We continue to be blessed with the devotion given by the young people at the Sunday night service. The young people have recently announced that they will purchase new hymnals for the church.

Our new project is sending letters through the mail to all homes in the vicinity of the church. Approximately 700 letters will be sent at regular intervals during the year. These letters are simple invitations to our services. Enclosed will be one or more tracts about Seventh Day Baptists. We want to follow each letter with a special issue of the Sabbath Recorder. If any churches have purchased more Recorders in the past than they have used and wish to put them to good use, we would appreciate a letter stating what you have. Special issues are not dated and are always full of wonderful messages. Our 1962 goal is not only to strengthen the spirit of our little church, but to really let the world know "who and what we are." — Correspondent.

Accessions

Little Rock, Ark.

By Testimony:
Mrs. Charles Cato
Miss Judy Woodell (Associate)

Texarkana, Ark.

By Testimony:
Charles T. Britton
Ruth Britton (Mrs. Charles T.)

Births


Pierce. — A son, Karl Randolph, was born Dec. 11, 1961, to Stephen and Virginia Pierce of 4115 Woodcraft, Houston 25, Texas.

Obituaries

Campbell. — Edna Booth, was born at Parina, Ill., February 3, 1871, and died at her home in Hammond, La., January 17, 1962.

Mrs. Campbell was the widow of Merrill Campbell. They lived for a time in Nortonville, Kan., but she had been a resident of Hammond for 75 years and was the oldest member of the local Seventh Day Baptist church. She was known as one who served her Master well and one who was an inspiration to those who knew her.

Survivors include: two sons, Paul of Hammond and John of Chicago; two daughters, Mrs. Sam Jones of Kenwood, La., and Mrs. Irene Mitchell of Hammond; twelve grandchildren and thirty-seven great grandchildren.

Farewell services were held from the Thomas Memorial Chapel in Hammond with the Rev. Ralph Hays, pastor of the Metairie church, in charge of the service. — Mrs. H. E. De Land.


Olive was the second of five children, Miriam, Olive, Paul, Helen, and Helen, born to the Rev. Mr. Powell by his first wife. She was baptized by her father about 1900 at Rochester, N. Y., in the few years of secular employment between his Little Genesee and Adams Center, N. Y., pastorates. On May 15, 1921, she was united in marriage with Earl G. Gilchrist of Waynesville, Pa., at the home of her elder sister Miriam Jones, at Covington, Ky. They first lived at Sheridan, Wyo., later at Clarinda, Iowa, before moving to Hamilton. At the time of her death she was a member of the Nortonville, Kan., Seventh Day Baptist Church. She is survived by her husband and one daughter Louise, (Mrs. Dallas拴) besides others of her own generation. Interment was in Highland Cemetery at Hamilton. — Alena M. Bond.

Simpson. — Olin Huffman, son of William B. and Sylvia Eunice Maxson Simpson, was born at Jackson Center, Ohio, May 25, 1879, and died en route from Alfred to Bethesda Hospital, North Hornell, N. Y., December 31, 1961.

In early life he was baptized and joined the Jackson Center Seventh Day Baptist Church. He retained his membership there, feeling that he and Mrs. Simpson wanted to be of help to the church of their earlier years.

On August 17, 1913, he was married to Miss Carrie Maud Young, daughter of Leslie E. and Ella Saunders Young, at Alfred. Mrs. Simpson died October 9, 1961.

He is survived by one of his two daughters, Doris E. Simpson, at home, and one son, William L. Simpson of Kingsport, Tenn. Three grandchildren also survive.

Mr. Simpson had been principal of or teacher in seven school systems in Western New York. He retired in 1941 and, with his family, returned to Alfred to live.

Memorial services were held at the Alfred Seventh Day Baptist Church, January 4, 1962, with the Rev. Hurley S. Warren officiating. Interment was in Alfred Rural Cemetery. — H. S. W.

By Testimony:
Mr. Simpson wanted to be of help to the church at Nortonville. — Mrs. Herman Britton.

