the family with whom I share DNA has no meaning to me. A simple word to many, but felt by few, is the word “adoption.” Before I was adopted, I was neglected by my biological parents. It got to the point that I slipped into a semi-coma and my body shut down almost as quickly as I had emotionally and mentally.

Just turning 3 years old, what could I do but only sit and stare at the hospital white walls that contained me? In those white walls though, for the first time—I was introduced to Christ. It was not by words or by the church, but by the simple attitude and the environment that encompassed me into a feeling I had not felt before. No longer was I queasy from the medicine they administered into my veins, no longer was I scared of my next breath, and no longer did I have to feel abandoned.

I can’t say that I knew God then, but I can honestly say He knew me inside and out. He had greater plans than anything a little child’s imagination could think up. (And you know how little ones use their imagination!)

God knew I needed a family who would reflect Him and obey His commandments, and I can’t thank Him enough for that blessing of life He compassionately offered me through the Smiths.

If you want to know the definition of love, here it is plain and simple: “Christ.”
Following the Footsteps

When I first proposed having all Seventh Day Baptists read and study the same book this year, I was worried a little by the potential response. I wondered if I would see the “stubborn side” of SDBs or the “supportive side” of our common church family. (I know I have rebelled at times when programs are being shoved at me or edicts from my work organizations make me conform to some uniform standard. If all Seventh Day Baptists had my teeth-gritting stubborn streak I thought we might be in trouble.)

However, I have been greatly encouraged by the responses across the country as churches have called, written and e-mailed to tell me that they are studying *Experiencing God* in Bible studies, Sabbath Schools and small groups. Some churches have budgeted to buy copies for every family, others have adopted the book for a Sabbath School quarter, while others have written to request additional copies for their small group study.

The offer is still open to help your church secure copies (see my e-mail at the end of this article) and get started on reading and studying this Conference year. A couple of churches that started early have offered to donate their copies when they are done to help their sister churches join us on our jour-

ney of exploring the process of knowing and doing the will of God.

In watching the political conventions and campaigns this year, I observed how each party sought to simplify and refine their message to just a few talking points. Whenever peripheral issues tried to distract, the candidates and their surrogates tried to get back on message and hammer home their central points.

As Christians I wonder how often we let the arguments of others get us off-message. We debate internally about how often to observe communion, the state of the dead, or the timing of the second coming. Meanwhile souls are being lost, families are in need and people are hungry—physically and spiritually. When witnessing we can let ourselves get sidetracked in arguments about the age of the earth, how many hypocrites there are in the church or whether the Bible is historically accurate in every detail.

Have you ever tried to follow someone along the beach by looking at their footprints? It’s easy going as long as there is just one set of prints. But soon, other footprints cross the path and the way quickly becomes obscured by a multitude of divergent paths and confusing alternatives.

When we let ourselves get distracted from following God’s will by all of man’s theological muddle, or when we let the world’s “logic” arguments (Isaiah 55:8) divert us from God’s revealed plan for mankind in His Word, then we are “lost on the beach” with no sense of where God wants us working next.

I’m convinced the solution is to quit looking down at the footsteps. Let’s look up and focus on catching a glimpse of the One we are supposed to be following. When we can set our eyes on the Shepherd, the path we need to follow becomes clearer.

That’s why the book I’ve asked you to read is subtitled, “Knowing and Doing the Will of God.” The first part is not so much knowing God’s will but knowing God. When we strive to know God better, His will and our path becomes more readily apparent. It is very difficult to know God’s will if we don’t first know Him on an intimate basis.

I hope by now you are well on your way to reading and studying your way through Blackaby’s *Experiencing God* and you are discovering and experiencing God in new and amazing ways. I’d love to hear from you. My e-mail is ralph.mackintosh@hoag.org. 

\[SR\]
Politics can cause a division within the public, within families, and even within churches. As we watched the political ads on television—and had the “it-cannot-be-over-soon-enough” thoughts running through our heads—we could not only be mad at the candidate that we did not agree with, but we also did not have good thoughts about those we knew who had differing views.

Now just so you don’t jump to conclusions that good ol’ Rob is talking about “everyone else” as though he doesn’t have these thoughts too, I do—and that’s why I am writing about this. The many months (it seems like years) that we have endured the U.S. presidential race makes us all a bit callous. But I believe that this year especially, and with our wonderful media always at our beck-and-call, I’m a bit suspicious that we are more divided than ever. I watched as we spewed our opinions through the social networks and even got into debates with old classmates on who should be president, based on facts which of course were our own opinions.

