

SOUTH SUBURBAN SMALL SIDED SOCCER

hosted by:

Velocity All Sports - Mokena, IL

League Rules

PLAYERS:

- > U7-U10 will play with 5 players on the court. 4 court players and 1 goalkeeper.
- > U11 and Up will play with 4 players on the court. 3 Court players and 1 goalkeeper.
- > All players must be registered with South Suburban Small Sided Soccer.
- > All player must wear shin guards with socks pulled up and over them.
- > Players are not permitted to wear items that may endanger them or others including any accessories jewelry or glasses.

GAME PLAY:

- > All games are 40 Minutes long (two 20 minute halves)
- > From a kick off the ball must move forward. A goal cannot be scored directly from a kick-off.
- > There is no offside in the SSSSS league
- > Goals can be scored from anywhere on the floor
- > Unlimited "on the fly" substitutions can be made from near the half line of the court. The substituting player can only enter once the player they are substituting has left the court.
- > When a ball goes out over the sideline the game is restarted with a kick-in from where the ball crossed the line. The ball must be stationary.
- > Dangerous play and slide tackles are not allowed
- > Goals cannot be scored directly from a kick-in, but can be scored from a corner kick.
- > The game has a 5 second time limit for all kick-ins, corner kicks, and free kicks.
- > On any kick-ins or free kicks the opponents must be at least 10 feet away from the ball.
- > Goal Kicks are replaced with Goalkeeper clearance or distribution. The GK will have the ball in their hands and be able to throw the ball from the marked goal area. The GK has 5 seconds to release the ball. Failure to do so results in an indirect free kick for the opponent at the top of the GK area.
- > No punting or drop kicks are allowed in SSSSS.
- > Goalkeepers are not permitted to throw the ball in the air across the half line without it touching another player. Balls thrown into the other half on the fly will result in an indirect free kick for the opponent at the half line.
- > Goalkeepers are not allowed to pick up the ball with their hand from a deliberate back pass.
- > Fouls inside the goalkeeper area result in a direct free kick from the top of the goalkeeper area.
- > During the game the referees have the options of using 2 cards. Yellow and Red.
- > Referees have the right to warn, ask to leave, or eject from the court, any player, coach or spectator whom they feel is bringing the game into disrepute.

SERIOUS FOUL PLAY: The following offenses will receive wither a yellow card or red card depending on the severity of the infringement (referees discretion).

- > Stopping an obvious goal scoring opportunity by tripping, holding, impeding, and/or handball.
- > Deliberately kicking an opponent.
- > Deliberately elbowing an opponent
- > Violent tackle from behind
- > Over the ball tackle

SERIOUS VIOLENT CONDUCT: The following offense will receive an automatic red card and suspension.

- > Striking and official or player
- > Spitting at an official or player
- > Threatening an official or player with physical violence
- > Attempting to strike an official or player with ball or other object
- > Making intentional contact with an official in any way

USE OF FOUL OR ABUSIVE LANGUAGE: The following are cautionable offenses with a yellow card or a red card depending on the severity of the infringement (Referee's discretion).

- > Making obscene gestures
- > Offensive insults or abusive language

*Should a player or coach be sent from the court for a red card offense the referee will record the player or coaches name and submit a statement of incident.