SABBATH SCHOOL LESSON

for February 17, 1962

Respect for Human Life


for February 24, 1962

Fidelity in the Home

Lesson Scripture: Ex. 20: 14; Matt. 5: 27-30; Eph. 5: 21-33.
Committed Living
by Mrs. R. T. Fetherston

Two definitions of the word commit, given in the dictionary, seem to apply as we think of the term committed living.

(1) To entrust; entrust oneself.
(2) To pledge; to bind; as to COMMIT oneself to a certain course.

Commitment living is the pledging and giving of one's time, effort, and material possessions to the fulfillment of a purpose or the advancement of a cause.

Every person lives a more or less committed life in many areas. Any who seek an education, in a sense, give their minds over to the influences of teachers and books and bind themselves to the routine of classes and study hours. In order to become an accomplished musician one must pledge himself to hours of routine practice and give over his emotions to the mood and feeling of the music. Lodge members and those who join service organizations put their money to the group and agree to attend meetings regularly and work on committees.

The state of matrimony and the raising of a family is a commitment that never ceases. And so it is in all areas of life. Of course, one can enroll in school and go through the motions of being a student without being really committed and thereby lose the benefits that come from real study. And one can have a social and party-thriving life with no duties that this should entail; then one could hardly be recognized as committed to the task and would surely lose the joys and blessings of the love and trust of one's children and spouse.

How is it when we consider the matter of being a Christian? Perhaps we could say that a committed Christian entrusts his life to Christ and the leading of the Holy Spirit and pledges himself to the routine of being a Christian in order to fulfill the principles of Christ-like living. Certainly in this area, too, it is possible to be only nominally committed and thereby never discover the joy and peace and the zest for life that is possible when one is striving to be truly committed to Christ and His cause.

THE SABBATH RECORDER
God's guiding positively. Then, all along the route which that one is following there gets - answer is affirmative to found that nuclear fission, megaton bombs, For every decision and act one checks he is going. He is one who seeks - and namely under the domination of God, who is we cannot but admire the man who works and sacrifices, and indeed is willing to die for his cause.

The person committed to Christian living has a cause. It is to bring about the Kingdom of God on earth — the bringing of the whole wide world voluntarily under the domination of God, who is Love. That person is in contact with tremendous power, power that is so profound that nuclear fission, megaton bombs, interplanetary missiles are as childish fire-works in comparison. He is on the side of God, the creator of everything, even atomic energy.

A person whose life is committed to the Christian way is one who knows where he is going. He is one who seeks — and gets — God's guidance in every decision and action. It is easy to find God's guidance. For every decision and act one checks himself by asking, Is it honest? Is it pure? Is it unselfish? Is it loving? If the answer is affirmative to all, God is guiding positively. Then, all along the route which that one is following there are green lights.

The life committed to Christian living has power, direction, security and peace. At this season of stock-taking, what could be more practical or profitable or worthwhile?
comes loathsome. It is then that we think it is just to "commit" and "take" one.

The herd instinct again can be either a blessing or a curse. If we rejoice in the privilege of being a member of the human family and seek to share and help and uplift, then the herd instinct is a blessing. But if we bow down to the herd, and ape its ways, and fear to transgress its passing whims, and "copy the Joneses," then we are slaves.

There are some students of life who insist that the basic sin of all is pride. The term is used to mean undue sense of one's superiority; self-conceit, vanity. It is an exaggerated opinion of what one is, or has, or has done. Many of us would not say it to ourselves, but our attitude really says, "I can sing, or play, or speak better than others"; "I can sew, or make cookies better than others"; "My English is better than my neighbor's"; "I can throw more touchdown passes than any other quarterback," and on and on and on. You pick out the applications. And whether related to self in its own realm, or the sex instinct, or the herd instinct, it is still pride with its exaggerated opinion. It always puts the person above his proper level.

Now, let us look a bit more carefully at our theme: "How Can Committed Christian Living Help Me Find Answers to My Personal Problems?" The answer lies in the word "Committed." There are many sincere Christians who are not committed. They believe in Christ and love Him. They are sure He died for their sins. They are sure that above all others He is the Example of what life should be like. And they honestly strive to be like Him. They think that being a Christian consists of the effort to be like Him, and to that end they set themselves with grim determination to live a life of obedience, to keep His commandments, to make every decision in life according to His word. But there are many others who love Him, and pray for Him, and would like to obey Him, but do not put His word first. They are slaves.