That caused me to wonder, as Rodney King so eloquently put it, “Can’t we all just get along?”

At times I believe that this is impossible. Then I remember back to this past summer at Conference and I think, “Yes we can.” Even when we don’t agree with one another on every issue, we can still get along. At General Conference there were discussions about theology, politics, and the by-law vote, and yet, even if there were those who differed, they still got along and ate together, worshipped together, prayed together, and laughed together.

The problem with the social media, and in one-on-one conversations, is that when we see or hear evidence that supports what we already believe, we will support that evidence. If the evidence takes on a middle-of-the-road opinion, we will simply interpret (twist) it in a way that supports what we think and believe. And, if by chance the substantiation completely contradicts what we believe, we will discount the support, maybe even discount the person, and keep believing what we want. Ahh... the truth doesn’t always “set us free.”

Now if some of you are wondering out loud about my mixing religion and politics, I’m not. I am saying that we Seventh Day Baptists could show the rest of the communities out there how you can get along, even when you might not see things eye-to-eye. We can put aside what is voted on, and move forward as a community. We can be in the majority or the minority on an issue, and still be one in the Body of Christ and treat all the members of the body the same.

There is no hierarchy—none of this “I’m right/you’re wrong,” “I’m less/you’re more” attitude that carries forward in our relationships—and that means that we are all just getting along. I know there are those who still believe we are at each other’s throats behind closed doors, but that just isn’t true, folks. We are demonstrating that we are a community, we are a team, and we are an “Alliance In Ministry”—from the churches, the ministries, and those you have placed in positions of influence and servanthood.

For the past four years I have been saying, “Together We Can.” You might wonder why I keep repeating myself. It is because I believe this! We can do so much more as a Conference of churches if we strive to be a community that is doing God’s will, and staying in God’s control. Together we can do so much more if we are following the correct authority figure—and that is God through His Son Jesus Christ!

Let’s continue as Seventh Day Baptists to be the light in a world that has become so dark and dreary. Let’s demonstrate what “community” can look like. Let’s strive to be true to our God. And whether at home, or as far as we roam, we will guide our lives by His Word. Amen! SR

Now that the politics are over... “Can’t we all just get along?”
God made us stewards of EVERYTHING He created. Our responsibility is to manage it until His return. As stewards we are to do this in the same manner as He would because we will have to give an accounting when He comes back. What we do until His return is called **stewardship**.

If you remember J.R.R. Tolkien’s *The Lord of the Rings*, there had not been a King of Gondor on the throne for 25 generations. Denethor II, the ruling Steward at the time, had been blinded by the Palantir and was not ready for the return of the king. (I told you I was a LOTR geek.) The Steward had not been faithful and upon the king’s return he could not give an account.

As stewards we are to use the resources left by the king to continue the king’s work. Jesus gives us a perfect example of this accounting in the Parable of the Talents (Matthew 25:14-30).

The master left varying talents to his servants who were to exercise stewardship. Two of the servants doubled their talents while the third did nothing and returned exactly what he had been given. He was cast out into the darkness. (Remember Denethor II at the end of the movie?)

How do we exercise stewardship? Well, first you have to put those talents to work. As we discussed last month those talents can be physical things. The SDB Memorial Fund exercises stewardship by investing the financial gifts and distributing funds for the work of Seventh Day Baptists to fulfill the Great Commission. The General Conference and Societies exercise stewardship by using your gifts to help the local churches reach out to their communities.

But talents are more than just physical. What do you do with the time God has given you? Are you serving in your local church and community? What do you do with your thoughts? Are you filling them with God’s Word and prayer?

More importantly, what have you done with the gift of salvation God has given you? Have you shared it? Have you doubled it by sharing it with someone else? Christ’s salvation is the greatest talent He has given us! I’m pretty sure He wants us to share it.

“For if I do this of my own will, I have a reward, but if not of my own will, I am still entrusted with a stewardship.”