ARTICLE TWO
by Albyn Mackintosh

Committed Christian living answers all of these problems in the very way God intended. It is a way of victory — "commit" and "take" one. Just commit alcoholism to the Lord — that is what Alcoholics Anonymous do! Thousands have committed tobacco to the Lord and have found a great deliverance. One man who had used tobacco over eighty years was set free and "died clean" as he desired. Some of us have seen and heard of nothing less than addiction to smoking and surrender to the Lord. And what about fear? One lady said, "Oh, yes, I know that fear can come at times, but now I know what to do with it." She had learned to commit and trust. How about hate? Is there any cure for it, along with its relatives, envy, jealousy, bitterness, and unforgiveness? Commit them all to the Lord and He will help you to see honestly the cure He advised, "...love your enemies, to them that hate you, and pray for them who despitefully use you and persecute you." Some of us have found that to be the only safe method to use. And do the same with inferiority, and pride, and guilt. He can handle the whole brood of the troubles in our lives. Commit them to Him, and trust.

Suppose you had a very valuable diamond worth thousands of dollars in your vault. What happens when you take it out? Unless it is for safekeeping, it is not safe for you to keep it unprotected, and urges you to put it into a safety vault. You begin to worry about it. Finally you deposit it in the safety of a bank vault. What happens then? Two things. First, the diamond is safe, and second, you lose your worry. He who keeps the treasure bears the care." That is true of a problem the same as with a diamond. If you insist on keeping your valuable, AND your troubles, YOU MUST BEAR THE CARE OF THEM. If you commit them to the Lord, HE WILL BEAR THE CARE OF THEM. Why not surrender them to Him now?

The simplicity of a committed Christian life eliminates the desire to waste money and gives time to develop talents and to work. Had it not been for a strong determination to live a Christian life, it would have been impossible for me to get a college education. The entertainment of this world is expensive. Smoking, drinking, movies, dancing, parties are expensive, not only in money but in time and health. Waste of time, talent, or money is not compatible with committed Christian living!

The Christian life is not merely hearing and knowing but doing the will of Christ. Through the simple dedication of a life in the theme, "How Can Committed Christian Living Help Me Find Answers to My Personal Problems?" The answer lies in the word "Committed."
ARTICLE ONE
by Dr. O. B. Bond

To this question, I promptly reply, "Commit thy way unto the Lord, trust also in him; and he shall bring it to pass" (Psa. 37: 5). This I use as a text from which to depart.

I feel very humble when I review the important words of this question and discover that they are directed to me and are definitely related to my own choices, decisions, and commitments as well as being concerned with bringing increased harmony and joy into my family life. To get into the implied significance and intimate relations of this question becomes an almost overwhelming and a slightly embarrassing task, because it is concerned with my parents, my childhood and early youth, courtship days, establishing a home, growing a family, determining my profession, and involving my challenging retirement years.

My father was a strict disciplinarian and believed that to spare the rod was to spoil the child. Every member of his household felt warmly secure in this atmosphere. Although my mother was quite modest, and almost recessive, her life made an impact upon the personal life and habits of my father. He threw away his tobacco rather than stint the household. He could tip toe over the hills and streams in West Virginia and not only care for us but look down and see our every act, though I never was privileged to meet Him in that childlike image.

While regular church attendance was practiced in our childhood home, I did not feel the impact of that practice until I returned home from college one time and came downstairs and announced to my father that, since I had some correspondence to take care of, I would not go to church today. He promptly responded, "We all go to church at our house." I went to church with the family. The experience lingered in my mind, as the faithful witness of my parent comes to mind.

Courtship days brought me into acquaintance with another family that maintained quite rigid standards of conduct, including age limitations for the daughter who might be tempted to invite a special friend to the home. While this restriction, at times, seemed to me to be for my control, it was a challenge to maintain a minimum degree of relationship and still respect the standards of the household. I shall always cherish with deep appreciation the privileges granted me by my wife's father when I would finally get up courage enough to ask for permission to accompany his daughter upon a special occasion. I grew under the procedure and I have a feeling that his heart may have been strangely warmed.