1 Corinthians 9:17 (ESV)

**stewardship** _noun_

1. The position and duties of a steward, a person who acts as the surrogate of another or others, especially by managing property, financial affairs, an estate, etc.
2. The responsible overseeing and protection of something considered worth caring for and preserving. (* Dictionary.com *)

OK, so where does the ukulele come in? Well, I have an extremely small talent for playing the ukulele. If you were at the coffee house at General Conference back in August you saw that talent... or not. As in the Parable of the Talents the master gave ten, five and one talents to his servants. God is not so much concerned with how much He has given us but with what have we done with what He has given us.

I admittedly need to practice more to make more with my talent because when He returns He is going to want to hear me play and I need to show some improvement.

So what have you done with your talents? Have you used them wisely? Have you taken what God gave you and multiplied them? What are you waiting for? The King will return!
Mental illness

by Barb Green, Parish Nurse
Milton, Wis.

Nearly half (46%) of Americans will be diagnosed with some type of mental illness in their lifetime. The wide range of mental health conditions includes depression, anxiety disorders, schizophrenia, eating disorders and addictive behaviors.

Many people have mental health concerns from time to time. A “concern” becomes a mental illness when signs and symptoms cause frequent stress and affect ability to function. Symptoms of mental illness include abnormal thinking, behavior and emotions such as feeling sad, confused thinking, excessive fears or worries, or problems sleeping. Physical symptoms may include fatigue, back pain, chest pain, and digestive problems. In general, symptoms may indicate a mental illness when they make you miserable and interfere with ability to function in daily life.

Mood disorders affect how you feel emotionally. Examples include depression and bipolar disorder. Anxiety disorders are characterized by the anticipation of future danger or misfortune, accompanied by feeling ill at ease. Examples are panic attacks, obsessive-compulsive behavior, phobias and post-traumatic stress disorder.

Substance-related disorders include problems associated with the misuse of alcohol and illegal or legal drugs. Psychotic disorders cause detachment from reality (delusions). The most notable example is schizophrenia.

Cognitive disorders affect ability to think and reason. Included are dementia and memory problems. Alzheimer’s disease is an example.

Developmental disorders cover a wide range of problems that usually begin in infancy, childhood or adolescence, and include autism and learning disabilities.

A personality disorder is characterized by a lasting pattern of emotional instability and unhealthy behavior that causes problems in life and relationships. This includes borderline personality disorder and antisocial behavior.

There is no specific cause of mental illness. It is thought to come from a variety of genetic and environmental factors such as traumatic brain injury, exposure to viruses or toxins while in the womb, loss of a loved one, financial problems or high stress.

Brain chemicals called neurotransmitters can also play a role. It’s thought that inherited traits, life experiences and biological factors can all affect brain chemistry linked to mental illnesses. Any of these factors can trigger mental illness.

Mental illness is common. About one in four adults has a mental illness in any given year, and nearly half have more than one mental illness at the same time. Mental illness can begin at any age and is a leading cause of disability. Complications linked to the illnesses include: family conflicts, relationship difficulties, social isolation, substance abuse, poverty, homelessness and suicide.

In most cases mental illness symptoms can be managed with a combination of medications and counseling. Treatment depends on the particular mental illness, its severity and life situation.

Medications don’t cure the illness but can significantly improve symptoms. They can help make other treatments such as psychotherapy more effective. (Psychotherapy is a general term for the process of treating mental illness by talking with a mental health provider. It can take place one on one, in a group, or along with family members.)

It’s important that a person participate in their own care by working with their doctor to see which treatment option is best. In most cases a mental illness won’t get better if you try to treat it on your own. However, things can be done that will build on your treatment plan: take medications as directed, learn about the condition, pay attention to warning signs, get active, avoid drugs and alcohol and get regular medical care.

Fortunately, treatment for mental illness can go a long way to restoring emotional and behavioral health and helping a person live a more normal life. (Information taken from MayoClinic.com/health/mental-illness)
New General Council has first meeting

Your new five-member elected General Council (John Pethtel, Susan Fox, Dannette Montague, Rod Noel, and Dr. Dale Thorngate), along with Executive Director Rob Appel, completed their first face-to-face meeting September 21-22, 2012. It was a retreat-style gathering held at Camp Harley Sutton in Alfred Station, N.Y.

During the meeting, we discussed the business of our denomination, reviewed reports from our executives and committees, and prayed for our Boards, allied Societies, and churches. We hosted area pastors and their families for an evening dessert on September 21, then attended local congregations on September 23.