Establishing and maintaining a home is not easy, but the accomplishing of that task is the reward of a lifetime. Our home was established the spring of 1916. I recall as vividly as if it were yesterday that first night, as we sat on the bed and breathed out that first united prayer. Out of the inspiration prompted by the spirit of that prayer has come a unity of purpose that has helped us to surmount many difficulties and led us into a Seventh Day Baptist community in what seems to be the test of discipleship. "As the Father hath loved me, so have I loved you. This is my commandment, that ye love one another as I have loved you." This is the life to which we are called.

The benefits of the Christian's concern for others follow a two-way path. To the extent that we reflect the Spirit of Christ, we can hope to recognize Christ in others, giving us new insight, assurance, refreshment. As we pray for the Spirit to guide others, we have the right to expect intercessory prayer to be offered for us. As we are patient, understanding, charitable of the weaknesses of those about us, we can be confident that truly committed Christians will see our faults with eyes of love and kindness. In the Christian fellowship there will be the constant warmth and pull toward better living. "If we walk in the light as He is in the light, we have fellowship one with another." Truly our fellowship is with the Father and with His Son Jesus Christ.

ARTICLE ONE
by Mrs. Nettie Fowler

In Jesus' reply to the lawyer, He gives us the ground rules for life at its best: to love God supremely, and to love one's neighbor as oneself. Love is the strongest force known to man. It will induce behavior which neither threats nor privation will bring about. Love gives all and asks nothing in return. It seeks only the greatest good for the loved one, at whatever cost.

To love God supremely is to bow heart, soul, strength, and mind before Him with full commitment to His purposes. The second commandment, "Love thy neighbor as thyself," is pertinent to the intention of this article. The average person deals very tenderly with himself. His opinions and preferences are most important to him. To love one's neighbor with such fervor indicates an involvement of deep concern for all phases of his life. Jesus went further when He said, "Love your enemies." All classes love their own, but to meet the conductor of Christ for His followers — to love even one's persecutors — one must rise far above the level of average living.

Jesus prayed from the cross, "Father, forgive them." We often repeat the words, "Forgive us our debts as we forgive our debtors." The Christian's concern, then, is not that he has been offended. It is, rather, that he bear no ill will toward such a one. "I will repay, saith the Lord." We see each individual as a child of God, one for whom Christ died. Such is the love He requires of His followers. Jesus was broken and was moved with compassion toward them "as sheep having no shepherd." This is our pattern.

The testimony of many converts shows that they were first drawn to Christ by His reflection in the lives of His followers. And, to our shame, other seekers for a better way have been repelled by the harsh spirit they have found among professed Christians.

Love seems to be the test of discipleship. "As the Father hath loved me, so have I loved you. This is my commandment, that ye love one another as I have loved you:" This is the life to which we are called.

The benefits of the Christian's concern for others follow a two-way path. To the extent that we reflect the Spirit of Christ, we can hope to recognize Christ in others, giving us new insight, assurance, refreshment. As we pray for the Spirit to guide others, we have the right to expect intercessory prayer to be offered for us. As we are patient, understanding, charitable of the weaknesses of those about us, we can be confident that truly committed Christians will see our faults with eyes of love and kindness. In the Christian fellowship there will be the constant warmth and pull toward better living. "If we walk in the light as He is in the light, we have fellowship one with another." Truly our fellowship is with the Father and with His Son Jesus Christ."
which we have not been concerned with the establishing of. The background of experience, our children have made choices and decisions which are painting the sunset of our dreams.

Out of this background of experience, I am prompted to say:

I believe that the stability and orderliness of the church in teaching, and preaching (filling the pulpit, in my own church, when it seemed my church could do no better), I decided to concentrate my energy upon education. My wife became "General Supervisor" of farm activities and each boy managed the farm, as, in turn each carried to completion his Vocational Agriculture projects through high school. Out of this background of experience, our children have made choices and decisions which have been concerned with the establishing of their own homes and choosing their life work.

Our hearts rejoice to find our four sons, their wives and children, bringing the family total present to 23 as compared with 3 in 1918. Our one son in the army, living with his wife in Texas, seemed to make a personal decision to keep the Sabbath. This is likely to say, "today is my most valuable asset. Help me to make the most of it."

You cannot sprinkle the perfume of happiness upon the world with some of the fragrance on yourself.

(Anon.)
ARTICLE ONE
by Hon. Jennings F. Randolph

"Each for the other and both for God." Those words, inscribed by my mother in the Bible she gave me as a graduation gift, strengthened the meaning which the Book had earlier for me. In this brief entry I crystallized in my thinking its two most basic teachings - the brotherhood of man and the fatherhood of God. The Bible has supplied this understanding since I first came to it in my youth.

The day my mother penned those beautiful and reassuring words was a memorable one.

I recall when the certain guidance in the Bible heightened my consciousness of life and the application of the Scriptures to living. The two most basic teachings - the brotherhood of man and the fatherhood of God. The Bible has supplied this understanding since I first came to it in my youth.

Pleasant words are as an honeycomb, sweet of the soul, and health to the bones." (Prov. 16: 24).

I believe this and attempt to apply it in my life. I should treasure and improve those worth-while qualities in our fellow citizens, rather than play the role of detractor and faultfinder. This does not imply a surrender of one's values to mere flattery, nor deny the existence of injustice that must be redressed. The truth of these thoughts has been confirmed many times during my service in Congress.

At twelve noon, when the United States Senate meets in regular session, the doors leading on to the Floor and into the galleries are closed — all talking and motion ceases and a hushed quietness settles over the Chamber and in the galleries.

At this moment, the rostrum of the United States Senate becomes a national altar of prayer to God, as the Vice-President announces: "The Senate will be in order and the Chaplain will offer prayer." All the sessions of Congress are opened by prayer. We are inspired and encouraged to find strength and understanding for the day before we become preoccupied with pressing public business.

The five hundred and thirty-seven members of the Senate and the House of Representatives, with the exception of five (two in the Senate and three in the House) have publicly announced their religious affiliation as follows:

RELIGIOUS AFFILIATIONS OF MEMBERS OF 87TH CONGRESS

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THE SABBATH RECORDER

These members of many faiths deepen their convictions often by using the Prayer Room in the Capitol.

Members of Congress meet weekly when it is in session and House Prayer Breakfast Groups. One of their own members leads, the Scriptures are read, there is discussion, sharing of problems and prayer. The searchlight of God's Word is the guide of their activities. These groups have been meeting without intermission for eighteen years.

Probably the most forceful and direct way to take action in today's world is by sponsoring and supporting purposeful and humanitarian legislation in the national interest and for the public good.

The theologian, Dietrich Bonhoeffer, executed in a concentration camp, expressed the Christian objectives which we in the Congress are trying to achieve by enacting laws which are meaningful.

The hungry man needs bread, and the homeless man needs a roof; the dispossessed need justice, and the lonely need fellowship; the undisciplined need order, and the slave needs freedom.

To allow the hungry man to remain hungry would be blasphemy against God and one's neighbor, for what is nearest to God is precisely the need of one's neighbor.

It is for the love of Christ, which belongs as much to the hungry man as to myself, that I share my bread with him and that I share my dwelling with the homeless.

If the hungry man does not attain to faith, then the guilt falls on those who refused him bread.

Justice for the dispossessed; order for the undisciplined; freedom for the oppressed: surely these are motives which are as of 3/22/61)
respectful functions entirely separate. For that reason they built up a wall of complete and perfect partition between the two.

In Mark 5:19 we find the admonition: “Go home to your friends and tell them how much the Lord has done for you, and how he has had mercy on you.” Many opportunities are provided to us to “Go home to... friends and tell all through counseling in our official capacity as representatives of our States. I am conscious of this personal responsibility.

ARTICLE TWO
by Mrs. Charles Parrott

You are responsible. Yes, you are! When I point one finger at you the other three fingers are pointing at me. Together we are responsible, for we are the people.

All through history when a major reform or some revolutionary idea has been brought about, it has started with an individual effort, for example, I would remind you of the Protestant Reformation, the coming of the Pilgrims to America, labor reforms, women suffrage, and many others.