We want to say “Thank you” for the hospitality and hosting provided by the Alfred Station SDB Church! And we give thanks to all of our Seventh Day Baptist churches and members for allowing us the privilege to serve you.

Our next meeting will be held in conjunction with the Coordinating Leadership Team on December 1-2 at the Seventh Day Baptist Center in Janesville, Wis. Please keep us and the ministries of our General Conference in your prayers.

by John Pethtel
General Council Chairman

Applications for SCSC team members and church projects have been posted on the Women’s Board website. Please watch “How Do I Apply for SCSC?” at sdbwomen.org/application-information, then go to sdbwomen.org/scsc-forms, read all information and send completed application forms to: SCSC Committee, c/o Milton SDB Church, 720 E. Madison Ave., Milton WI 53563.

Student applications must be postmarked by January 12, 2013. All church applications must be postmarked by January 31, 2013—NO Exceptions.

Please note: Students are limited to only two weeks of camp. Training dates are June 12-20. This will be a four-week on-site project, with General Conference as the fifth week of project with the PDs supervising if possible. See the website for further information. You may contact the SCSC Committee at the address above or at SCSC@miltonsdb.org.

The Committee on Support and Retirement (COSAR) is closing in our Pastors Retirement Fund goal of raising an additional $25,000 in 2012. We need another $4,000. Would you be a monthly giver? Send your tax-deductible gifts to the SDB Center (address on p. 3) or call to arrange an automatic gift.

Make your check payable to COSAR, with “Pastors Retirement Fund” in the memo line. Thank you so much!
Gaskin.—Ricardo Matthew Gaskin, 42, of Willow Grove, Pa., departed this life on August 2, 2012 after a life-long battle with illness. Rick was born on March 4, 1970 to Richard Elliott Gaskin and Enith Audrey Gaskin. He was educated in the Philadelphia Public and Parochial School Systems and received a degree in Business Administration. As a young adult, Rick was baptized at the Philadelphia Seventh Day Baptist Church (formerly Hope SDB) and gave his life to Christ. Rick met the love of his life, Alison Barrett, and they were married on June 23, 1996. From this union they were blessed with a son, Josiah Wendell. Rick's testament to hard work led him to seize many employment opportunities. Ultimately, he followed his passion and became a licensed barber. Rick's kind, generous heart and charismatic personality, along with his perseverance and determination, made him a successful business owner. Throughout all the years of suffering, Rick seldom complained as he displayed a gutsy resilience which made him an inspiration to others. Rick leaves to mourn his wife, Alison; son, Josiah; mother, Audrey and father, Richard; step-father Charles McGee; sisters, Ramonah Beasley and Anita; brother Shaphan; as well as a host of relatives and many beloved friends. The congregation bid farewell to their dear brother on August 10, 2012. Pastor Kenroy Cruickshank officiated the service.

Rousseau.—Katherine (Durham) Rousseau of Paint Rock, Ala., passed to rest on September 2, 2012 after a long life of 97 years. She was born August 13, 1915 to David and Belle Durham. Katherine was a loyal member of the Paint Rock SDB Church. She and her husband were partners in the Rousseau Brothers Country Store in Paint Rock. Established in the late 1800s, it was the focal point of the town until closing in 1979. Katherine lived in Paint Rock for over 75 years. She served on the Town Council and was instrumental in developing a safe water system for the community. She also started the Paint Rock Cemetery Fund. She supported the “Lightbearers for Christ” SDB musical ministry when it was directed by the late Arthur Rowe. Katherine is survived by one daughter, Jeanette Middleton of Ann Arbor, Mich; one granddaughter, Beth Ginzinger and two grandsons, Eric and Clark Middleton; and three great-grandchildren. She was preceded in death by her husband, Calvin Rousseau, and a brother, D.I. Durham.

Funeral services were held on September 5, 2012 at the Paint Rock SDB Church to an overflow crowd. Her pastor, Rev. John Bevis, officiated, assisted by the Rev. David Pearson. Burial was in the Paint Rock Cemetery.

Kenyon.—Rachel (Carey) Kenyon, 94, of Coudersport, Pa., died on September 12, 2012 at her home. Born March 5, 1918 in Coudersport, she was a daughter of T. Frank J. Carey and Mildred Tracy Carey. Mrs. Kenyon was a 78-year member of the First Seventh Day Baptist Church of Hebron, serving at various times as clerk, treasurer, Sabbath School superintendent and teacher.