Individual effort is essential to progress today just as it has always been. Often people feel that nothing can be done outside of an organized group. How many times have you heard these refrains: “One person can’t do anything”; “What can I do? I’m only a woman”; “I don’t have any special talent”; “I’m too busy for activities outside my business or my home”;

Well, if you are dissatisfied with existing conditions in the world we live in you’d better find some time, some talents, and find out that you can do as an individual. God has given us the freedom of choice and with this freedom of choice comes responsibility. Our forefathers have used this freedom and assumed responsibility to give us the society we live in today. Now it is up to us to carry on.

Each one of us has a Christian responsibility to perform any civic duty that we can. Christ taught us to develop our talents, so let our light shine and to be salt with savor. Of course that doesn’t mean that each one should be a public servant but the very least we can do is to study the candidates and vote for the one we think will serve in a Christian manner. Anyone can organize special groups to discuss current issues so that he has a conviction before he goes to the polls. Is this too much effort? Have you ever urged a Christian friend who has ability to run for a public office, or offered to help in a campaign to run for public office? Do you confer on this calling the respect and dignity it deserves? We live in an age of collective action but each action starts with individual responsibility. There is no escape from free choice. You either act or don’t act and your choice makes manifest what it is we are about.

To me, Christian living means service. So let’s take a long hard look at ourselves. (I’ll warn you, you may find it a bit nauseating.) What have you done to make this a more Christian world? We cannot afford to indulge in self-deception and refusal of responsibility. The more people to get things done, the less true freedom is ours.

Why is this a Christian’s concern? Because if he doesn’t see to it that it is a Christian community, opposing forces will see to it that it is otherwise. This individual responsibility and service are the battle lines of the ills of our time. We’ve dozed long enough. Let us “put on the full armor of God” and go to battle — one battle that could have meaning for all of us.

The next time you feel concern for the “awful state of affairs” today — juvenile delinquency, pornographic literature, the divorce rate, corrupt politics, labor malpractice, alcoholism, mismanaged farm programs, etc., far into the night — you do something about it — if nothing more than studying the issue and voting on it if you have the opportunity.

So we say with Paul, “You must work out your own salvation with fear and trembling; for it is God who works in you who will bring this about; you are the instruments of his grace” (Phil. 2:12, 13).

THE SABBATH RECORDER

ARTICLE ONE
by Miss Joyce Sholtz

"Remember the sabbath day to keep it holy" (Ex. 20:8). How familiar this fourth commandment is to each of us. How wonderful it is when we consider that each Sabbath is given to us as a gift from God. God expresses His love to us in the gift of the Sabbath. When we use the Sabbath in the right way it becomes an oasis at the end of the week’s journey. Great joy and blessings are to be found in its proper observance.

In order to use the Sabbath in the right way we need to be committed Christians. When we are capable of proper observance of the Sabbath, then it strengthens and enriches our Christian living. When we become Christians, we acknowledge the fact that we are not sufficient unto ourselves. We recognize that there is one who is greater than we are. We accept His gift of salvation and desire to live lives that will please Him.

Is this committed Christian living? I believe that this is only the beginning.

To me, committed Christian living is the Holy Spirit dwells within us supplying power, love, wisdom, strength, and all that we need to meet every situation; that we live so aware of God’s presence with us that He becomes the center of our lives, shares all of our experiences, and we let Him take over and direct our thoughts, our communications, and our actions.

This type of living does not come with a simple decision that this is what we desire for our lives. There are many factors which enter in. However, the right use of the Sabbath is a large factor in the strengthening and enriching of a committed life.

What is the right use of the Sabbath? God set it apart for physical rest and spiritual communion. God’s purpose for the creation of man was His desire for a being in His world who He could speak to, one whom He could love and who could return His love, one with a moral sensitivity to right and wrong but who would choose to be obedient to Him. Anything that we do on the Sabbath that fulfills these purposes is the right use of it.

Those who plan ahead and make the Sabbath (beginning on Friday at sundown) as free as possible from the work, the routines, and the concerns of the week will find a great blessing in it. Those who crowd it full of tasks left undone during the week or their own pleasures will find that even though they take time for public worship there is no spiritual uplift.