She was employed for 10 years as a bookkeeper at the former First National Bank, followed by another 10 years with the Citizens Trust Co., and participated in the 75th anniversary celebrations of both institutions. After retiring in 1986, Mrs. Kenyon served as a volunteer with The Christmas House in Coudersport for 18 years. Surviving are her two grandsons, Allen D. Hauber of Bradford, Pa., and Benjamin L. Hauber of Raleigh, N.C.; two great-grandchildren, Alexandra and Finian Earl Hauber; a son-in-law, David W. Hauber of Coudersport; three sisters, Mary Whitehair of Orange City, Fla., Mildred Knowlton of Roulette, Pa., and Jean Rennells of DeLand, Fla.; a brother, Arch L. Carey of Fairview, Pa.; and many nieces and nephews.

She was preceded in death by her husband; a son, Kenneth; a daughter, Evelyn Hauber; and a brother, Albert F. Carey.

A funeral service was held at the First Hebron Seventh Day Baptist Church of Hebron on September 17, 2012 with Pastor Carl Greene officiating. Burial will be in Hebron Cemetery.

Death Notices

Dale Cruzan, 63, and his wife, Carol (Fowler) Cruzan, 60, of White Cloud, MI, died on October 12, 2012.
At this time of giving thanks, I am thankful for hardworking and faithful volunteer workers. As a service arm of the General Conference, the purpose of the American Sabbath Tract and Communication Council (made up of many volunteers) is to forge better connections among our churches and members, for the boards and agencies, and to the general public.

The ministry of the Sabbath Recorder is an extension of this purpose in a physical and on-line magazine. We’ve made strides in providing e-versions of the Recorder—all versions now in full color—in an effort to connect with the world.

I’m at the airport, on my way home from the annual meeting of the SR Committee. (And I just got word that my flight has a two-hour delay. Bad weather in Chicago—go figure.) For the last several years, the committee has been comprised of SDBs from the Atlanta, Ga., and Paint Rock, Ala., churches. During my tenure, I’ve had the great privilege of working with SR Committees from Denver/Boulder, Colo.; Seattle, Wash./Portland, Ore.; and Nortonville, Kan./North Loup, Neb.

The current committee has a mix of ages and backgrounds, some with and some without experiences at our annual Conference. In the past few years, they’ve been inspired to cover topics like:

- blended families
- evangelism techniques
- God’s light vs. darkness
- fasting
- caring for the caregiver
- using new and emerging media
- church planting
- along with annual themes like missions, Sabbath and others.

What’s on the horizon for 2013? We look forward to getting the SDB perspective on leadership development, how to engage (and keep) our kids in church, testimonies from past Conference presidents, special needs ministries, the church’s charitable benevolence and more.

I mentioned the past SR Committees because I think it’s important that we hear different perspectives from different areas of the country. After the current members finish their five-year hitch next fall, is it time for a change? With new options of on-line meeting capabilities, we could have a country-wide committee with different regional ideas all at once.

Also, do we need to hear from every board or ministry every month? It keeps us in steady touch but are there other methods besides the Recorder?

These and other things will be discussed at the Tract Council meeting in early November, and with the CLT and General Council in early December. Let’s keep looking for new ideas and new ways to stay connected!
Our Director of Emerging Media, Jeremiah Owen, has been archiving this past summer’s Conference sermons into a series of podcasts. And you’ve got some options! You can listen on iTunes, or use podtopia, or listen to the mp3 using your browser. “Like” us at facebook.com/7thDayBaptists to get links to your favorite sermon from Conference in Buckhannon, WV.

2012 Thanksgiving Art Contest winners

First runner-up
Age 10-12 category
Maddison Defelice,
age 12
Berlin, N.Y.,
SDB Church

Celebrating Thanksgiving by Giving Thanks to the Lord

Drink
Mashed Potatoes
Sweet Potatoes

Thanskgiving
Thanks to the Lord
Sometimes life can hit hard. It’s time for some relief.

Your gift to the **SDB United Relief Fund** provides help for medical and emergency needs both here and abroad.

Please give generously to the **SDB United Relief Fund** through your local church on Thanksgiving Sabbath (Nov. 24) or mail your gift directly to:

SDB United Relief Fund  
3120 Kennedy Road  
PO Box 1678  
Janesville WI 53547-1678