The following activities bring meaning to my Sabbath observances: being at home with my family; listening to religious music; reading inspiring articles and books; spending time in public and private worship; Bible study, and fellowship with God through prayer; and planning ahead so we are ready for the Sabbath when it comes. It is my experience that leaving our TV and radios turned off, refraining from noisy family gatherings, and accumulation of routine tasks leaves more time for fellowship with God and is a real blessing. Too often we think of quiet time, of Bible study and of prayer as factors for our own spiritual progress. They are, of course. However, they also need the presence of God. He loves us! He has redeemed us at a great cost. He desires our fellowship.

Committed Christian living and the right use of the Sabbath become a circle — interwoven — enriching each other. Out of love to God we keep the Sabbath. In doing this, we are doing the will of God. So being obedient to Him draws us into closer fellowship. Because of the closer fellowship our love for Him is greater.

THE SABBATH RECORDER
Examine your Sabbath attitudes and habits. Perhaps there is some way you can experience a closer companionship with the Lord.

**ARTICLE TWO**

by Fred Ayars

There are times when almost every Christian or non-Christian wishes he had the necessary characteristics to lead him toward harmonious relations with God, family, and neighbor. If somehow we could get such personal characteristics, one might rightly say, "I'm so happy I feel as though I'm riding on the high places of the earth." Interestingly enough the Bible in Isaiah 58:13, 14 makes such a promise to those who keep the Sabbath day holy (commonly called Saturday). I would like to share with you some of the blessings I receive from God as I enter into a typical Sabbath day.

My work is in electronics. Just as anyone does, I invariably become so involved in the problems at work that all too often they are still with me Friday night, when the Sabbath commences, and sometimes on into the next day. These problems, mixed in with distorted attitudes toward the world and those around me, follow me as we drive the fifty miles from Philadelphia to Marlboro, N. J. We enter the little red church and find our place with the other worshipers. Presently, the service starts and then, rather suddenly, something starts to happen to me, for a warm soothing feeling comes over me, and envelops my mind. I actually feel a glow. Immediately the world and its problems seem eons away. The glowing feeling slowly fades away and leaves me in a somewhat charged state. This feeling I've recognized as the Holy Spirit and at times has been felt in such force as to bring tears to my eyes.

The service continues and invariably I learn of new ideas or attitudes to apply at home or at work. Not too seldom the pastor seems to deliver sermons directly to me for some fault I know he's unaware of. The Sabbath sermon ends. In the interlude before Sabbath School genuine greetings and words of prayer prevail.

Soon we are deep in the day's topic. It is my pleasure to be the teacher for the senior young people's group. My capabilities as teacher are such that it would be utter folly to try and teach alone. I honestly seek divine guidance during the preparation and the delivery. What a joy it is to start stumbling into a lesson delivery and suddenly feel possessed, after which student attention becomes keen and effectiveness is shown by an occasional tear or by earnest discussion.

Indeed what a joy to be literally possessed by the Holy Spirit. Sabbath activities continue into the afternoon, a sick friend may be visited, Christian endeavor is conducted. Again what joy there is in visiting the sick or in entering into discussion with young people.

The sun sinks slowly in the west and another Sabbath day is over. As we travel back to Philadelphia after the Sabbath, I might summarize the Sabbath's blessings.

First, a time of cleansing, when any wrong attitudes or cares of the world vanish away. Second, I'm highly honored and empowered by the Holy Spirit. Third, I'm taught and criticized by the sermon the Lord has laid on the lips of the pastor. Fourth, I've enjoyed the fellowship of other Christians. Indeed, I feel as though I'd been to a feast. Now I feel prepared to enter the next week's work and, along with home devotions and Bible studies, I should be spiritually fit until next Sabbath. There have been times when I have not been able to go to church and spend the Sabbath as I would like. During such times I've noticed myself to be decidedly less resistant to all types of sin.

As an electronics engineer I continually deal with unseen but nevertheless real forces. The experiences related are just as real as the unseen electron that makes possible the marvels of this age.

My friend, what do you get out of the Sabbath or whom do you meet that day? Why not go to church as Jesus did on the seventh-day Sabbath? (See Luke 4:16.) There is power for Christian living, why not have it? It can be found through the proper use of the Sabbath day, and the Lord is found earnestly awaiting any who but ask for help.